



Chesterfield County, Virginia
 Chesterfield County Office of the Senior Advocate
 9800 Government Center Parkway – P.O. Box 40 – Chesterfield, VA 23832
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Debbie Preston
Senior Advocate

Chesterfield County Volunteer Opportunities

These are some of the volunteer opportunities available in Chesterfield, but it is by no means all of the possibilities.

<u>Chesterfield County</u>	<u>Volunteer Opportunities</u>	<u>Contact Information</u>
Chesterfield Co. Volunteer Services - HRM	Various opportunities through the County Government	Cheryl Duong 804-751-4141
Senior Advocate's Office	Office Support, Telephone Reassurance Program, Child Care Assistants for our monthly Kinship Support groups, jury commissioners www.chesterfield.gov/seniorservices	Debbie Preston 804-768-7878
Chesterfield Historical Society	Library assistance and research requests, on-going history related projects, cataloging photographs, tour docents, various committees www.chesterfieldhistory.com	Karen Sadler 804-796-7156
Chesterfield Adopt-A-Spot Program	Opportunity to adopt a small piece of the county and keep it litter free	Pam Cooper 804-751-2227 cooperp@chesterfield.gov
Cooperative Extension	Family Nutrition Program, 4-H Youth Development, Family Financial Management Education Volunteer, Master Food Volunteer http://www.chesterfield.gov/extension	Bethany Eigel (4H), Nichole Harris and Ann Vargo 804-751-4401
Fire & EMS	Administrative, operational fire and rescue www.chesterfield.gov/volunteerfire	David Tesh 804-748-1629
Parks and Recreation	Various opportunities with adults and children, Paint Signs, Plant Flowers	Sharon Entsminger 804-748-1126
Police – Community Support	Motorist Assistants, Chaplains, various other opportunities and special projects	Reta Dunn-Mills 804-318-8995 pd_volunteer@chesterfield.gov
Social Services	Tax Assistance, Transportation Assistant, help with childcare during programs, Receptionist, Tutors	Bonnie Inge Bell 804-748-1194

<u>Organization</u>	<u>Volunteer Opportunities</u>	<u>Phone</u>
Mental Health	Work with the Volunteer Garden project, cooking of ethnic dishes to show the clients how to cook	Karen Carpenter 804-768-7255
AARP	Tax Aide, Citizen Advocate, Driver Safety program, Benefits Outreach	1-866-542-8164
American Red Cross	Disaster Services & Relief, Emergency Preparedness Instructor, Blood Drive Asst. Positions, Red Cross Clubs, Blood Transportation Specialist www.RedCross.org	804-343-2098
Boys & Girls Club in Metro Richmond	Volunteers needed in education, coaching, computers, hobby club, vocational and cultural (teach music, art, dance), etc.	804-859-5250
Chesterfield CASA	CASA volunteers work with abuse and neglected children, to be a voice for these children in Court www.ChesterfieldCasa.org	Annie Duffy 804-276-7660
Chesterfield CERT	Volunteers learn skills to help in emergency preparedness efforts www.Chesterfield.gov/CERT	Jess Robison 804-748-1236
Chesterfield Food Bank	12211 Ironbridge Road, Chester, VA 23831 Clerical experience; food distribution on Friday nights at 4 p.m. and 6 p.m.; stock shelves; computer experience to input information; CDL license to transport food; landscaping www.chesterfieldfoodbank.org	Kim Hill 804-414-8885
Chesterfield Schools	Various opportunities to volunteer in county schools and the administrative office. It is suggested you call an individual school. www.MychesterfieldSchools.com	804-748-1405
CCHASM	Help with Thanksgiving Food Baskets, work with the group to secure food and financial resources for those in need in our community www.cchasm.org	804-796-2749

<u>Organization</u>	<u>Volunteer Opportunities</u>	<u>Phone</u>
CJW Medical Center	Chippenham Campus	Maria Gilmore Director of Volunteers 1401 Johnston-Willis Dr. Richmond 23235 804-483-5081
	Johnston-Willis Campus Information Desk, Gift Shop, Floor Assignment, Coffee Cart, Mail Delivery, etc.	804-330-2000, 330-2082, 330-2081
Communities in Schools of Chesterfield	Mentor program for at-risk youth in several Chesterfield County Schools. Bellwood Elementary, Chalkley Elementary, Ettrick Elementary, Salem Middle, Carver Academy, and Meadowbrook High	Ashley Hall 804-717-9305
ProjectHomes	Help to improve housing conditions for low-income older adults and disabled of all ages. Clear overgrown yards, work on critical home repairs and cure code violations, and make accessibility modifications, including wheelchair ramps.	804-233-2827
Family Lifeline and Elder Friends	Volunteer in their ElderFriends program to visit w/ a senior once a month for an hour to provide socialization, provide items for Friendly Baskets of Cheer	Colleen Wilhelm 804-249-5393
Hospice Organizations	Hospice of Virginia www.hospiceofvirginia.com	Dorothea Branch 804-281-0451
	Medi Home Health and Hospice Patient and family support volunteers, administrative volunteer	Dana Carson 804-282-4301 dcarson@msa-corp.com
	Crater Community Hospice Visit hospice patients in homes and nursing facilities; also office, clerical, special projects, fundraising and special events; professional services such as hairdressing and beauty; thrift store assistance. Opportunities for teens 14– 16 years in office; in nursing homes for 16+. www.CraterCommunityHospice.org	Teresa Brockwell 804-526-4300 tbrockwell@cratercommunityhospice.org
Lifelong Learning Institute	Office Assistant, Instructors/Lectures to share their knowledge and skills with other seniors, committee members for the various committees serving the membership. www.llichesterfield.org/volunteer	Rachel Ramirez 804-378-2527 info@llichesterfield.org

Lucy Corr Village Assisted Living and Memory Care Springdale Independent Living at Lucy Corr	Interact with participants in their Adult Day Care program, transport residents to activities within the building, visit one-to-one with assigned residents, sponsor a resident for holidays, birthdays or an activity, assist residents to and from church service, host a group program, hostess for dinner. www.lucycorr.org , Careers/Volunteers	Lucy Corr Village Jean Russell 804-706-5674 jrrussell@lucycorrvillage.com Springdale Charlotte Wilson 804-425-8652
Meals on Wheels (Feed More)	Help prepare and package meals; deliver meals to senior citizens and homebound adults. www.feedmore.org	Tawana Demery 804-934-1949 info@feedmore.org
Medical Reserve Corp 9501 Lucy Corr Circle Chesterfield, VA 23832	Volunteers to support public health in the Chesterfield Health District. Need healthcare professionals (MDs, RNs, LPNs, CNAs, dentists, pharmacists, and veterinarians) and administrative and general support staffers with various skills. Some positions are medical and non-medical. www.VDH.Virginia.gov/MRC	David Woods 804-768-7292 David.Woods@VDH.Virginia.gov
Richmond Animal League	Clean animal cages, socialize with animals, take animals to off-site adoption events. www.RAL.org/how_to_help/volunteer/	Cynthia Reed 804-379-0046 volunteer@ral.org
Salvation Army	Office support, special events, disaster relief	Joanna Brown 804-591-3826
Senior Connections, The Capital Area Agency on Aging	Volunteers needed for their Money Management program, Medicare services, Foster Grandparent, community relations, special events, RSVP volunteers	Shana Beverly 804-343-3000 www.seniorconnections-va.org
Shepherd's Center of Chesterfield	Drivers for their transportation program, minor home repair volunteers, office volunteers, instructors for the Adventures in Learning program.	Susan McCammon 804-706-9198 www.shepherdscenter.org
St. Francis Medical Center	Office Assistant, Information Desk, Assistant on a unit, general services, etc., for clinical and non-clinical areas. www.Bonsecours.com	DeDe Foerster 804-594-7807 Dierdre_foerster@bshsi.org
Swift Creek Mill Theatre	Ushers, greeters, production support, development, marketing and special events. www.swiftcreekmill.com	Jennifer Procise 804-748-5203 jprocise@swiftcreekmill.com
Virginia Voice	Volunteers to read articles and the	Hannah Murphy

	newspaper on a tape for those who cannot read for themselves because of a vision impairment or other disability. www.VirginiaVoice.org	804-266-2477
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Other suggestions for volunteer opportunities:

- Area Assisted Living Facilities and Nursing Homes
- Girl Scouts and Boy Scouts
- Support Groups (Alzheimer's, Cancer, Parkinson's, Diabetes, Lung, Lupus, Multiple Sclerosis, Paralyzed Veterans, etc.)
- Adult Day Care Centers
- Service Clubs such as Rotary, Ruritan, Lions Club, Women's Club, etc.
- Faith Based Organizations
- Neighborhood Activities and Committees
- Political Campaigns
- Various web sites for one time project opportunities or more ongoing projects:
 1. Volunteer Match – www.volunteermatch.org
 2. Hands On Greater Richmond – www.handsonrva.org
 3. 1-800-Volunteer.org – www.1-800-volunteer.org
 4. Connect Richmond – www.connectrichmond.org
 5. Senior Corps – www.seniorcorps.gov
 6. Age Wave Planning – www.olderdominion.org

Compiled by: The Office of the Senior Advocate
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