



November 2023

*No Fee or Pre-Registration for Game Day, Pinochle, Badminton, Drop-In Bridge or Chair Volleyball

**To Register for all other HRBC Programs, Please Go Online – Chesterfield.gov/parks or Call (804) 748-1623

MONDAY	TUESDAY	WEDNESDAY
	<p>**For more information on HRBC programs, please call Susan Miller #804.212.8815</p>	<p>1 10:00 Watercolor 2– 42994 10:00 Memoirs - 42992 10:00 Refuse to Be a Victim - 42958 11:00 Reiki Mediation - 42932 12:30 Tai Chi & Qigong - 42920 1:00 Drop-In Bridge* 1:30 Low Impact Aerobics - 42925 2:00 Chair Volleyball*</p>
<p>6 9:00 Active & Fit - 42934 9:30 Game Day* 10:00 Mahjong - 42967 10:30 Adv. Beginner Bridge II - 42989 10:30 No Pressure Watercolor - 42997 11:00 Ballroom Dance Practice - 42941 1:00 Advanced Bridge - 42990 1:00 Beginner Watercolor - 42999 1:00 Pinochle* 2:00 Badminton* 2:15 Chair Yoga - 42938</p>	<p>7 9:00 Intro to the Ukulele - 43175 10:00 Brain & Body Fitness - 42930 10:10 Ukulele Weekly Jams - 43177 10:30 Intermediate Watercolor - 43001 11:15 Technique for Ukulele - 43179 12:30 Cardio-Drumming - 43172 1:00 Holiday Greeting Cards - 42966 1:15 Yang Tai Chi - 43168 2:15 Tai Chi - 43170</p>	<p>8 10:00 Craft Corner - 42986 10:00 Memoirs - 42992 10:00 Internet Security - 43004 12:30 Tai Chi & Qigong - 42920 1:00 Drop-In Bridge* 1:30 Low Impact Aerobics - 42925 2:00 Chair Volleyball*</p>
<p>13 9:30 Game Day* 10:00 Mahjong - 42967 10:00 Blood Drive 10:30 Adv. Beginner Bridge II - 42989 10:30 No Pressure Watercolor - 42997 10:30 New VA Craft Class 1:00 Advanced Bridge - 42990 1:00 Beginner Watercolor - 42999 1:00 Pinochle* 2:15 Chair Yoga - 42938</p>	<p>14 9:00 Intro to the Ukulele - 43175 10:00 Car Fit for the Older Driver - 42947 10:10 Ukulele Weekly Jams - 43177 10:30 Intermediate Watercolor - 43001 11:15 Technique for Ukulele - 43179 12:30 Cardio-Drumming - 43172 1:15 Yang Tai Chi - 43168 2:15 Tai Chi - 43170</p>	<p>15 10:00 Watercolor 3 - 42995 10:00 Memoirs - 42992 10:00 Identity Theft - 42959 11:00 Reiki Mediation - 42932 12:30 Tai Chi & Qigong - 42922 1:00 Drop-In Bridge* 1:30 Low Impact Aerobics - 42925 2:00 Chair Volleyball*</p>
<p>20 9:00 Active & Fit - 42934 9:30 Game Day* 10:00 Mahjong - 42967 10:30 Adv. Beginner Bridge II - 42989 10:30 No Pressure Watercolor - 42997 11:00 Ballroom Dance Practice - 42941 12:30 Medicare Holiday Bingo - 42960 1:00 Advanced Bridge - 42990 1:00 Beginner Watercolor - 42999 1:00 Pinochle* 2:00 Badminton*</p>	<p>21 9:00 Intro to the Ukulele - 43175 10:00 Medicare Educ. Talk - 42945 10:10 Ukulele Weekly Jams - 43177 10:30 Intermediate Watercolor - 43001 11:15 Technique for Ukulele - 43179 12:30 Cardio-Drumming - 43172 1:15 Yang Tai Chi - 43168 2:15 Tai Chi - 43170</p>	<p>22 10:00 Watercolor 3 - 42995 11:00 Reiki Mediation - 42932 12:30 Tai Chi & Qigong - 42922 1:30 Low Impact Aerobics - 42926</p>
<p>27 9:30 Game Day* 10:00 Mahjong - 42967 10:00 Talking to Healthcare Provider - 42951 10:30 Adv. Beginner Bridge II - 42989 10:30 No Pressure Watercolor - 42997 11:00 Ballroom Dance Practice - 42941 1:00 Advanced Bridge - 42990 1:00 Beginner Watercolor - 42999 1:00 Pinochle* 2:00 Badminton* 2:15 Chair Yoga - 42938</p>	<p>28 9:00 Intro to the Ukulele - 43175 10:00 Book Club - 42915 10:10 Ukulele Weekly Jams - 43177 10:30 Intermediate Watercolor - 43001 11:15 Technique for Ukulele - 43179 2:00 Outsmart the Scammers - 42985</p>	<p>29 10:00 Watercolor 3 - 42995 10:00 Declutter, Downsize - 42961 11:00 Reiki Mediation - 42932 12:30 Tai Chi & Qigong - 42922 1:00 Drop-In Bridge* 1:30 Low Impact Aerobics - 42926 2:00 Chair Volleyball*</p>