



50+ ACTIVE LIFESTYLES

Huguenot Road Baptist Church
10525 W. Huguenot Road
North Chesterfield, VA 23235

DECEMBER 2021

www.chesterfield.gov/activelifestyles/



*No Fee or Pre-registration for Game Day, Badminton, Drop-In Bridge or Chair Volleyball

**To Register for all other HRBC Programs, Please Call (804) 748-1623

MONDAY	TUESDAY	WEDNESDAY
<i>Merry Christmas</i>		1 12:30 Tai Chi & Qigong - 39277 1:00 Drop-In Bridge* 1:00 Intermediate Genealogy - 39458 1:00 Low Impact Aerobics - 39247 2:00 Chair Volleyball* 2:15 Gentle Yoga - 39281
6 9:30-12:00 Game Day* 10:30 No Pressure Watercolor - 39331 11:00 Caregiver Training - 39457 2:00 Badminton* 2:15 Chair Yoga - 39279	7 9:00 Advanced Ukulele - 39327 10:00 Ukulele Weekly Jam - 39325 10:30 Intermediate Watercolor - 39335 10:30 A Matter of Balance - 39554 11:15 Beg/Intermediate Ukulele - 39329 1:00 Drawing - 39337	8 10:00 Communication Strats - 39288 12:30 Tai Chi & Qigong - 39277 1:00 Drop-In Bridge* 1:00 Intermediate Genealogy - 39458 1:00 Low Impact Aerobics - 39247 2:00 Chair Volleyball* 2:15 Gentle Yoga - 39281
13 9:30-12:00 Game Day* 10:30 New Virginian Craft Class 10:30 No Pressure Watercolor - 39331 11:00 Caregiver Training - 39457 2:00 Badminton*	14 9:00 Advanced Ukulele - 39327 10:00 Ukulele Weekly Jam - 39325 10:30 Intermediate Watercolor - 39335 10:30 A Matter of Balance - 39554 11:15 Beg/Intermediate Ukulele - 39329 1:00 Drawing - 39337	15 12:30 Tai Chi & Qigong - 39277 1:00 Drop-In Bridge* 2:00 Chair Volleyball*
20 CLOSED	21 CLOSED	22 CLOSED
27 CLOSED	28 CLOSED	29 CLOSED

**For information on HRBC programs, please call Susan Miller (804) 212-8815