Resource Directory

SERVICES FOR OLDER ADULTS AND INDIVIDUALS WITH DISABILITIES IN CHESTERFIELD COUNTY

Prepared and Published by Chesterfield Council on Aging

Funding Provided by Lucy Corr (https://www.lucycorr.com) 804-748-1511
6800 Lucy Corr Boulevard, Chesterfield, VA 23832
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The Office of Aging & Disability Services (formerly known as the Office of the Senior Advocate) was created to provide leadership and direction as Chesterfield County seeks to meet the needs of an increasingly older population. Partners with other groups and organizations to provide programs throughout the county. The Office of Aging & Disability Services offers information and referrals, promotes and coordinates services for:

- Older adults who want to remain active and independent and be vital contributors to their communities through volunteer and employment opportunities.
- Older adults who may need assistance and information about, and referrals to services and resources to remain as independent as possible.
- Caregivers to older adults, including those who may themselves be older and need assistance.

**Additional Programs**

**Caregiver Connection**
A support group helping to address the needs of those caring for an adult with physical or cognitive deterioration, usually a parent or spouse.

**Centenarian Club**
Recognizes residents that are aged 100 and more.

**Kinship Connection**
A support group for grandparents raising their grandchildren and other kin raising a child.

**Lawyers Helping Seniors Day**
Legal documents are prepared free for eligible older adults.

**Senior Ambassador Program**
Older adults learn about county resources and programs during this eight-week session.

**Senior Volunteer Hall of Fame**
Recognizes significant volunteer work of older adults since attaining the age of 60 (lowered from 65 in 2015).

**Telephone Reassurance Program**
Volunteers make phone calls to older adults and individuals with disabilities for socialization and to check on their well-being.
The Commissioner of the Revenue is responsible for assessing County taxes. We are a customer-oriented organization, providing the following services to Chesterfield County citizens. All forms can be obtained in our office, 9901 Lori Rd, Room 165, Chesterfield, VA 23832.

**Real Estate Tax Relief**
Administration of the County’s tax relief program for seniors and disabled citizens, who are: over 65 years of age; own and reside in their home; earn less than $52,000 and have assets of less than $350,000. Citizens may be eligible for up to 100% tax relief on real estate taxes. To apply, please complete an application form and provide proof of income and assets.

Real Estate and Mobile Home Tax Relief Application

**Veteran’s Real Estate Tax Relief**
Administration of the Commonwealth of Virginia’s tax relief program for veterans with a 100% service-related disability and their surviving spouses.

Veteran’s Real Estate and Mobile Home tax Relief Application:

**Personal Property Tax**
Assessments on automobiles, mobile homes, boats and other motorized vehicles. Application of tax abatement / relief in certain cases, for example high mileage, disabled veteran and handicap adapted vehicles.

**Veteran’s Real Estate Tax Relief**
Administration of the Commonwealth of Virginia’s tax relief program for veterans with a 100% service-related disability and their surviving spouses.

**State Income Tax**
Preparation and filing of state income tax returns. Mail or bring tax returns to the Commissioner’s office by May 1. Please bring in a completed federal tax return for help preparing a state tax return. Instructions for completing state tax return completion available on request.

**Business Taxes**
All Chesterfield County businesses, with limited exceptions, must have a business license to operate in the County. Business license renewal and filing a Return of Business Personal Property is required annually by March.
The Chesterfield Cooperative Extension office brings resources of Virginia’s land-grant universities, Virginia Tech and Virginia State University, to you through innovative programs, expert advice and research-based solutions.

**4-H Youth Development**

**Agriculture and Natural Resources**
A Master Gardener Program, plant disease identification, home and yard pests and pesticide recommendations, IPM (Integrated Pesticide Management), Healthy Virginia Lawns, Learn Your Landscape and Sustainable Landscaping.

**Community Viability**

**Family and Consumer Sciences**
Chesterfield-Colonial Heights Christmas Mother

P. O. Box 2500, Chesterfield, VA 23832
9854 Lori Road Court Square, Chesterfield, VA 23832
Phone: 804-748-1183

The office is open October – December

Organized in 1972 by a group of dedicated volunteers, this charitable, non-profit organization exists to ensure that in our community, no family is without food, no child is without toys and clothing, and no older adult is forgotten as we celebrate the holiday season.

Chesterfield County Health Department

P. O. Box 100, 9501 Lucy Corr Circle, Chesterfield, VA 23832
Phone: 804-748-1691

https://www.vdh.virginia.gov/LHD/cfield

Communicable Disease Program
Investigates disease outbreaks.
804-748-1975

Environmental Health
Management of environmental complaints, well and septic system evaluations, food establishment permitting and inspection and rabies control.
804-748-1610

Immunization Services
Provides required childhood vaccinations and vaccines for foreign travel.
804-768-7454

Nursing Home Pre-Admission Screening Services
In cooperation with the Department of Social Services, determines eligibility for nursing home placement or community-based services with Medicaid as a payment source. To schedule an appointment, call the Department of Social Services at 804-748-1100.

Vital Statistics
Issues certified copies of death certificates for deaths occurring in Chesterfield County, at a fee of $12 per copy. 804-748-1691
Chesterfield County Mental Health Support Services

https://www.chesterfield.gov/mhss

P. O. Box 92, 6801 Lucy Corr Boulevard, Chesterfield, VA 23832
Phone: 804-768-7318
Fax: 804-717-6659
TDD: 804-768-7200
CRISIS: 804-748-6356

Office hours:
- Monday, 8:00 a.m.-5:00 p.m.
- Tuesday – Thursday, 8:00 a.m.–9:00 p.m.
- Friday, 8:00 a.m.-5:00 p.m.

Services for Older Adults
- Crisis Intervention
- Outpatient Mental Health Counseling
- Psychiatric Services
- Substance Abuse Counseling and Services

Chesterfield-Colonial Heights Department of Social Services

https://www.chesterfield.gov/569/social-services

P. O. Box 430, 9501 Lucy Corr Circle
Chesterfield, VA 23832
Phone: 804-748-1100

Adult Protective Services
Protective services are provided to aged, blind and disabled adults who are unable to protect themselves from neglect, abuse and exploitation. Protective services may include individual and family counseling, referral for legal representation or health care and arranging guardianship or other living situations. https://www.chesterfield.gov/749/Adult-Protective-Services

Adult Services
Services include personal and housekeeping tasks for individuals who are unable to perform such tasks. Eligibility based on income. Services are limited to funds availability. Helps in locating appropriate adult care residence, Auxiliary Grant Assisted Living Facility, screening for placement in a nursing home or personal care, adult day care, community-based services and respite care services by way of the Medicaid Program. Contact Adult Services Unit to request screening for Auxiliary Grant Assisted Living Facility and Long-Term Care services for adults and children. https://www.chesterfield.gov/757/Long-Term-Care

Energy Assistance Programs
Financial assistance is available to qualified individuals for the purchase of necessary fuel during peak periods.
Assessment & Resource Team (ART)
Provides assistance locating appropriate resources to meet individual needs of the adult population, including emergency needs. [https://www.chesterfield.gov/625/Emergency-Services---Assessment-Resource](https://www.chesterfield.gov/625/Emergency-Services---Assessment-Resource)

Medical Assistance
For full coverage and limited coverage groups (QMB, SLMB, QI, Long-Term Care Medicaid for adults and children). Call Cover Virginia Call Center at 1-855-242-8282, apply online at [http://www.commonhelp.virginia.gov](http://www.commonhelp.virginia.gov) or call 804-748-1100 to request a copy of the application to be mailed, or request it in person at the agency 9501 Lucy Corr Circle, Chesterfield, VA 23832.

SNAP (Supplemental Nutrition Assistance Program, formerly Food Stamps)
Financial assistance is available to qualified individuals for the purchase of necessary food items.

Transportation Services
For Medicaid eligible persons, transportation to medical appointments may be arranged by calling Logisticare at 1-866-386-8331. Logisticare requires at least two weeks' notice.
The Chesterfield County Parks and Recreation Department offers a wide variety of leisure activities and programs throughout the county. Activities include:

- Art classes
- Craft programs
- Dance classes
- Day trips
- Fitness, exercise, wellness
- Sports
- Special interest groups

Older adult programming is offered at the following locations:

- **50+ Active Lifestyle programs at Chesterfield Baptist Church**
  16520 Hull Street Road, Moseley VA 23120
  804-339-2877

- **50+ Active Lifestyle programs at Huguenot Road Baptist Church**
  10525 West Huguenot Road, North Chesterfield, VA 23235
  804-212-8815

- **Bensley Recreation Center**
  2900 Drewrys Bluff Road, North Chesterfield, VA 23237
  804-275-5321

- **Ettrick Recreation Center**
  20621 Woodpecker Road, South Chesterfield, VA 23803
  804-706-2596

- **Older Adults with Disabilities.** Recreation programs include sports skills, walking activities, craft classes, dance classes, bingo and other social events.
  804-751-4134

- **Stonebridge Recreation Center**
  230 Karl Linn Drive, North Chesterfield, VA 23225
  804-768-7885
The mission of the Chesterfield County Public Library is “to help people transform information into usable knowledge”. The library provides free programs and services to residents of all ages. The libraries also carry large print books and offer technology instruction and assistance.

Library Locations and Phone Numbers

- **Bon Air Library**  
  9103 Rattlesnake Road, North Chesterfield, VA 23235  
  804-318-8966

- **Central Library**  
  7051 Lucy Corr Boulevard, Chesterfield, VA 23832  
  804-748-1774

- **Chester Library**  
  11800 Centre Street, Chester, VA 23831  
  804-318-8977

- **Clover Hill Library**  
  6701 Deer Run Drive, Midlothian, VA 23112  
  804-318-8668

- **Enon Library**  
  1801 Enon Church Road, Chester, VA 23836  
  804-318-8911

- **Ettrick-Matoaca Library**  
  4501 River Road, Ettrick, VA 23803  
  804-318-8688

- **LaPrade Library**  
  9000 Hull Street Road, North Chesterfield, VA 23236  
  804-318-8988

- **Meadowdale Library**  
  4301 Meadowdale Blvd., North Chesterfield, VA 23234  
  804-318-8778

- **Midlothian Library**  
  521 Coalfield Road, Midlothian, VA 23113  
  804-768-7907

- **North Courthouse Road Library**  
  325 Courthouse Road, North Chesterfield, VA 23236  
  804-318-8499
The Chesterfield County Fire and EMS Department offers many resources to county residents other than our usual emergency medical services and fire protection. Below you will find several of those resources and programs:

**Community Emergency Response Team (CERT)**
CERT training is a free eight-week class program in basic disaster response skills. Participants will be trained how to help their families, friends and neighbors in the event of an emergency. Participants will learn about emergency preparedness, incident management, terrorism awareness, 911 communication, disaster psychology, fire safety & suppression, medical operations, and light duty search and rescue.

This is a volunteer organization; however, no volunteer commitment is required after completion.

**Website:** [https://www.chesterfield.gov/cert](https://www.chesterfield.gov/cert)
**Email:** CERT@chesterfield.gov
**Phone:** 804-751-2378

**Citizen’s Academy**
The Chesterfield Fire & EMS Citizen’s Academy is an eight-class program that gives the student a unique insight into what services your fire department provides and what it is like to be a firefighter with CF&EMS. Each session will provide you with how your fire department operates and show you what it means to be an All-Hazards Organization. The Academy is offered twice a year, beginning in April and October.
To register, call 804-748-1426 or email firemarshal@chesterfield.gov.

**Ems Passport**
Passport is a subscription program, when emergency ambulance transportation is required, that is designed to help eliminate out-of-pocket patient expenses and health insurance co-payments, It also offers protection against rising health care costs. Subscribers will not be responsible for any additional balances or fees, except as required by law or regulation, after insurance claims are processed. The subscription cost is $49/year for an individual and $79/year for a family.
If you need assistance on how to complete an application, please call 804-768-7524, and speak to one of our specialists.
[https://www.chesterfield.gov/573/EMS-Passport](https://www.chesterfield.gov/573/EMS-Passport)

**Smoke Alarm Program**
Chesterfield county Fire and EMS understands the importance of having a working smoke alarm in your home. A working smoke alarm doubles your chance of survival in the event of a residential fire. If you need a smoke alarm or need assistance to install an alarm or change the batteries, please call the Fire and Life Safety Division at 804-748-1426
Fire and Life Safety Education Programs
The Community Programs Office provides educational opportunities to the community to reduce the number and severity of fires and injuries. Each program focuses on a set of objectives that is relevant to the age group being taught from school age children to the older adult, to reduce known causes of fire, injury and fatalities.
If you have any questions, please call the Fire and Life Safety Division at 804-748-1426.
The Chesterfield Police department offers specific programs and services to county seniors through its Community Services Division.

Neighborhood Watch
This program unites residents within a community with the ultimate goal of reducing crime by being observant and reporting suspicious activity.

Senior citizen’s Police Academy
County residents and business owners, age 55 or older, are given the opportunity to "go behind the badge" and get an inside look at the operations of the police department.

Home Security Assessments
County residents are encouraged to schedule a free assessment with a Crime Prevention Specialist who will provide recommendations on how to most effectively bolster the security of their homes.

Worship Watch
Worship leaders and law enforcement work together to maintain a safe welcoming environment through application of crime prevention best practices.

Crime Prevention Programs
Crime Prevention Specialists are available for group/organization presentations on topics including active shooter, frauds/scams, identity theft, personal safety, and shopping safety.
The Chesterfield County Sheriff’s Office brings resources to our community by providing the following community service programs:

**Seniors in Touch Program**
There are many seniors in our community that live alone and have no family in the area. The Chesterfield County Sheriff’s Office Seniors in touch Program pairs deputies with qualifying county seniors to monitor their personal safety and well-being. Seniors receive visits and phone calls from Sheriff’s Office personnel for updates on daily events, health concerns and personal needs. The program provides family members living out of the area the comfort of knowing someone is checking on their family member.

**File of Life**
The Sheriff’s Office provides resource cards for this safety program to members of the community during various community service events. The File of Life Program provides a card and decal with medication information that is held inside a magnetic red vinyl sleeve marked File of Life which the user posts on the refrigerator or on the inside of their front door to aid first responders in saving their lives in the event of an emergency.

**Yellow Dot Program**
The Sheriff’s Office provides resource decals for this safety program to community members during various community events. The program is designed to save valuable time in the event of a medical related incident. A reflective yellow decal is placed on a vehicle’s window and a medical information sheet is placed in the glove box to help first responders in the event of an emergency.

**Safe Exchange Zone**
The Chesterfield County Sheriff’s Office Safe Exchange Zone located at 9500 Courthouse Road, Chesterfield, VA 23832 is a designated area that can be used to conduct goods or custody exchanges in a safe area monitored by 24/7 video surveillance. The safe zone is well marked, well lit, and monitored by multiple video cameras that are continually monitored by our deputies. The safe zone is equipped with a panic button which activates a duress alarm as well as a visual strobe light. The Safe Exchange Zone is open to anyone and appointments are not necessary.
Senior Connections, The Capital Area Agency on Aging, is dedicated to helping individuals maintain quality of life and independence as they age. We place special emphasis on helping older adults who may be socially isolated and physically or economically at risk. Senior Connections serves as an advocacy and education organization focusing on issues that impact current and future retirees.

**Finding Options and Resources**
Our Agency will provide Information and Referrals for resources in our service area for older adults and caregivers. We are an entry point for connecting individuals with agencies and resources through the state’s secure No Wrong Door System.
Our Care Coordination Program provides information, referral, assessment and coordination of services to older adults, caregivers and their families.
In addition, we have a Medicare and Insurance Counseling Program to assist Medicare beneficiaries, their families and caregivers in understanding Medicare coverage and other related health insurance benefits. Specialists with our Benefits Enrollment Center assist Medicare beneficiaries to apply for and understand benefits for which they may be eligible.

**Support to Stay Home**
We promote connections to help individuals live positive independent lives. Our programs include:
- **Home Delivered Meals** for those who are homebound;
- **Friendship Cafes** to allow older adults to socialize over a hot meal;
- **TeleBridges** to provide a friendly call two to five times per week;
- **Respite and In-Home Services** to provide temporary support;
- **Money Management** to help with check writing and reviewing bank statements;
- **Care Transitions** to work with the local hospitals to support a successful discharge
- **Ride Connection** to assist with transportation for medical appointments.

**Assistance to Caregivers**
Caregivers are provided assistance with obtaining information about available services. In addition, educational programs are provided to help with problem solving and decision making.

**Advocacy and Support**
The following programs allows us to advocate for older adults and caregivers. Our Public Guardians are advocates for the most vulnerable adults who lack capacity to make decisions. Senior Law Days are offered throughout the year to assist eligible older adults and persons with disabilities to prepare Wills, Durable Powers of Attorney and Advance Medical Directives. Our Long-Term Care Ombudsman protects and advocates for the rights of persons living in nursing and assisted living homes. The Virginia Senior Medicare Patrol educates Medicare beneficiaries, caregivers and their families to prevent, detect and report healthcare fraud, errors and abuse.
Getting Involved
We provide programs that allow older adults to become involved through volunteering or with our employment services. An older adult can provide additional support to children through our Foster Grandparent program as a volunteer mentor. The Retired and Senior Volunteer Program offers many opportunities with organizations throughout the area for volunteering and our internal Volunteer Program provides opportunities to support Agency programs. Our Senior Employment offers short term work experience and matches potential job candidates with other organizations.

Education and Information
Computer classes are offered to older adults wishing to learn the basics. Learning opportunities include Health and Wellness classes on fall prevention, chronic disease self-management and healthy habits for adults. We have Speakers who can speak on topics related to enhancing the quality of life for seniors and caregivers.

Please contact Senior Connections at 804-343-3000 or go to our website at seniorconnections-va.org to learn more about our services. You may also pick up a copy of our Engage at Any Age Newsletter (formerly Mature Life) in the FiftyPlus publications at over 300 locations in the Greater Richmond area.

Virginia Navigator

7501 Boulders View Drive, Suite 630, North Chesterfield, VA 23225
Phone: 804-525-7728

VirginiaNavigator is a free, non-profit, public/private partnership that connects older adults, people with disabilities, veterans, and their caregivers and families with local services available in the community.

The VirginiaNavigator family of Websites features over 26,000 programs and services that address health and aging issues, transportation options, benefits assistance, recreational opportunities, financial concerns, legal questions, caregiver support, housing options, and more. Additional features of the websites include “Ask an Expert” and a Community Calendar.

Chesterfield County partners with VirginiaNavigator to bring you a partnership for healthy aging. For those not having computer or Internet access, all Chesterfield County Libraries offer free access and assistance with the websites.

The Chesterfield Council on Aging meets monthly to discuss issues related to aging and quality of life for older adults and adults with disabilities in Chesterfield. Meetings are held on the fourth Thursday of each month, 9:00 a.m., in the Mast Auditorium at Lucy Corr, 6800 Lucy Corr Boulevard, Chesterfield.
Adaptive Technology
See Medical Supplies and Equipment

Adult Day Services

These centers provide activities as well as nutritional programs to stimulate and maintain daily functioning. This allows families the freedom to work and/or provide respite for the caregiver.

- **Ascend Health Adult Retreat**
  804-621-4209
  6421 Chesterfield Meadows Drive, Chesterfield, VA 23832
  [https://www.ascendhealthar.com](https://www.ascendhealthar.com)

- **Alternative Adult Care, LLC**
  804-427-6968
  7193 Brooking Way, Mechanicsville, VA 23111

- **Circle Center Adult Day Services**
  804-355-5717
  4900 West Marshall Street, Richmond, VA 23230
  [https://www.circlecenterva.org](https://www.circlecenterva.org)

- **dayBREAKS Adult Day Center**
  804-419-0999
  2405 Dovercourt Drive, Midlothian, VA 23113
  [https://www.daybreaksva.com](https://www.daybreaksva.com)

- **Hanover Adult Center, Inc**
  804-746-0743
  7231 Stonewall Parkway, Mechanicsville, VA 23111
  [http:///www.hanoveradultcenter.com](http:///www.hanoveradultcenter.com)

- **Helping Hands Adult Health Care Center of Petersburg**
  804-861-1353
  130 McKeaver Street, Petersburg, VA 23803
  [https://www.helpinghandsva.com](https://www.helpinghandsva.com)

- **Innovage PACE**
  804-977-5900
  1300 MacTavish Avenue, Richmond, VA 23230
  [https://www.myinnovage.com](https://www.myinnovage.com)

- **Lucy Corr Adult Day Center**
  804-748-1511
  P. O. Drawer 170, 6800 Lucy Corr Boulevard, Chesterfield, VA 23832
  [https://www.lucycorr.org](https://www.lucycorr.org)
• Swift Creek Day Center  
  804-744-7412  
  2806 Fox Chase Lane, Midlothian, VA 23112  

**Adult Protective Services**  
These programs offer information, referral, and/or follow up to families or individuals who have or are believed to have experienced abuse of some form. Abuse may be physical, mental, financial, or neglect. If in doubt as to whether it is abuse, call and discuss it with an agency representative.

- **Adult Protective Services (APS) - Virginia Department of Social Services**  
  Hotline: 1-888-832-3858  

- **Chesterfield-Colonial Heights Department of Social Services**  
  804-748-1100  
  9501 Lucy Corr Circle, P. O. Box 430, Chesterfield, VA 23832  
  [https://www.chesterfield.gov/569/Social-Services](https://www.chesterfield.gov/569/Social-Services)

- **Chesterfield Domestic and Sexual Violence Resource Center**  
  Administrative  
  804-318-8265  
  Client Services  
  804-318-8264  
  10111 Krause Road, Suite 210, P.O. Box 40, Chesterfield, VA 23832  
  [https://www.chesterfield.gov/dsvrc](https://www.chesterfield.gov/dsvrc)

- **Medicaid Fraud Control Unit**  
  804-786-7750  
  Office of the Attorney General, 202 North 9th Street, Richmond, VA 23219  
  [https://www.oag.state.va.us/programs-initiatives/medicaid-fraud](https://www.oag.state.va.us/programs-initiatives/medicaid-fraud)

**Advocacy Relating to Older or Disabled Adults**  
This is a program to help resolve concerns or complaints. Key areas monitored include residents living in nursing homes, adult care, and assisted living facilities. Technical information and advocacy on aging issues is provided in specific areas.

- **AARP State Office**  
  866-542-8164  
  707 East Main Street, Suite 910, Richmond, VA 23219  

- **Central Virginia Task Force on Domestic Violence in Later Life**  
  804-828-1525  
  VA Center on Aging, VCU, P.O. Box 980229, Richmond, VA. 23298  

- **Chesterfield Fire & EMS Mobile Integrated Healthcare Unit**  
  804-706-2587  
  6731 Mimms Loop, P.O. Box 40, Chesterfield, VA 23832
• Crater District Area Agency on Aging  
 804-732-7020  
23 Seyler Drive, Petersburg, VA 23805

• disAbility Law Center of Virginia  
800-552-3962  
Virginia Office for Protection and Advocacy  
TTY/TDD 225-2042  
1512 Willow Lawn Drive, Suite 100, Richmond, VA 23230  
https://www.DLCV.org

• Medicaid Fraud Control Unit  
804-786-7750  
Office of the Attorney General, 202 North 9th Street, Richmond, VA 23219  
https://www.oag.state.va.us/programs-initiatives/medicaid-fraud

• Office of the State Long-Term Care Ombudsman  
804-726-6624  
Department of Aging and Rehabilitative Services  
800-552-3402  
8004 Franklin Farms Drive, Henrico, VA 23229  

• Senior Connections, The Capital Area Agency on Aging  
804-343-3000  
Toll Free: 800-989-2286  
24 East Cary Street, Richmond, VA 23219  
https://www.seniorconnections-va.org

• Senior Medicare and Medicaid Patrol Project (Fraud)  
804-644-5628  
Toll Free: 800-938-8885  
http://www.virginiasmp.org/healthcare-fraud

• SeniorNavigator’s Take Back Your Life Solution Center  
804-525-7728  
866-393-0957  
7501 Boulders View Drive, Suite 201, North Chesterfield, VA 23225  
A web-based resource/solution center to help victims of domestic violence in later life.  

• YWCA Victims of Rape or Domestic Violence  
Hotline 804-612-6126  
6 North 5th Street, Richmond, VA 23219  
https://www.ywcarichmond.org

• Virginia Association of Area Agencies on Aging  
804-644-2804  
24 East Cary Street, Suite 100, Richmond, VA 23219  
http://www.vaaaaa.org
• Virginia Board for People with Disabilities
  804-786-0016
  1100 Bank Street, 7th Floor, Richmond, VA 23219
  https://www.vaboard.org

• Virginia Department for Aging and Rehabilitative Services
  804-662-9333
  Toll Free: 800-552-3402
  1610 Forest Avenue, Suite 100, Richmond, VA 23229
  https://www.vda.virginia.gov

Alzheimer’s and Other Dementias
These agencies provide a variety of services to meet the needs of those with Alzheimer’s Disease/dementia and their caregivers.

• Alzheimer’s Association, Greater Richmond Chapter
  804-967-2580
  Toll Free: 800-272-3900
  4600 Cox Road, Suite 130, Glen Allen, VA 23060
  https://www.alz.org/grva

• Alzheimer’s Association, Tri-Cities Branch
  804-446-5860
  804-967-2580
  201 Temple Avenue, Suite E, Colonial Heights, VA 23834
  Alzheimer’s Support Group Information (meeting locations)

Area Agencies on Aging
These agencies provide a variety of services to meet the needs of older adults.

Crater District Area Agency on Aging
  804-732-7020
  23 Seyler Drive, Petersburg, VA 23805

Senior Connections, The Capital Area Agency on Aging
  804-343-3000
  Toll Free: 800-989-2286
  24 East Cary Street, Richmond, VA 23219
  https://www.seniorconnections-va.org

Assisted Living
See Housing Options

Bereavement Support Groups/Widowed Groups
These agencies and support groups provide a variety of services and support for those who have lost a loved one. Please note all hospice organizations have bereavement support services for their
client’s families.

- **Bereavement Coalition of Central Virginia**  
  804-909-0123

- **Compassionate Friends**  
  804-458-9000

- **Depression & Bipolar Support Alliance Support Group**  
  804-393-8092  
  [https://www.dbsalliance.org](https://www.dbsalliance.org)

### Care Management Services

These are private companies and non-profit organizations that offer a wide variety of coordination and referral services to families coping with the care of a relative or an adult with a disability.

- **A Helping Hand Senior Care Services**  
  804-486-9177  
  9318 Salix Grove Lane, Chesterfield, VA 23832  
  [http://www.ahelpinghandva.com](http://www.ahelpinghandva.com)

- **A Place for Mom – Eldercare Advisor**  
  866-518-0936  
  [http://www.aplaceformom.com](http://www.aplaceformom.com)

- **Always Best Care Senior Services**  
  804-912-5688  
  10810 Hasty Lane, Suite 103, Midlothian, VA 23112  
  [http://www.alwaysbestcarerichmondsouth.com](http://www.alwaysbestcarerichmondsouth.com)

- **Ascend Health Adult Retreat**  
  804-621-4209  
  6421 Chesterfield Meadows Drive, Chesterfield, VA 23832  
  [https://www.ascendhealthar.com](https://www.ascendhealthar.com)

- **Assisted Living Locators of Greater Richmond**  
  804-643-2600  
  10440 Greglynn Road, North Chesterfield, VA 23236  
  [http://www.assistedlivinglocatorsrva.com](http://www.assistedlivinglocatorsrva.com)

- **Chesterfield County Office of the Aging & Disability Services**  
  804-768-7878  
  9800 Government Center Parkway, Chesterfield, VA 23832  
  [https://www.chesterfield.gov/SeniorServices](https://www.chesterfield.gov/SeniorServices)

- **Eldercare Locator**  
  800-677-1116  
  [https://www.eldercare.gov](https://www.eldercare.gov)
• GeroPartners LLC
  855-998-4376
  P.O. Box 1764, Midlothian, VA 23113
  https://www.geropartners.com

• Good Neighbor Community Services
  804-520-8005
  804-520-4555
  7501 Boulders View Drive, Suite 601, Richmond, VA 23225
  http://www.goodneighborcommunityservices.com

• Heaven Sent by Hometown Health Care
  804-526-3600
  23 Dunlop Village Circle, Colonial Heights, VA 23834
  http://www.heavensentservices.com

• Home Helpers
  804-864-4258
  715 Twinridge Lane, North Chesterfield, VA 23235
  https://www.homehelpershomecare.com/richmond

• Interim HealthCare
  804-340-6455
  720 Moorefield Park Drive, Suite 301, North Chesterfield, VA 23236
  https://www.interimhealthcare.com/RichmondVA

• Jewish Family Services
  804-282-5644
  6718 Patterson Avenue, Richmond, VA 23226
  https://www.jfsrichmond.org

• Lutheran Family Services
  804-288-0122
  4901 Dickens Road, Suite 115, Richmond, VA 23230
  https://www.fsva.org

• Oasis Senior Advisors
  804-836-3046
  2217 Flat Branch Court, Richmond, VA 23233
  http://www.westrichmond.oasissenioradvisors.com

• Senior Advocacy Management (Geriatric Care Management)
  804-355-0966
  P.O. Box 3842, North Chesterfield, VA 23235

• Senior Connections, The Capital Area Agency on Aging
  804-343-3000
  800-989-2286
  24 East Cary Street, Richmond, VA 23219
  https://www.seniorconnections-va.org
• SeniorBridge Family Companies, Inc.
  804-282-0753
  6802 Paragon Place, Suite 201, Richmond, VA 23230
  https://www.seniorbridge.com

• Sterling Geriatric Care Management
  804-943-4565
  114 Pickwick Avenue, Colonial Heights, VA 23834

Cemeteries

• Bermuda Memorial Park
  804-530-1351
  1901 Bermuda Hundred Road, Chester, VA 23836
  http://www.bermudamemorialpark.com

• Dale Memorial Park
  804-748-5843
  10201 Newbys Bridge Road, Chesterfield, VA 23832
  http://www.dalememorialpark.com

• Sunset Memorial Park
  804-748-2166
  2901 West Hundred Road, Chester, VA 23831
  http://www.sunsetmemorialpark.com

Community Health Centers
Free clinics provide low-income, uninsured Virginians with free or low-cost health services. They depend on the generosity of volunteer physicians, nurses, dentists and other health professionals.

• Access Now
  804-622-8145

• Center for Healthy Hearts
  804-359-9375
  200 West Cary Street, Richmond, VA 23220
  https://www.centerforhealthyhearts.org

• Cross Over Health Care Ministry (New Patients)
  804-521-8263
  Cross Over Downtown, 108 Cowardin Avenue, Richmond, VA 23224
  804-233-5016 x320
  Cross Over West, 8600 Quiocassin Rd, Suite 105, Richmond, VA 23229
  804-622-0803
  https://www.crossoverministry.org

• Health Brigade
  804-358-8538
  1010 North Thompson Street, Richmond, VA 23230
Companion Services
These businesses provide a range of services from companion care to homemaker services. Many of these services support one’s ability to remain independent in one’s home by performing household chores and assisting with the activities of daily living (ADLs). Fees are typically charged; however, some may accept Medicare or Medicaid. Asking for references is suggested.

- **About You Concierge**
  804-921-9942
  14405 Silver Birch Court, Midlothian, VA 23112
  http://www.aboutyouconcierge.com

- **Agape Companions**
  804-320-1113
  221 Ruthers Road, North Chesterfield, VA 23235
  http://www.agapecompanions.com

- **Always Best Care Senior Services**
  804-912-5688
  10810 Hasty Lane, Suite 103, Midlothian, VA 23112
  https://www.alwaysbestcarerichmondsouth.com

- **Brightstar Care of Richmond**
  804-378-8686
  7202 Glen Forest Drive, Suite 302, Richmond, VA 23226
  https://www.brightstarcare.com

- **ComForCare Home Care Helping Hands say Amen**
  804-454-0137
  11300 Iron Bridge Road, Suite C, Chester, VA 23831
  https://www.comforcare.com/virginia/richmond-south

- **Comfort Keepers**
  804-750-1123
  10833 Ridgefield Parkway, Richmond, VA 23238
  https://www.comfortkeepers.com

- **Companion Extraordinaire Nursing Network, Inc.**
  804-752-2205
  5311 Lakeside Avenue, Henrico, VA 23228
  https://www.cenninc.com

- **Executive Care**
  804-313-6343
  901 Moorefield Park Drive, Suite 103, North Chesterfield, VA 23236
  http://www.southrichmond.executivehomecare.com

- **Hand ‘n Heart Home Care Services**
  804-819-1755
681 Hioaks Road, Richmond, VA 23225
https://www.handnheart.org

- **Heart Home Care**  
  804-614-6193  
  1519 Huguenot Road, Suite 201, Midlothian, VA 23113  
  http://www.heartelderlycare.com

- **Heaven Sent by Home Town Health Care**  
  804-526-3600  
  12900 Jefferson Davis Highway, Chester, VA 23831  
  http://www.heavensentservices.com

- **Home Helpers**  
  804-864-4258  
  711 Twinridge Lane, North Chesterfield, VA 23235  
  http://www.homehelpershomecare.com/richmond

- **Interim HealthCare**  
  804-340-6455  
  720 Moorefield Park Drive, Suite 301, North Chesterfield, VA 23236  
  https://www.interimhealthcare.com/RichmondVA

- **Nurse Next Door Home Care**  
  804-716-7195  
  2214 Westwood Avenue, Henrico, VA 23230  
  http://www.nursenextdoor.com

- **Seniors Helping Seniors**  
  804-921-4280  
  7400 Beaufont Springs Drive, Suite 300, North Chesterfield, VA 23235  
  https://www.seniorcarechesterfieldcountyva.com

- **Synergy Home Care**  
  804-299-3479  
  11159 Air Park Road, Suite 4, Ashland, VA 23005  
  https://www.synergyhomecare.com

**Counseling Services**

These agencies are focused on offering services surrounding mental health issues. They are available to individuals or their caregivers. Insurance, Medicare and Medicaid may be accepted. The services vary from immediate protection to referral to long-term care agencies.

- **Adult Protective Services, Chesterfield\Colonial Heights Dept. of Social Services**  
  804-748-1100  
  9501 Lucy Corr Circle, Chesterfield, VA 23832  
  https://www.chesterfield.gov/569/Social-Services
- Alcoholics Anonymous, Richmond Intergroup, Inc.  
  804-355-1212  
  http://www.aarichmond.org

- AlAnon/AlAteen Service Center  
  757-499-1443  
  4968 Euclid Road, Virginia Beach, VA 23462  
  http://www.vaalanon.org

- Chesterfield Mental Health Support Services  
  804-748-1227  
  6801 Lucy Corr Blvd., Chesterfield, VA 23832  
  https://www.chesterfield.gov/878/Mental-Health-Support-Services

- Chesterfield Mental Health Crisis Intervention (24/7)  
  804-748-6356  
  https://www.chesterfield.gov/926/Emergency-Services

- Dominion Behavioral Health Care  
  703 North Courthouse Road, Richmond, VA 23236  
  804-794-4482  
  5931 Harborpark Drive, Midlothian, VA 23112  
  804-639-1136  
  https://www.dbhhelp.com

- Footsteps Counseling  
  804-715-3215  
  Southside Nazarene Church, 6851 Courthouse Road, Suite 300, Chesterfield, VA 23832  
  http://www.footsteps counseling.com

- GeroPartners LLC  
  855-998-4376  
  P.O. Box 1764, Midlothian, VA 23113  
  http://www.geropartners.com

- Good Neighbor Counseling  
  804-520-8005  
  7501 Boulder View Drive, Suite 601, Richmond, VA 23225  
  http://www.goodneighborcommunityservices.com

- Jewish Family Services  
  804-282-5644  
  6718 Patterson Avenue, Richmond, VA 23226  
  https://www.jfsrichmond.org

- Lutheran Family Services of Virginia  
  804-288-0122  
  4901 Dickens Road, Suite 115, Richmond, VA 23230  
  http://www.lfsva.org
• **Women's Victim Advocacy Program (YWCA)**  
  Hotline 804-612-6126  
  Info 804-643-6761  
  6 North 5th Street, Richmond, VA 23219  
  [https://www.ywcarichmond.org](https://www.ywcarichmond.org)

**Crime Prevention/Consumer Protection**
These agencies offer help in crime prevention and provide information regarding businesses one may consider using and help with settlement if a company does not honor its agreement.

• **Better Business Bureau**  
  804-648-0016  
  100 Eastshore Drive, Suite 100, Glen Allen, VA 23059  

• **Better Business Bureau/Senior Fraud**  
  804-780-2222  
  100 Eastshore Drive, Suite 100, Glen Allen, VA 23059  

• **Chesterfield County Cooperative Extension**  
  804-751-4401  
  Consumer/Credit, 9501 Lori Road, Chesterfield, VA 23832  
  [https://www.chesterfield.gov/](https://www.chesterfield.gov/)

• **Chesterfield Police Department**  
  804-318-8699  
  Crime Prevention, Community Academy  
  2730 Hicks Road, North Chesterfield, VA 23235

• **Chesterfield Police, Fire & Rescue - Non-Emergency**  
  804-748-1251  
  [https://www.chesterfield.gov](https://www.chesterfield.gov)

• **Chesterfield TRIAD**  
  804-768-7878  
  P. O. Box 40, Chesterfield, VA 23832  
  [https://www.chesterfield.gov/triad](https://www.chesterfield.gov/triad)

• **Office of the Attorney General (Consumer Protection Services Hotline)**  
  800-552-9963  
  202 North 9th Street, Richmond, VA 23219  
  804-786-2042  
  [http://www.oag.state.va.us/consumer-protection/](http://www.oag.state.va.us/consumer-protection/)

• **Virginia Department of Agriculture & Consumer Services**  
  804-786-3523  
  102 Governor Street, Richmond, VA 23219  
Crisis Intervention
These agencies are focused on emergency intervention and offer services surrounding mental health issues. They are available to individuals or their caregivers. Insurance, Medicare and Medicaid may be accepted. The services vary from immediate protection to referral to long-term care agencies.

- **Adult Protective Services**
  804-748-1100
  Chesterfield–Colonial Heights Department of Social Services
  P. O. Box 430, 9501 Lucy Corr Circle, Chesterfield, VA 23832
  [https://www.chesterfield.gov/569/Social-Services](https://www.chesterfield.gov/569/Social-Services)

- **Alcoholics Anonymous, Richmond Intergroup, Inc.**
  804-355-1212

- **Chesterfield Department of Mental Health Services**
  804-748-1227
  TDD 804-768-7200
  6801 Lucy Corr Boulevard, Chesterfield, VA 23832
  [https://www.chesterfield.gov/878/Mental-Health-Support-Services](https://www.chesterfield.gov/878/Mental-Health-Support-Services)

- **Chesterfield Domestic and Sexual Violence Resource Center**
  Administrative
  804-318-8265
  Client Services
  804-318-8264
  10111 Krause Road, Suite 210, P.O. Box 40, Chesterfield, VA 23832
  [https://www.chesterfield.gov/dsvrc](https://www.chesterfield.gov/dsvrc)

- **Crisis Intervention**
  804-748-6356
  6801 Lucy Corr Boulevard, Chesterfield, VA 23832

- **Women's Victim Advocacy Program (YWCA)**
  804-643-0888
  6 North 5th Street, Richmond, VA 23219
  [https://www.ywcarichmond.org](https://www.ywcarichmond.org)

Dental Services
These programs offer information and services to meet dental needs. Some clinics offer services at a reduced rate and may require a screening to qualify.
• **Appomattox Area Health and Wellness Center**  
  804-733-5591  
  321-C Poplar Drive, Petersburg, VA  23805 (Offers sliding scale on dental work)

• **CrossOver Health Ministry**  
  804-233-5016  
  108 Cowardin Avenue, Richmond, VA 23224

• **Donated Dental Services**  
  804-264-9010  
  3460 Maryland Court, Suite 110, Richmond, VA 23233 (by appointment)  
  [https://www.vdaf.org](https://www.vdaf.org)

• **VCU Dental Clinic**  
  804-828-9190  
  520 North 12th Street, Richmond, VA 23298  
  [http://www.vcudentalcare.com](http://www.vcudentalcare.com)

**Disability Services**

These programs offer services varying from adaptive devices, hearing aids, meal deliveries and other services available to adults with disabilities.

• **Department for Aging and Rehabilitative Services**  
  Rehab 804-714-2021, Aging 804-662-7000  
  720 Moorefield Park Drive, Suite 200, North Chesterfield, VA 23236  
  Provides employment services for individuals with disabilities.  
  [https://www.dars.org](https://www.dars.org)

• **disAbility Law Center of Virginia**  
  800-552-3962, TTY/TDD: 804-225-2042  
  1512 Willow Lawn Drive, Suite 100, Richmond, VA 23230  
  [https://www.dlcv.org](https://www.dlcv.org)

• **F.R.E.E. Foundation**  
  804-920-9828  
  6301 Midlothian Turnpike, Richmond, VA 23225  
  [http://www.free-foundation.org](http://www.free-foundation.org)

• **Good Neighbor Community Services**  
  804-520-8005  
  7501 Boulder View Drive, Suite 601, North Chesterfield, VA 23225  
  Provides the adult ID population with a more independent lifestyle.  
  [http://www.goodneighbor.care](http://www.goodneighbor.care)

• **Greater Richmond Chapter of the American Red Cross**  
  804-780-2250  
  420 East Cary Street, Richmond, VA 23219  
  [https://www.redcross.org/va/Richmond](https://www.redcross.org/va/Richmond)

• **Independent Capacity System**
• **Meals on Wheels, Serving Central Virginia**  
  804-673-5035  
  1415 Rhoadmiller Street, Richmond, VA 23220  
  [https://www.feedmore.org](https://www.feedmore.org)

• **Powell Orthotics and Prosthetics**  
  804-649-9043  
  2034 Dabney Road, Suite C, Richmond, VA 23230  
  [https://www.powelloandp.com](https://www.powelloandp.com)

• **Resources for Independent Living**  
  804-353-6503  
  4009 Fitzhugh Avenue, Suite 100, Richmond, VA 23230  
  [http://www.ril-va.org](http://www.ril-va.org)

• **United Way of Greater Richmond and Petersburg**  
  804-771-5820, 3-digit toll-free 211  
  2001 Maywill Street, Suite 201, P. O. Box 11807, Richmond, VA 23230  
  Information & Referrals - United Way does not provide direct services but will refer individuals to various organizations and agencies.  
  [https://www.yourunitedway.org](https://www.yourunitedway.org)

• **Virginia Department for the Deaf and Hard of Hearing**  
  804-662-9502, Toll Free: 800-552-7917, VP  804-325-1290  
  1602 Rolling Hills Drive, Suite 203, Henrico, VA 23229-5012  
  [https://www.vddhh.org](https://www.vddhh.org)

• **Virginia Voice**  
  804-266-2477  
  395 Azalea Avenue, P.O. Box 15546, Richmond, VA 23227  
  [https://www.virginiavoce.org](https://www.virginiavoce.org)

### Domestic Violence
See Crisis Intervention

### Driver Safety
See Education

### Education
These programs are designed to expand one’s knowledge and help develop new skills.

• **AARP Driver Safety Program (Refresher Course)**  
  General: 888-687-2277  
  In Virginia: 866-542-8164
• Chesterfield County Public Schools – Adult Continuing Education  
  804-768-6140  
  10101 Courthouse Road, Chesterfield, VA 23832  
  https://www.ace.mychesterfieldschools.com

• GrandDriver (through Virginia Dept. for Aging and Rehabilitative Svcs)  
  804-662-7686, Toll Free: 800-552-3402  
  1610 Forest Avenue, Suite 100, Henrico, VA 23229  
  https://www.GrandDriver.net

• J. Sargeant Reynolds Community College  
  804-371-3000  
  1651 East Parham Road, Richmond, VA 23228  
  804-523-6464  
  700 East Jackson Street, Richmond, VA 23219  
  804-523-6464  
  http://www.reynolds.edu

• John Tyler Community College  
  Chester Campus-13101 Jefferson Davis Highway, Chester, VA 23831  
  804-796-4000  
  Midlothian Campus-800 Charter Colony Parkway, Midlothian, VA 23114  
  804-594-1500  
  https://www.jtcc.edu

• Lifelong Learning Institute in Chesterfield  
  804-378-2527  
  13801 Westfield Road, P.O. Box 1090, Midlothian, VA 23113  
  http://www.llichesterfield.org

• Road Scholar, The Virginia Center on Aging, Virginia Commonwealth University  
  804-828-1525  
  Box 980229, Richmond, VA 23298-0229  
  https://www.vcoa.chp.vcu.edu

• The Shepherd's Center of Chesterfield  
  804-706-6689  
  P. O. Drawer 120, 6800 Lucy Corr Boulevard, Chesterfield, VA 23832  
  https://www.shepcenter.org

• Thinking CAP Technologies  
  804-928-3689  
  7305 Hancock Village Drive, Suite 508, Chesterfield, VA 23832  
  http://www.thinkingcaptechnologies.com

• University of Richmond School of Professional and Continuing Studies  
  804-287-6344, 804-289-8133
Emergency Response Systems
A personal emergency response system that allows independence to people who are at risk for injuries and accidents that may happen at home.

- ADT
  877-473-9434

- IVNA Health Watch
  804-355-7100

- Nightingale Lifeline Services
  800-626-3311

- Phillips Lifeline
  800-543-3546

- Project Lifesaver
  804-318-8549

- Richmond Alarm
  804-745-1800, 804-745-1117
  14121 Justice Road, Midlothian VA 23113
  https://www.richmondalarm.com
Employment
These agencies offer information on possible job/volunteer opportunities for older adults.

- **AARP Senior Community Service, Employment Program**
  804-355-3600
  1806 Chantilly Street, Suite 100, Richmond, VA 23230
  [https://www.aarp.org/foundation](https://www.aarp.org/foundation)

- **Goodwill of Central Virginia, Chesterfield Employment Center**
  804-745-6300
  6301 Midlothian Turnpike, Richmond, VA 23225
  [https://www.goodwillvirginia.org](https://www.goodwillvirginia.org)

- **Senior Connections, The Capital Area Agency on Aging**
  804-343-3000, Toll Free: 800-989-2286
  24 East Cary Street, Richmond, VA 23219
  [https://www.seniorconnections-va.org](https://www.seniorconnections-va.org)

- **Serving You Virginia**
  804-814-2055
  10307 West Broad Street, Suite 222, Glen Allen, VA 23060

- **Virginia Career Works**
  804-652-3490, 804-652-3480
  304 Turner Road, North Chesterfield, VA 23225
  [https://www.vcwcapital.com](https://www.vcwcapital.com)

- **Virginia Employment Commission**
  3719 Saunders Avenue, Richmond, VA 23227
  804-663-5400
  5240 Oaklawn Boulevard, Hopewell, VA 23860

Eyeglasses
See Vision Services

Financial Assistance and Counseling
These agencies offer counseling and advice, as well as opportunities to purchase services. Some programs require a screening process to determine need.

- **Assistive Technology Loan Fund Authority (ATLFA)**
  866-835-5976, (Voice/TTY) 804-662-9000
  Low interest loan program for assistive technology
  [https://www.atlfa.org](https://www.atlfa.org)

- **Chesterfield-Colonial Heights Alliance for Social Ministry (CCHASM)**
  804-796-2749
  P. O. Box 1741, Chesterfield, VA 23832,[https://www.cchasm.org](https://www.cchasm.org)
• Chesterfield-Colonial Heights Dept. of Social Services
  804-748-1100
  9501 Lucy Corr Circle, P. O. Box 430, Chesterfield, VA 23832
  https://www.chesterfield.gov/569/Social-Services

• ElderCare Solutions of VA, Inc.
  804-288-2654
  9702 Gayton Road, Suite 130, Henrico, VA 23238

• Financial Dynamics & Associates
  804-777-9999
  4401 West Hundred Road, Chester, VA 23831
  https://www.financialandestateplanning.com

• Highstone Group Comprehensive Financial Services
  804-285-7010
  4205 Dover Road, Richmond, VA 23221
  http://www.highstonegroup.com

• Senior Connections, The Capital Area Agency on Aging
  804-343-3000, :Toll Free: 800-989-2286
  24 East Cary Street, Richmond, VA 23219
  https://www.seniorconnections-va.org

• Social Security Offices
  800-772-1213
  13551 Waterford Place, Midlothian, VA 23112
  877-773-7231
  100 Poplar Drive, Petersburg, VA 23805
  877-803-6322
  https://www.socialsecurity.gov

• Virginia Department of Veterans Services
  804-786-0286
  Pocahontas Building, 6th Floor West Wing,
  900 East Main Street, Richmond, VA 23219
  https://www.dvs.virginia.gov

Fitness/Exercise/Recreation
These are facilities or groups that provide opportunities for fitness activity or recreation.

• ACAC
  804-378-1600
  11621 Robious Road, Midlothian, VA 23113
  https://www.acac.com

• Anthem Healthkeepers/Caremore
  1-888-649-5968
  10030 Robious Road, Richmond, VA 23235
  https://www.caremore.com
• Chesterfield County Parks & Recreation Department
  804-748-1623, TDD: 804-748-1127
  6801 Mimms Loop, P. O. Box 40, Chesterfield, VA 23832
  https://www.chesterfield.gov/parks

• Lifelong Learning Institute of Chesterfield
  804-378-2527
  13801 Westfield Road, P. O. Box 1090, Midlothian, VA 23113
  http://www.llichesterfield.org

• Sailing 4 All
  804-901-4301
  P.O. Box 13405, Richmond, VA 23225
  http://www.gosailing4all.org

• SwimRVA
  804-271-8271
  5050 Ridgedale Parkway, North Chesterfield, VA 23234
  http://www.swimrichmond.org

• The Shepherd’s Center of Chesterfield
  804-706-6689
  6800 Lucy Corr Boulevard, P. O. Drawer 170, Chesterfield, VA 23832
  https://www.shepcenter.org

• Sportable
  804-340-2991
  1365 Overbrook Road, Room 2, Richmond, VA 23220
  https://www.sportable.org

• YMCA
  o Chester Branch
    804-748-9622
    3011 West Hundred Road, Chester, VA 23831
    http://www.chesterymca.org
  o Manchester Branch
    804-276-9622
    7540 Hull Street Road, Richmond, VA 23235
    http://www.manchesterfamilyymca.org
  o Midlothian Branch
    804-379-5668
    737 Coalfield Road, Midlothian, VA 23114
    http://www.midlothianymca.org
  o Swift Creek YMCA
    804-595-9622
    15800 Hampton Park Drive, Chesterfield, VA 23832
    http://www.swiftcreekymca.org
Food and Nutrition Services
Home delivered meal programs can meet a variety of dietary and nutritional needs for the homebound older adult who is unable to prepare their own meals and has no one available to assist them. Some agencies provide food assistance to needy individuals or families; however, a screening criterion must be met to be eligible.

- **Chesterfield-Colonial Heights Alliance for Social Ministry (CCHASM)**
  804-796-2749
  P. O. Box 1741, Chesterfield, VA 23832
  (Mon.-Thurs., 8:30 a.m.-1:30 p.m.)
  https://www.cchasm.org

- **Chesterfield-Colonial Heights Department of Social Services**
  804-748-1100
  9501 Lucy Corr Circle, P. O. Box 430, Chesterfield, VA 23832
  https://www.chesterfield.gov/569/social-services

- **Crater District Area Agency on Aging**
  804-732-7020
  23 Seyler Drive, Petersburg, VA 23805
  888-732-7020

- **Meals on Wheels of Greater Richmond**
  804-673-5035
  1415 Rhoadmiller Street, Richmond, VA 23220
  https://www.feedmore.org

- **New Life Thrift Store Food Pantry** (Tuesdays)
  804-276-9364
  2501 Turner Road, Richmond, VA 23224

- **Senior Connections, The Capital Area Agency on Aging**
  804-343-3000, Toll Free: 800-989-2286
  24 East Cary Street, Richmond, VA 23219
  https://www.seniorconnections-va.org

Friendly Visiting
Volunteers visit older adults to provide friendship and help reduce the risk of isolation.

- **Visiting Volunteers, A Service of Family Lifeline**
  804-249-9343
  2325 West Broad Street, Richmond, VA 23220
  https://www.familylifeline.org/older-adults
Fuel Assistance
These programs provide financial assistance to qualified recipients. Funds are limited and are only available to pay for fuel expenses.

- Chesterfield-Colonial Heights Dept. of Social Services
  804-748-1100
  9501 Lucy Corr Circle, P.O. Box 430, Chesterfield, VA 23832
  https://www.chesterfield.gov/569/Social-Services

- Salvation Army
  804-225-7470
  2 West Grace Street, Richmond, VA 23220
  http://www.richmondsalvationarmy.org

Funeral Homes

- Bennett Funeral Homes
  804-639-4975
  14301 Ashbrook Parkway, Chesterfield, VA 23832
  https://www.bennettfuneralhomes.com

- Bliley’s Funeral Home
  804-355-3800
  6900 Hull Street Road, Richmond, VA 23224
  http://www.blileys.com

- JT Morriss & Son, Inc.
  804-748-2500
  3050 West Hundred Road, Chester, VA 23831
  http://www.Jtmorriss.com

- Morrissett Funeral & Cremation Service
  804-275-7828
  6500 Iron Bridge Road, North Chesterfield, VA 23234
  http://www.morrissett.com

- Woody Funeral Home & Cremation Services, Huguenot Chapel
  804-794-1000
  1020 Huguenot Road, Midlothian, VA 23113
  http://www.woodyfuneralhomehuguenot.com

Handyman and Home Repair Services

- Allstar Floring and Construction, Inc.
  804-920-3745
  5451 River Road West, Goochland, VA. 23063
• **Fixer Upper Coach**  
  804-505-0660  
  2133 Loch Braemer Drive, North Chesterfield, VA 23236  
  [https://www.fixeruppercoach.com](https://www.fixeruppercoach.com)

• **HomeKeepers, LLC**  
  804-750-1166  
  8501 Patterson Avenue, Richmond, VA 23229  
  [http://www.homekeepers.org](http://www.homekeepers.org)

• **The Shepherd’s Center of Chesterfield**  
  804-706-6689  
  P. O. Drawer 170, 6800 Lucy Corr Boulevard, Chesterfield, VA 23832  
  [https://www.shepcenter.org](https://www.shepcenter.org)

**Health Organizations**

Each organization offers educational information, support groups and guidance pertaining to its specific disease. Many health organizations offer speakers for groups or clubs.

• **ALS**  
  301-978-9855  
  30 West Gude Drive, Suite 150, Rockville, MD 20850  
  [http://www.ALSInfo.org](http://www.ALSInfo.org)

• **Alzheimer’s Association, Greater Richmond Chapter**  
  804-967-2580, 24/7 Help Line  
  Toll Free: 800-272-3900  
  4600 Cox Road, Suite 130, Glen Allen, VA 23060  
  [https://www.alz.org/grva](https://www.alz.org/grva)

• **American Cancer Society**  
  804-527-3700, Toll Free: 800-227-2345  
  4240 Park Place Court, Glen Allen, VA 23060  
  [https://www.cancer.org](https://www.cancer.org)

• **American Heart Association**  
  804-747-8334, Toll Free: 800-242-8721  
  4217 Park Place Court, Glen Allen, VA 23060  
  [https://www.heart.org](https://www.heart.org)

• **American Lung Association**  
  717-971-1129  
  9702 Gayton Road, Suite 110, Richmond, VA 23238  
  [https://www.lungusa.org/virginia](https://www.lungusa.org/virginia)

• **Anthem Healthkeepers/Caremore**  
  804-212-3450  
  10030 Robious Road, North Chesterfield, VA 23235  
  [https://www.caremore.com](https://www.caremore.com)
• Arthritis Foundation, Virginia Chapter  
804-446-6897, 804-665-9950  
1506 Willow Lawn Drive, Richmond, VA 23230  
https://www.arthritis.org/virginia

• CancerLINC  
804-562-0371  
P. O. Box 73281,  
1423 Johnston Willis Drive, North Chesterfield, VA 23235  
https://www.cancerlinc.org

• Dispatch Health  
804-495-0053  
7200 Glen Forest Drive, Richmond, VA 23226  
https://www.dispatchhealth.com

• Instructive Visiting Nurse Association (IVNA)  
804-355-7100  
5008 Monument Avenue, Richmond, VA 23230  
http://www.ivna.org

• National Cancer Institute – Cancer Information Services  
800-422-6273, Toll Free: 800-4CANCER  
https://www.cancer.gov

• National Multiple Sclerosis Society, Virginia/West Virginia Chapter  
804-353-5008  
4200 Innslake Drive, Suite 301, Glen Allen, VA 23060  
https://www.nationalmssociety.org

• Unitedhealthcare, Kittygayle McMoon  
804-334-1228  
101 N Pinetta, #35975, North Chesterfield, VA 23235

Hearing Services
These programs offer information and resources to help deal effectively with hearing issues. In some cases, assistive devices may be provided.

• Connect Hearing  
804-796-3210  
3610 Festival Park Plaza, Suite A, Chester, VA 23831  
http://www.connecthearing.com

• Deaf and Hard of Hearing Community Counseling Service  
804-282-1943  
1503 Santa Rosa Road, Suite 211, Richmond, VA 23229  
https://www.challengediscoveryprojects.org
Home Health Care
These agencies provide a range of home-based care services from companion care to skilled nursing care. Many of these services support one’s ability to remain at home by performing household chores and assisting with the activities of daily living (ADLs). Fees are typically charged; however, some may accept Medicare or Medicaid.

- **Always Best Care Senior Services**  
  804-912-5688  
  10810 Hasty Lane, Suite 103, Midlothian, VA 23112  
  [https://www.alwaysbestcarerichmondsouth.com](https://www.alwaysbestcarerichmondsouth.com)

- **Amedisys Home Health**  
  804-639-7903, Toll Free: 800-313-4353  
  4589 Lifestyle Lane, Midlothian, VA 23112  
  [https://www.amedisyss.com](https://www.amedisyss.com)

- **At Home Care**  
  4116 Fitzhugh Avenue, Richmond, VA 23230  
  Richmond  
  804-359-3400  
  Tri-Cities  
  804-524-0062  
  [http://www.athomecare.com](http://www.athomecare.com)
• Brightstar Care of Richmond  
  804-378-8686  
  7202 Glen Forest Drive, Suite 302, Richmond, VA 23226  
  https://www.brightstarcare.com

• Care Advantage  
  804-323-9464  
  Tri-Cities  
  804-520-5454  
  Richmond/West End  
  804-285-1212  
  Southside, 10041 Midlothian Tnpk., North Chesterfield, VA 23235  
  804-323-9667  
  https://www.careadvantage.com

• CareMed, Chesterfield  
  804-674-7130  
  7300 Hull Street Road, North Chesterfield, VA 23235  
  https://www.caremedcares.com

• Chesterfield-Colonial Heights Department of Social Services  
  804-748-1100  
  P. O. Box 430, 9501 Lucy Corr Circle, Chesterfield, VA 23832

• ComForCare Senior Services, Richmond South  
  804-454-0137  
  11300 Iron Bridge Road, Suite C, Chester, VA 23831  
  https://www.comforcare.com/virginia/richmond-south

• Comfort Keepers  
  804-750-1123  
  10833 Ridgefield Parkway, Henrico, VA 23233  
  https://www.comfortkeepers.com

• Companion Extraordinaire Nursing Network, Inc.  
  804-752-2205  
  5111 Lakeside Avenue, Henrico, VA 23228  
  http://www.cenninc.com

• Content Family Services  
  804-416-5056  
  9702 Gayton Road, Suite 209, Henrico, VA 23238

• Encompass Health  
  804-377-1188  
  100 Gateway Center Parkway, Suite 205A, Richmond, VA 23235  
  https://www.encompasshealth.com
- **Encompass Home Health**
  804-541-6224
  34 Medical Park Boulevard, Suite G, Petersburg, VA 23805
  [https://www.encompasshealth.com](https://www.encompasshealth.com)

- **Executive Care**
  804-313-6343
  901 Moorefield Park Drive, Suite 103, North Chesterfield, VA 23236
  [http://www.southrichmond.executivehomecare.com](http://www.southrichmond.executivehomecare.com)

- **Family Lifeline**
  804-282-4255
  1518 Willow Lawn Drive, Richmond, VA 23230
  [https://www.familylifeline.org](https://www.familylifeline.org)

- **Hand ‘n Heart Home Care Services**
  804-819-1755
  681 Hioaks Road, Richmond, VA 23225
  [https://www.handnheart.org](https://www.handnheart.org)

- **Heart Home Care**
  804-614-6193
  1519 Huguenot Road, Suite 201, Midlothian, VA 23113
  [http://www.heartelderlycare.com](http://www.heartelderlycare.com)

- **Heaven Sent by Hometown Health Care**
  804-526-3600
  12900 Jefferson Davis Highway, Chester, VA 23831
  [http://www.heavensentservices.com](http://www.heavensentservices.com)

- **Home Helpers**
  804-864-4258
  711 Twinridge Lane, North Chesterfield, VA 23235
  [https://www.homehelpershomecare.com/richmond](https://www.homehelpershomecare.com/richmond)

- **Independence Senior Care**
  804-288-1616
  721 Twinridge Lane, North Chesterfield, VA 23235
  [http://www.iscrichmond.com](http://www.iscrichmond.com)

- **Interim HealthCare**
  804-340-6455
  720 Moorefield Park Drive, Suite 301, North Chesterfield, VA 23236
  [https://www.interimhealthcare.com/RichmondVA](https://www.interimhealthcare.com/RichmondVA)

- **Intrepid Hospice & Home Health**
  804-318-5371
  2430 Southland Drive, Suite B, Chester, VA 23831
  [https://www.IntrepidUSA.com](https://www.IntrepidUSA.com)
• Jewish Family Services  
  804-282-5644  
  6718 Patterson Avenue, Richmond, VA 23226  
  https://www.jfsrichmond.org

• Kindred At Home  
  804-672-7500  
  7113 Three Chopt Road, Suite 201, Richmond, VA 23226  
  https://www.kindredhealthcare.com

• Maxim Health Care Services  
  804-355-9800  
  4235 Innslake Drive, Suite 200, Glen Allen, VA 23060  
  https://www.maximhomecare.com

• Medicaid Personal Care Agencies  
  804-662-9333  
  Toll Free: 800-552-3402  
  These agencies use Medicaid funding to provide services in your home

• Nurse Next Door Home Care  
  804-716-7194  
  2214 Westwood Avenue, Henrico, VA 23230  
  http://www.nursenextdoorrva.com

• Options for Senior America  
  804-673-6730  
  8100 Three Chopt Road, Suite 233, Richmond, VA 23229  
  http://www.optionscorp.com

• SeniorBridge, Humana at Home  
  804-282-0753  
  6802 Paragon Place, Suite 201, Richmond, VA 23230  
  http://www.seniorbridge.com

• Senior Connections, The Capital Area Agency on Aging  
  804-343-3000  
  Toll Free: 800-989-2286  
  24 East Cary Street, Richmond, VA 23219  
  • https://www.seniorconnections-va.org

• Synergy Home Care  
  804-299-3479  
  11159 Air Park Road, Suite 4, Ashland, VA 23005  
  https://www.synergyhomecare.com

• Visiting Angels  
  804-423-6500  
  2405 Dovercourt Drive, Midlothian, VA 23113  
  https://www.visitingangels.com
Hospice

Besides providing personalized care for the loved one, these programs focus on support to the entire family system, ranging from counseling to nursing services. For the family, they provide services that range from grief counseling to management of day-to-day activities. These services can be provided in the home or in a nursing or convalescent center. Funding is typically covered by insurance, Medicare or Medicaid.

- **Bon Secours Hospice**  
  804-627-5360  
  8580 Magellan Parkway, Building IV, Richmond, VA 23227  
  [https://www.bonsecours.com/hospice](https://www.bonsecours.com/hospice)

- **Crater Community Hospice**  
  804-526-4300  
  3916 South Crater Road, Petersburg, VA 23805  
  [https://www.cratercommunityhospice.org](https://www.cratercommunityhospice.org)

- **Hospice Community Care**  
  800-409-9094  
  10128 West Broad Street, Suite J, Glen Allen, VA 23060  

- **Hospice of Virginia**  
  2235 Staples Mill Road, Suite 100, Richmond, VA 23230  
  Richmond  
  804-281-0451  
  In-patient Unit at Retreat Hospital  
  804-200-1810  
  [https://hospiceofvirginia.com/](https://hospiceofvirginia.com/)

- **Intrepid Hospice**  
  804-318-5371  
  2430 Southland Drive, Suite B, Chester, VA 23831  
  [https://www.intrepidusa.com](https://www.intrepidusa.com)

- **Kindred Hospice**  
  804-290-4300  
  1602 Rolling Hills Dr, Suite 204, Richmond, VA 23229  
  595 Old Wagner Road, Suite E, Petersburg, VA 23805  
  804-504-0031  
  [https://www.kindredhealthcare.com](https://www.kindredhealthcare.com)

- **Medi Home Hospice**  
  804-282-4301  
  4461 Cox Road, Suite 100, Glen Allen, VA 23060  
  [http://www.medicalservicesofamerica.com](http://www.medicalservicesofamerica.com)

- **New Century Hospice**  
  804-353-2702  
  808 Moorefield Park Drive, Suite 113, Richmond, VA 23236
These hospitals offer a wide variety of inpatient and outpatient services. Some may have branch offices providing services such as dialysis, emergency care, and specialty services. Some hospitals may have their own skilled care units.

Bon Secours Hospitals
https://www.bonsecours.com

- **Memorial Regional Medical Center**
  804-764-6000
  8260 Atlee Road, Mechanicsville, VA 23116

- **Richmond Community Hospital**
  804-225-1700
  1500 North 28th Street, Richmond, VA 23223

- **St. Francis Medical Center**
  804-594-7300
  13710 St. Francis Boulevard, Midlothian, VA 23114

- **St. Mary’s Hospital**
  804-285-2011
  5801 Bremo Road, Richmond, VA 23226

HCA Virginia Hospitals

- **CJW Medical Center**
  https://www.cjwmedical.com
  - Chippenham Hospital
    804-320-3911
    7101 Jahnke Road, Richmond, VA 23225
  - Johnston Willis Hospital
    804-330-2000
    1401 Johnston Willis Drive, North Chesterfield, VA 23235

- **Henrico Doctor’s Hospital**
  https://www.henricodoctors.com
  - Forest Hospital
    804-289-4500
    7605 Forest Avenue, Richmond, VA 23229
  - Parham Hospital
    804-747-5600
    7700 East Parham Road, Richmond, VA 23294
- Retreat Hospital
  804-254-5100
  2621 Grove Avenue, Richmond, VA 23220

- John Randolph Medical Center
  http://www.johnrandolphmed.com
  411 West Randolph Road, Hopewell, VA 23860
  804-541-1600

- Encompass Health Rehabilitation Hospital of Petersburg
  804-504-8100, 804-504-8203
  95 Medical Park Boulevard, Petersburg, VA 23805
  https://www.encompasshealth.com/petersburgrehab

- Sheltering Arms Physical Rehabilitation Center
  804-764-1000
  Hanover Campus: 8254 Atlee Road, Mechanicsville, VA 23116
  Midlothian Campus: 13700 St. Francis Blvd. Suite 400, Midlothian VA 23114
  https://www.shelteringarms.com

- Southside Regional Medical Center
  804-765-5000
  200 Medical Park Boulevard, Petersburg, VA 23805
  https://www.srmconline.com

- St. Francis Watkins Centre Emergency
  804-594-2100
  601 Watkins Center Parkway, Midlothian, VA 23114
  Free standing 24/7 emergency department.

- Stony Point Surgery Center
  804-775-4500
  8700 Stony Point Parkway, Suite 100, Richmond, VA 23235
  https://www.stonypointsc.com

- VCU Medical Center
  804-828-9000
  1250 East Marshall Street, Richmond, VA 23219
  https://www.vcuhealth.org

- Veterans Administration McGuire Hospital
  804-675-5000
  1201 Broad Rock Boulevard, Richmond, VA 23249
  https://www.richmond.va.gov
Housing Assistance

These programs offer a variety of housing options, with some providing short-term emergency housing. Some can provide information regarding long-term housing options.

- **American Red Cross (Disaster Victims)**
  804-780-2250
  Greater Richmond Chapter, 420 East Cary Street, Richmond, VA 23219
  https://www.redcross.org/va/richmond

- **Community Development Block Grant Office**
  804-318-8866
  9901 Lori Road, Chesterfield, VA 23832

- **Good Neighbor Community Services**
  804-520-8005
  798 Southpark Boulevard, Suite 16, Colonial Heights, VA 23834
  Provides the adult ID population with a more independent lifestyle
  http://www.goodneighborcommunityservices.com

- **HOME (Housing Opportunities Made Equal)**
  804-354-0641
  626 East Broad Street, Suite 400, Richmond, VA 23219
  https://www.homeofva.org

- **ProjectHomes**, 88 Carnation Street, Richmond, VA 23225
  804-233-2827
  https://www.projecthomes.org

- **Seniors Guide**
  804-674-5004
  711 Moorefield Park, Suite H, North Chesterfield, VA 23236
  http://www.seniorsguide.com

- **United Way (shelter referrals)**
  804-771-5820
  https://www.211virginia.org

- **Urban League of Greater Richmond**
  1420 Hull Street, Building B3, Richmond, VA 23224
  https://www.urbanleaguerrichmond.org

- **Women’s Victim Advocacy Program (YWCA)**
  804-643-6761, Hotline 804-612-6126
  6 North 5th Street, Richmond, VA 23219
  https://www.ywcarichmond.org
**Housing Options**

**IL - Independent Living:** A facility in which residents perform all daily activities independently without requiring the assistance of another person and take medication without requiring the assistance of another person.

**AL - Assisted Living:** Congregate residential setting that provides or coordinates personal and health care services and assistance for adults who may have physical or mental impairments and require at least moderate assistance with daily activities.

**SNF – Skilled Nursing Facility:** These are licensed facilities that provide skilled needs, including assistance with personal care and nursing supervision. A screening process is required. Stays may be short term for rehabilitation services or long-term for life support services.

**ALZ - Alzheimer’s/Dementia Care:** Designed to assist those individuals with memory impairments.

**R - Respite/Short Term Care:** Services provided for maintenance and care of the older adult, infirmed, or disabled adults for temporary periods of time, regularly or intermittently.

**PR – Personal Referral Service:** These organizations offer a free, personalized service that assists in locating the right housing option.

- **A Helping Hand Senior Care Services - PR**  
  804-486-9177  
  Serving Chesterfield & Greater Richmond  
  [http://www.AHelpingHandVA.com](http://www.AHelpingHandVA.com)

- **Always Best Care Senior Services - PR**  
  804-912-5688  
  10810 Hasty Lane, Suite 103, Midlothian, VA 23112  
  [https://www.alwaysbestcarerichmondsouth.com](https://www.alwaysbestcarerichmondsouth.com)

- **Assisted Living Locators of Greater Richmond - IL, AL, ALZ, R, PR**  
  804-643-2600  
  10440 Greglynn Road, North Chesterfield, VA 23236  
  [http://www.assistedlivinglocatorsrva.com](http://www.assistedlivinglocatorsrva.com)

- **Atlantic at Charter Colony - IL**  
  804-378-9919  
  550 Coalfield Road, Midlothian, VA 23114  
  [http://www.mychartercolonyapts.com](http://www.mychartercolonyapts.com)

- **Bickford Assisted Living and Memory Care - AL, ALZ**  
  804-594-7055  
  11200 West Huguenot Road, Midlothian, VA 23113  
  [http://www.bickfordseniorliving.com](http://www.bickfordseniorliving.com)

- **Bonview Rehabilitation and Healthcare - SNF, R**  
  804-320-7901  
  7246 Forest Hill Avenue, Richmond, VA 23225  
  [http://www.consulatehealthcare.com](http://www.consulatehealthcare.com)
• **Brandermill Woods Health Care Center - AL, SNF, ALZ, R**  
  804-379-7100  
  2100 Brandermill Parkway, Midlothian, VA 23112  
  [http://www.brandermillwoods.com](http://www.brandermillwoods.com)

• **Brandermill Woods Retirement Community - IL**  
  804-744-1173  
  14311 Brandermill Woods Trail, Midlothian, VA 23112  
  [http://www.brandermillwoods.com](http://www.brandermillwoods.com)

• **Brighter Living Assisted Living - AL, R**  
  804-458-5830  
  5301 Plaza Drive, Hopewell, VA 23860  
  [http://www.brighter-living.com](http://www.brighter-living.com)

• **Brighter Living Sunflower Gardens - ALZ**  
  804-452-5000  
  5305 Plaza Drive, Hopewell, VA 23860  
  [http://www.sunflower-gardens.com](http://www.sunflower-gardens.com)

• **Brookdale Midlothian - IL, AL, ALZ, R**  
  804-897-8884  
  14016 Turnberry Lane, Midlothian, VA 23113  

• **Chester Village Apartments - IL**  
  804-425-1200  
  11701 Chester Village Drive, Chester, VA 23831  
  [http://www.chestervillageseniors.com](http://www.chestervillageseniors.com)

• **Chesterfield Heights - IL**  
  804-302-6550  
  901 Madrona Street, Midlothian, VA 23114  
  [http://www.seniorlivinginstyle.com](http://www.seniorlivinginstyle.com)

• **Colonial Heights Health Care Center - SNF, ALZ**  
  804-526-6851  
  831 East Ellerslie Avenue, Colonial Heights, VA 23834  
  [http://www.colonialheightshealthcare.com](http://www.colonialheightshealthcare.com)

• **Courthouse Senior Apartments - IL**  
  804-796-9191  
  6500 Fore Circle, Chesterfield, VA 23832

• **Crossings at Bon Air - IL, AL, ALZ**  
  804-560-1440  
  9100 Bon Air Crossings Drive, North Chesterfield, VA 23235  
  [http://www.thecrossingsatbonair.com](http://www.thecrossingsatbonair.com)
• Crossings at Ironbridge - AL, ALZ, R
  804-748-7000  
  6701 Ironbridge Parkway, Chester, VA 23831
  http://www.thecrossingsatironbridge.com/

• Dunlop House Assisted Living - AL, ALZ, R
  804-520-0050  
  235 Dunlop Farms Boulevard, Colonial Heights, VA 23834
  http://www.dunlophouse.com

• Ginter Hall South Assisted Living - AL, ALZ, R
  804-794-7770  
  11300 Mall Court, North Chesterfield, VA 23235
  http://www.ginterhall.com

• Heritage Oaks - IL
  804-323-3800  
  1100 German School Road, Richmond, VA 23225
  http://www.heritageoaksseniorliving.com

• Hopewell Health Care Center - SNF
  804-458-6325  
  905 Cousins Avenue, Hopewell, VA 23860

• Independent Living at Lucy Corr - IL
  804-425-2900 or 804-748-1511  
  6653 Roundabout Way, Chesterfield, VA 23832
  https://www.lucycorr.org

• Laurels of Bon Air - SNF, R
  804-521-9980  
  9101 Bon Air Crossings Drive, North Chesterfield, VA 23235
  http://www.laurelssofbonair.com

• Laurels of Willow Creek - SNF, R
  804-379-4771  
  11611 Robious Road, Midlothian, VA 23113
  http://www.laurelssofwillowcreek.com

• Lucy Corr - IL, AL, SNF, ALZ, R
  804-748-1511  
  P. O. Drawer 170, 6800 Lucy Corr Boulevard, Chesterfield, VA 23832
  https://www.lucycorr.org

• Magnolias of Chesterfield - AL, ALZ, R
  804-778-7777  
  6701 Court Yard Road, Chester, VA 23831
  https://www.meridiansenior.com/community/magnolias-of-chesterfield/
• Market Square - IL
  804-279-0133
  7300 Taw Street, Richmond, VA 23237

• Monarch Woods - IL
  804-320-4301
  6501 Jahnke Road, Richmond, VA 23225
  https://www.betterhousingcoalition.org/property/monarch-woods/

• Morningside at Bellgrade - AL, ALZ, R
  804-379-2800
  2800 Polo Parkway, Midlothian, VA 23113
  http://www.morningsideofbellgrade.com

• Oasis Senior Advisors - PR
  804-836-3046
  2217 Flat Branch Court, Richmond, VA 23233
  http://www.westrichmond.oasissenioradvisors.com

• Park at Ridgedale - IL
  804-271-4166
  5001 Ridgedale Parkway, Suite 107, Richmond, VA 23234

• Phoenix Senior Living (The Pearl at Watkins Centre) - ALZ, R
  804-893-0067
  650 Watkins Centre Parkway, Midlothian, VA 23113
  http://www.phoenixsrliving.com

• Riverview on the Appomattox Health and Rehab Center - SNF, ALZ
  804-541-1445
  201 Epps Street, Hopewell, VA 23860
  http://www.riverview-rehab.com

• Rockwood Village - IL
  804-745-0911
  3901 Price Club Boulevard, Midlothian, VA 23112
  https://www.betterhousingcoalition.org/property/rockwood-village/

• Seniors Guide - IL, AL, SNF, ALZ, R
  804-674-5004
  711 Moorefield Park, Suite H, North Chesterfield, VA 23236
  http://www.seniorsguide.com

• Spring Arbor of Salisbury - AL, ALZ
  804-897-2727
  14001 Turnberry Lane, Midlothian, VA 23113
  http://www.springarborliving.com/locations/midlothian-va.htm

• St. Francis Home - AL
  804-231-1043
  65 West Clopton Street, Richmond, VA 23225
  http://www.saintfrancishome.com
• Sunrise Assisted Living at Bon Air - AL, ALZ, R
  804-560-7707
  2105 Cranbeck Road, North Chesterfield, VA 23235
  http://www.sunrisebonair.com

• Symphony Manor of Richmond - AL, ALZ
  804-396-2414
  12411 Gayton Road, Richmond, VA 23238
  https://symphonymanorofrichmond.business.site/

• The Memory Center, Richmond - ALZ
  804-378-5100
  13800 Bon Secours Drive, Midlothian, VA 23114
  http://www.thememorycenter.com

• The Towers - IL, AL, ALZ, R
  804-320-1412
  350 Hioaks Road, Richmond, VA 23225
  https://www.rui.net/the-towers

• The Traway Home (Synergy Community Supports) - AL, R
  804-745-1157
  8001 Traway Court, North Chesterfield, VA 23235

• Totty Place Residential - AL
  804-526-6921
  3500 Totty Street, South Chesterfield, VA 23803

• Tyler's Retreat at Ironbridge - SNF
  804-706-1023
  12001 Ironbridge Road, Chester, VA 23831
  https://www.saberhealth.com

• Virginian - IL
  804-330-4252
  300 Twinridge Lane, North Chesterfield, VA 23235
  https://www.holidaytouch.com/Our-Communities/the-virginian.aspx

Information and Referral Services
These programs are available to provide information and referrals to services and resources. Some of the agencies provide direct services.

• 211 Virginia
  211
  Toll Free: 800-230-6977
  2001 Maywill Street, Suite 201, Richmond, VA 23230
  https://www.211virginia.org

• Cancer Hotline
  Toll Free: 800-422-6237
• Chesterfield-Colonial Heights Dept. of Social Services
  804-748-1100
  9501 Lucy Corr Circle, P. O. Box 40, Chesterfield, VA 23832

• Chesterfield County Office of Aging & Disability Services
  804-768-7878
  P. O. Box 40, 9800 Government Center Parkway, Chesterfield, VA 23832
  https://www.chesterfield.gov/seniorservices

• Chesterfield Domestic and Sexual Violence Resource Center
  10111 Krause Road, Suite 210, P. O. Box 40, Chesterfield, VA 23832
  Administrative: 804-318-8265
  Client Services: 804-318-8264
  https://www.chesterfield.gov/dsvrc

• Chesterfield Fire & EMS Mobile Integrated Healthcare/Community Paramedic Program
  804-706-2587
  6731 Mimms Loop, P. O. Box 40, Chesterfield, VA 23832

• Citizens Assistance Office
  804-646-7000
  900 East Broad Street, Room 109, Richmond, VA 23219
  http://www.richmondgov.com

• Eldercare Locator
  Toll Free: 800-677-1116
  https://eldercare.acl.gov

• Fixer Upper Coach
  804-505-0660
  2133 Loch Braemer Drive, North Chesterfield, VA 23236
  https://www.fixeruppercoach.com

• Legal Information Network for Cancer (LINC)
  804-272-5462, 877-644-5462
  P. O. Box 73281, 1459 Johnston Willis Drive, North Chesterfield, VA 23235
  Free legal services, debt management services and referral to community resources
  https://www.cancerlinc.org

• Physician Referral – All Bon Secours
  804-359-WELL/804-359-9355

• Physician Referral/Consult a Nurse with HCA Hospitals
  804-320-3627
  Toll Free: 800-257-0944

• Physician Referral - VA Dept. for Aging & Rehabilitative Services
  804-662-7000
  Toll Free: 800-552-5019
  8004 Franklin Farms Drive, Richmond, VA 23229
  https://www.vadars.org
• **Senior Connections, The Capital Area Agency On Aging**  
  804-343-3000  
  Toll Free: 800-989-2286  
  24 East Cary Street, Richmond, VA 23219  
  [https://www.seniorconnections-va.org](https://www.seniorconnections-va.org)

• **Seniors Guide**  
  804-674-5004  
  711 Moorefield Park, Suite H, North Chesterfield, VA 23236  
  [http://www.seniorsguide.com](http://www.seniorsguide.com)

• **United Way Information and Referral Center/2-1-1 Virginia Helpline**  
  Dial 211  
  [https://www.yourunitedway.org](https://www.yourunitedway.org)

• **Virginia Department for Aging and Rehabilitative Services**  
  Toll Free: 800-552-3402  
  804-662-9333  
  1610 Forest Avenue, Suite 100, Richmond, VA 23229  
  [https://www.vadars.org](https://www.vadars.org)

### Kinship Program

These organizations offer support for Grandparents and older family members raising a child

• **Kinship/Grandparent Connection**  
  804-768-7878  
  9800 Government Center Parkway, Chesterfield, VA  
  Support Group for Grandparents or older relatives raising a child.  

• **Senior Connections, The Capital Area Agency on Aging**  
  804-343-3000  
  Toll Free: 800-989-2286  
  24 East Cary Street, Richmond, VA 23219  
  School Mentoring Program, Foster Grandparents  
  [https://www.seniorconnections-va.org](https://www.seniorconnections-va.org)

### Legal Services

These programs provide a wide variety of legal services. Some provide legal services and some provide general information regarding your legal rights. None of these should be considered as a substitute for personal legal counsel.

• **AARP**  
  888-687-2277  
  [https://www.aarp.org](https://www.aarp.org)

• **American Civil Liberties Union of Virginia**  
  804-644-8022  
  701 E. Franklin Street, Suite 1412, Richmond, VA 23219  
  [https://www.acluva.org](https://www.acluva.org)
- Carrell Blanton Ferris & Associates, PLC
  804-285-7900
  7275 Glen Forest Drive, Suite 310, Richmond, VA 23226
  https://www.carrellblanton.com

- Central Virginia Legal Aid Society
  804-648-1012
  Toll Free: 800-868-1012
  101 West Broad Street, Suite 101, P.O. Box 12206, Richmond, VA 23220
  http://www.cvlas.org

- CMG Foundation
  804-254-2664
  9100 Arboretum Parkway, Suite 190, North Chesterfield, VA 23236
  http://www.cmg-foundation.org/

- Commonwealth Mobile Notary
  804-314-2257
  P.O. Box 74212, North Chesterfield, VA 23236
  https://www.commonwealthmobilenotaryva.com

- Equal Employment Opportunity Commission
  804-771-2200
  800-669-4000
  TTY Toll Free: 800-669-6820
  400 North 8th Street, Suite 350, Richmond, VA 23219
  https://www.eeoc.gov

- Legal Information Network for Cancer (LINC)
  804-272-5462, ext. 4
  877-644-5462
  P.O. Box 73281, 1459 Johnston Willis Drive, North Chesterfield, VA 23235
  https://www.cancerlinc.org

- National Association for the Advancement of Colored People
  804-321-5678
  (NAACP) P. O. Box 27212, Richmond, VA 23261
  http://vscnaacp.com

- Serving You Virginia
  804-814-2055
  10307 West Broad Street, Suite 222, Glen Allen, VA 23060
  http://www.ServingYouVirginia.com

- Virginia Lawyer Referral Service
  804-775-0808
  800-552-7977
  TTY 804-775-0502
  1111 East Main Street, Suite 700, Richmond VA 23219
Meals
See Food and Nutrition Services

Medical Supplies and Equipment
These organizations specialize in providing equipment to help one function as independently as possible. The equipment varies from hospital style to assistive items for simple tasks. Some agencies have medical equipment that they will loan to qualified persons. Donations of good quality used equipment are always welcomed. These companies may accept insurance, Medicare, Medicaid and cash.

- **American Cancer Society**
  Toll Free: 800-227-2345
  4240 Park Place Court, Glen Allen, VA 23060
  [https://www.cancer.org](https://www.cancer.org)

- **Amramp**
  804-564-4973
  Toll Free: 800-649-5215
  P. O. Box 4163, Glen Allen, VA 23058
  [https://www.amramp.com](https://www.amramp.com)

- **Apria Healthcare**
  804-553-4964
  2808 East Parham Road, Richmond, VA 23228
  [http://www.apriahealthcare.com](http://www.apriahealthcare.com)

- **Buford Road Pharmacy, Inc**
  804-272-1423
  2608 Buford Road, North Chesterfield, VA 23235
  [http://www.bufordrx.com](http://www.bufordrx.com)

- **Capital Medical Supply**
  804-353-0707
  2233 Tomlynn Street, Richmond, VA 23230
  [http://www.capitalmedicalsupply.com](http://www.capitalmedicalsupply.com)

- **Clay Home Medical**
  804-861-1606
  3333 South Crater Road, Petersburg, VA 23805
  [http://www.clayhomemedical.com](http://www.clayhomemedical.com)
• FREE (Foundation for Rehabilitation Equipment & Endowment)  
   804-920-9828  
   6301 Midlothian Turnpike, Richmond, VA 23225 www.free-foundation.org/  
   Provides equipment that helps people achieve and maintain mobility and independence to people in need at no cost.

• Freedom Respiratory  
   804-266-2002  
   2852 East Parham Road, Henrico, VA 23228  
   http://www.aerocareusa.com

• Home Care Delivered, Inc  
   800-867-4412  
   866-332-4193  
   11013 West Broad Street, 4th Floor, Glen Allen, VA 23060  
   http://www.hcd.com

• Lincare Inc  
   804-355-2323  
   2801 Ackley Avenue, Henrico, VA 23228  
   http://www.lincare.com

• Med-Inc  
   804-674-6688  
   9100 Arborteum Parkway, North Chesterfield, VA 23236  
   http://www.medinc.net

• Mobility Supercenter  
   804-231-7774  
   7450 Midlothian Turnpike, North Chesterfield, VA 23225  
   http://www.mobilitysupercenter.com

• Mobility Works  
   804-233-8267  
   232 East Belt Boulevard, Richmond, VA 23224  
   http://www.mobilityworks.com

• Powell Orthotics and Prosthetics  
   804-649-9043  
   2034 Dabney Road, Suite C, Richmond, VA 23230  
   https://www.powelloandp.com

• Richmond Respiratory and Medical Supply  
   804-745-9677  
   1108 Courthouse Road, Suite D, North Chesterfield, VA 23236

• Rite Aid Pharmacy  
   804-748-9040  
   2600 Weir Place, Chester, VA 23831  
   https://www.riteaid.com
Medicare, Medicare Advantage and Medicaid

Applications are required and may take up to 45 days for approval. Definite criteria must be met before approval. If you need to apply for Medicaid contact your local Department of Social Services.

- **Anthem Healthkeepers/Caremore**
  - 1-888-649-5968
  - 10030 Robious Road, North Chesterfield, VA 23235
  - [https://www.caremore.com](https://www.caremore.com)

- **Benefinder**
  - 804-381-4604
  - 10800 Midlothian Turnpike, Suite 129, North Chesterfield, VA 23235
  - [https://www.benefinder.com](https://www.benefinder.com)

- **Centers for Medicare and Medicaid Services**
  - Toll Free: 800-633-4227
  - [https://www.cms.gov](https://www.cms.gov)

- **Chesterfield-Colonial Heights Department of Social Services**
  - 804-748-1100
  - 9501 Lucy Corr Circle, P. O. Box 430, Chesterfield, VA 23832

- **Content Family Services**
  - 804-416-5056
  - 9702 Gayton Road, Suite 209, Henrico, VA 23238

- **Mike Mason Insurance, LLC**
  - 804-216-5422
  - 14304 Candlewick Court, Midlothian, VA 23112

- **Social Security Office**
  - Toll Free: 800-772-1213
  - [https://www.ssa.gov](https://www.ssa.gov)

- **Social Security Administration for Chesterfield**
  - 804-744-0227
  - Toll Free: 800-772-1213
  - 13551 Waterford Place, Midlothian, VA 23112
• **Unitedhealthcare, Kittygayle McMoon**  
  **Medicare**: 804-334-1228  
  101 N Pinetta, #35975, North Chesterfield, VA 23235

• **Virginia Premier**  
  **Medicare**: 1-877-739-1370  
  **Medicaid**: 1-800-727-7536  
  600 E Broad Street, Suite 400, Richmond, VA. 23219  
  [https://www.virginiapremier.com](https://www.virginiapremier.com)

**Mental Health Services**
These agencies provide services to individuals who are experiencing mental health problems and support services for their families. All require a fee for services. They may accept insurance, Medicare or Medicaid payments.

• **Appomattox Area Health and Wellness Center**  
  **Phone**: 804-733-5591  
  321-C Poplar Drive, Petersburg, VA 23805  
  [https://www.cvhsinc.org](https://www.cvhsinc.org)  
  Offers sliding scale community services for health and wellness on multiple levels, including mental health as well as physical health

• **Chesterfield Mental Health Support Services**  
  **Phone**: 804-748-1227  
  6801 Lucy Corr Boulevard, Chesterfield, VA 23832

• **Chesterfield Mental Health Crisis Intervention Team**  
  **24 hours Phone**: 804-748-6356

• **CJW Medical Center, Chippenham Campus, Tucker Pavilion**  
  **Intake**: 804-323-8846  
  804-320-3911  
  7101 Jahnke Road, Richmond, VA 23225  
  [https://www.cjwmedical.com](https://www.cjwmedical.com)

• **Dominion Behavioral Health Care**  
  **Phone**: 804-794-4482  
  703 North Courthouse Road, Richmond, VA 23236 (Psychological Testing)  
  [https://www.dbhhelp.com](https://www.dbhhelp.com)

• **Footsteps Counseling**  
  **Phone**: 804-715-3215  
  Southside Nazarene Church, 6851 Courthouse Road, Chesterfield, VA 23832  
  [http://www.footsteps counseling.com](http://www.footsteps counseling.com)

• **Independent Capacity Systems**  
  **Phone**: 804-590-7914  
  16015 Continental Boulevard, South Chesterfield, VA 23834  
  [http://www.independentcapacitysystem.com](http://www.independentcapacitysystem.com)
• Jewish Family Services  
  804-282-5644  
  6718 Patterson Avenue, Richmond, VA 23226  
  https://www.jfsrichmond.org

• Lutheran Family Services  
  804-288-0122  
  4901 Dickens Road, Suite 115, Richmond, VA 23230  
  http://www.lfsva.org

• MCV Department of Psychiatry  
  (outpatient) existing patients 804-828-9452  
  (intake) new patients 804-828-2000  
  501 North 2nd Street, 3rd Floor, Richmond, VA 23219  
  https://www.VCUHealth.org

• National Counseling Group  
  804-767-3470  
  21 Walnut Boulevard, Petersburg, VA 23805  
  http://www.nationalcounselinggroup.com

• Poplar Springs Hospital  
  866-546-2229  
  350 Poplar Drive, Petersburg, VA 23805  
  https://www.poplarsprings.com

• Bon Secours Behavioral Health at Richmond Community Hospital  
  804-225-1700  
  1500 North 28th Street, Richmond, VA 23223  
  https://www.bonsecours.com

Moving and Organizational Services  
These companies specialize in packing and moving household items for older adults.  

• Caring Transitions of Greater Richmond  
  804-256-2048  
  http://www.CaringTransitionsRichmond.com

• Door to Door Solutions  
  804-261-4124  
  2214 Westwood Avenue, Richmond, VA 23230  
  http://www.doortodoorsolutions.com

• Home Matters  
  804-385-2433  

NURSING HOMES  
See Housing Options
Orthotics and Prosthetics
Products include orthotics (any type of bracing for the body) and prosthetics. Services for patients include mentoring program, support groups, professional in-services and help with job placement.

- **American Orthotic and Prosthetic Center**  
  804-353-9077  
  2000 Bremo Road, Richmond, VA 23226  
  [https://www.americanopc.com](https://www.americanopc.com)

- **Powell Orthotics and Prosthetics**  
  804-649-9043  
  2034 Dabney Road, Suite C, Richmond, VA 23230  
  [https://www.powelloandp.com](https://www.powelloandp.com)

Personal Emergency Response
See Emergency Response Systems

Pharmacies Providing Home Delivery
All the listed pharmacies provide delivery services. Some have limited delivery areas. Some may charge a fee for delivery or offer a senior discount for prescription medications.

- **Appomattox Area Health and Wellness Center**  
  804-733-5591  
  321 C Poplar Drive, Petersburg, VA 23805  
  [https://www.cvhsinc.org](https://www.cvhsinc.org)

- **Bremon Pharmacy**  
  804-288-8361  
  2024 Staples Mill Road, Richmond, VA 23230  
  [https://www.bremorx.com](https://www.bremorx.com)

- **Buford Road Pharmacy, Inc**  
  804-272-1423  
  2608 Buford Road, North Chesterfield, VA 23235  
  [http://www.bufordrx.com](http://www.bufordrx.com)

- **Lafayette Pharmacy, Inc.**  
  804-355-1777  
  1011 Lafayette Street, Richmond, VA 23221

- **McGuire Park Pharmacy, Inc.**  
  804-344-4444  
  2106 East Main Street, Richmond, VA 23223

- **Midlothian Apothecary**  
  804-794-5592  
  13502 Midlothian Turnpike, Midlothian, VA 23113  
  [https://www.midloapothecary.com](https://www.midloapothecary.com)
• Rite Aid
  804-230-6645
  1801 Hull Street, Richmond, VA 23224
  https://www.riteaid.com

• Westbury Apothecary
  804-285-3428
  8903 Three Chopt Road, Richmond, VA 23229
  https://www.westburyapothecary.com

Physicians/Family Medicine with Geriatric Focus
These doctors are physicians who specialize in providing medical advice and treatment of older adults. They have received more advanced training in the treatment and diagnosis of diseases relating to aging adults.

• Mansilla Medical Practice
  804-379-3100
  360 Browns Hill Court, Midlothian, VA 23114
  https://www.mansillamedicalpractice.com

• McGuire VA Medical Center
  Angela Gentili, MD
  804-675-5000
  1201 Broad Rock Boulevard, Richmond, VA 23224

• Primary Health Group – Johnston Willis
  804-320-1333
  1471 Johnston Willis Drive, North Chesterfield, VA 23235

• Swift Creek Family Care
  804-526-5850
  3628 Boulevard, Colonial Heights, VA 23834

• VCU Geriatrics
  804-354-8108
  2104 West Laburnum Ave, Richmond, VA 23227
  http://www.intmed.vcu.edu/about/institutes/vcuahm/index.html

Physician House Calls
These physicians will make house calls.

• Visiting Physicians Association
  804-687-4973
  855-803-9352
  6802 Paragon Place, Suite 410, Office 417, Richmond, VA 23230
  https://www.visitingphysicians.com

• VCU Health Geriatric and Continuum Services
  804-354-8108
  2104 West Laburnum Ave., Richmond, VA 23227
  https://www.intmed.vcu.edu/about/institutes/vcuahm/index.html
**Physician Referral Service**
These programs provide information regarding doctors and their specialties.

- **Bon Secors Richmond Call for Health**  
  804-359-9355

- **HCA Physician Referral**  
  804-320-3627  
  855-275-7555  
  [http://www.cjwmedical.com](http://www.cjwmedical.com)

- **Medical College of Virginia Associated Physicians**  
  Toll Free: 800-762-6161  
  [http://www.mcv.org](http://www.mcv.org)

**Prescription Assistance**
These organizations may be able to provide assistance and/or discounts for prescribed medications.

- **Medicare Prescription Drug Benefit**  
  800-633-4227  
  [https://www.medicare.gov](https://www.medicare.gov) (click on Prescription Drug Plan)

- **Senior Connections, The Capital Area Agency On Aging**  
  804-343-3000  
  Toll Free: 800-989-2286  
  24 East Cary Street, Richmond, VA 23219  
  [https://www.seniorconnections-va.org](https://www.seniorconnections-va.org)

**Ramps**

- **Amramp**  
  804-564-4973  
  800-649-5215  
  P. O. Box 4163, Glen Allen, VA 23058  
  [http://www.amramp.com](http://www.amramp.com)

- **Mobility Supercenter**  
  804-231-7774  
  866-202-8607  
  7450 Midlothian Turnpike, North Chesterfield, VA 23225  
  [https://www.mobilityworks.com](https://www.mobilityworks.com)

- **project:HOMES**  
  804-233-2827  
  88 Carnation Street, Richmond, VA 23225  
  [https://www.projecthomes.org](https://www.projecthomes.org)

- **RAMPS**  
  804-282-3605  
  1114 Westbriar Drive, Suite D, Richmond, VA 23238  
  [http://www.rampsrvca.org](http://www.rampsrvca.org)
Respite Referral
Some assisted living facilities may offer respite care. Adult day care centers also provide respite care. Temporary care for family caregivers may also be available through home-based care services.

- **Alzheimer’s Association of Greater Richmond**
  804-967-2580
  Helpline: 800-272-3900
  4600 Cox Road, Suite 130, Glen Allen, VA 23060
  [https://www.alz.org/grva](https://www.alz.org/grva)

- **Alzheimer’s Association Tri-Cities Branch**
  804-446-5860
  201 Temple Avenue, Suite E, Colonial Heights, VA 23834
  [https://www.alz.org/grva](https://www.alz.org/grva)

- **Chesterfield-Colonial Heights Department of Social Services**
  804-748-1100
  P. O. Box 430, 9501 Lucy Corr Circle, Chesterfield, VA 23832

- **Commonwealth Catholic Charities Independence for Seniors**
  804-545-5916
  1601 Rolling Hills Drive, Richmond, VA 23229
  [https://www.cccofva.org](https://www.cccofva.org)

- **Family Lifeline**
  804-282-4255
  2325 West Broad Street, Richmond, VA 23220
  [https://www.familylifeline.org](https://www.familylifeline.org)

- **Jewish Family Services**
  804-282-5644
  6718 Patterson Avenue, Richmond, VA 23226
  [https://www.jfsrichmond.org](https://www.jfsrichmond.org)

- **Senior Connections, The Capital Area Agency On Aging**
  804-343-3000
  800-989-2286
  24 East Cary Street, Richmond, VA 23219
  [https://www.seniorconnections-va.org](https://www.seniorconnections-va.org)

- **Virginia Department for Aging and Rehabilitation Services**
  804-662-7671
  Toll Free: 800-552-3402
  State information on Respite Providers or Programs
  1610 Forest Avenue, Suite 100, Henrico, VA 23229
  [https://www.vadars.org](https://www.vadars.org)
Senior Centers
These centers provide activities for individuals who want to get out and be active. Services vary with each program, as do the times the programs are offered. Services may include meals, social activities, and information or referral services. Some groups sponsor trips, card games, dances or other social activities.

- 50+ Active Lifestyle programs at Chesterfield Baptist Church
  804-339-2877
  16530 Hull Street Road, Mosley, VA 23120
  https://www.chesterfield.gov/activelifestyles

- 50+ Active Lifestyle programs at Huguenot Road Baptist Church
  804-212-8815
  10525 West Huguenot Road, North Chesterfield, VA 23235
  https://www.chesterfield.gov/activelifestyles

- Bensley Recreation Center
  804-768-7904
  2900 Drewrys Bluff Road, North Chesterfield, VA 23237
  https://www.chesterfield.gov/activelifestyles/parks

- Bon Air Presbyterian Church Friendship Café
  804-343-3000
  9201 W. Huguenot Rd, North Chesterfield, VA 23235

- dayBREAKS Adult Care Center
  804-419-0999
  2405 Dovercourt Drive, Midlothian, VA 23113
  https://www.daybreaksva.com

- Lifelong Learning Institute
  804-378-2527
  13801 Westfield Road, P. O. Box 1090, Midlothian, VA 23113
  http://www.llichesterfield.org

- Market Square Friendship Café
  804-343-3000
  7109 Bensley Commons Lane, North Chesterfield, VA 23237

- New Covenant Presbyterian Church Friendship Café
  804-343-3000
  6415 Irongate Drive, North Chesterfield, VA 23234

- Rockwood Village Friendship Café
  804-343-3000
  3901 Price Club Boulevard, Midlothian, VA 23112

- The Shepherd's Center of Chesterfield
  804-706-6689
  6800 Lucy Corr Boulevard, PO Drawer 170, Chesterfield, VA 23832
  https://www.shepcenter.org
YMCA
Chester: 804-748-9622
Manchester: 804-276-9622
Midlothian: 804-379-5668
Swift Creek: 804-595-9622

Senior Groups at Area Churches
Services vary with each program, as do the times the programs are offered. Some groups sponsor trips, card games, dances or other social activities.

- **Golden Age Fellowship – Clover Hill Baptist Church**
  804-745-0660
  3100 Courthouse Road, North Chesterfield, VA 23236
  [https://www.cloverhillbaptist.com](https://www.cloverhillbaptist.com)

- **Saint Gabriel Catholic Church**
  804-639-6712
  8901 Winterpock Road, Chesterfield, VA 23832

- **Older Adult Ministries and Healing Hearts**
  804-272-2072
  Huguenot Road Baptist Church, 10525 West Huguenot Road, North Chesterfield, VA 23235
  [https://www.hrbcrichmond.org](https://www.hrbcrichmond.org)

- **Providence Retired Club – Providence United Methodist Church**
  804-276-4289
  901 South Providence Road, North Chesterfield, VA 23236
  [http://www.providenceumc.net](http://www.providenceumc.net)

- **Reveille United Methodist Church**
  804-359-6041
  4200 Cary Street, Richmond, VA 23221
  [http://www.reveilleumc.org/leisure-club](http://www.reveilleumc.org/leisure-club)

- **St. Mathias Episcopal Church**
  804-272-8588
  11300 West Huguenot Road, Midlothian, VA 23113
  [https://www.stmatmidlo.com/](https://www.stmatmidlo.com/)

- **Salisbury Presbyterian Church (Senior Choir)**
  804-794-5311
  13621 West Salisbury Road, Midlothian, VA 23113
  [https://www.thesalisburychurch.org/](https://www.thesalisburychurch.org/)

- **Tabernacle Baptist Church**
  804-739-2169
  11521 Coalboro Road, Chesterfield, VA 23838
  [https://www.tbcchesterfield.org](https://www.tbcchesterfield.org)
• Women’s Guild  
  804-275-7962  
  St. Augustine’s Catholic Church, 4400 Beulah Road, North Chesterfield, VA 23237  
  http://www.staugustineparish.net

• Young Seniors – Second Branch Baptist Church  
  804-739-3460  
  12217 Second Branch Road, Chesterfield, VA 23838  
  https://www.secondbranch.org

Social Security  
Find answers to any questions regarding eligibility and benefits for Medicare and Social Security.

• Chesterfield Office  
  877-773-7231  
  TTY Toll Free: 800-325-0778  
  13551 Waterford Place, Midlothian, VA 23112

• Petersburg Office  
  877-803-6322  
  Toll Free: 800-325-0778  
  100 Poplar Drive, Petersburg, VA 23805

• Social Security District Office  
  866-679-7228  
  TTY Toll Free: 800-325-0778  
  Main number: 800-772-1213  
  1834 West Cary Street, Richmond, VA 23220  
  https://www.socialsecurity.gov or https://www.ssa.gov

Substance Abuse

• Alcoholics Anonymous  
  804-355-1212 (Phone Support & Meeting Information)  
  https://www.aarichmond.org

• Chesterfield Mental Health Support Services  
  Crisis Phone: 804-748-6356  
  PO Box 92, 6801 Lucy Corr Boulevard, Chesterfield, VA 23832  
  https://www.chesterfield.gov/ASAS

• The Daily Planet, Southside Community Health Center  
  804-292-3011  
  180 Belt Boulevard, Richmond, VA 23225  
  https://www.dailyplanetva.org

• The Healing Place  
  804-358-0964, ext. 114  
  700 Dinwiddie Avenue, Richmond, VA 23224  
  http://www.thehealingplace.com
Support Groups

These groups provide opportunities to receive information regarding specific health concerns. Some provide emotional support through counseling and general discussion.

- **AA Club House (Alcoholics Anonymous)**
  804-644-2095
  210 North Madison Street, Richmond, VA 23208

- **AlAnon/AlAteen Service Center**
  804-569-5155
  3600 West Broad Street, Suite 684, Richmond, VA 23230-4916
  [https://www.alanonrichmond.org](https://www.alanonrichmond.org)

- **Alcoholics Anonymous (Phone Support & Meeting Information)**
  804-355-1212
  [https://www.aarichmond.org](https://www.aarichmond.org)

- **ALS Support Group**
  804-297-1954
  Trinity United Methodist Church,
  **Contact: Christina Vargas**
  8100 Three Chopt Road, Suite 1217, Richmond, VA 23229
  Meets on Wednesday from 3:30 – 5:00 p.m.

- **Alzheimer’s Association, Greater Richmond Chapter**
  804-967-2580
  Toll Free: 800-272-3900
  4600 Cox Road, Suite 130, Glen Allen, VA 23060
  [https://www.alz.org/grva](https://www.alz.org/grva)

- **Alzheimer’s Association, Tri-Cities Branch**
  804-526-2359
  201 Temple Avenue, Suite E, Colonial Heights, VA 23834
  [https://www.alz.org/grva](https://www.alz.org/grva)

- **Alzheimer’s Support Groups**
  [www.alz.org/grva](http://www.alz.org/grva)
  Richmond area groups are contacted via the Alzheimer’s Chapter Office (804-967-2580)
  - Bon Air United Methodist Church
    804-967-2580
    Family Life Center, Blanchette Brown Room
    1645 Buford Road, North Chesterfield, VA 23235
    Meets on the third Tuesday at 2 p.m.
  - Brandermill Woods Health Care Center
804-967-2580
2100 Brandermill Parkway, Midlothian, VA 23112
Meets on the third Tuesday at 7 p.m.

- Lucy Corr
  804-967-2580
  6800 Lucy Corr Blvd, Chesterfield, VA 23832
  Meets on the third Tuesday at 7 p.m.

- New Life United Methodist Church
  804-967-2580
  900 Old Hundred Road, Midlothian, VA 23114
  Meets on the second Wednesday at 10 a.m.

- Petersburg Public Library
  804-733-2387
  201 W. Washington Street, Petersburg, VA 23803
  Meets on the second Wednesday at 4:00pm in the 1st floor conference room

- Second Branch Baptist Church
  804-967-2580
  12217 Second Branch Road, Chesterfield, VA 23838
  Meets on the first Tuesday at 10:30 a.m.

- American Cancer Society
  804-527-3700
  24-hour hotlineToll Free: 800-227-2345
  4240 Park Place Court, Glen Allen, VA 23060
  https://www.cancer.org

- American Diabetes Association
  804-225-8038
  888-DIABETES
  870 Greenbrier Circle, Suite 404, Chesapeake, VA 23320
  https://www.diabetes.org

- American Lung Association – The Better Breathers Club
  HealthSouth Rehabilitation Hospital of Petersburg,
  800-LUNGUSA
  95 Medical Park Boulevard, Petersburg, VA 23805
  http://www.lungva.org
  Meets on the fourth Wednesday at 4:30 p.m.

- Bereavement Support Group - Crater Community Hospice
  804-526-4300
  3916 South Crater Road, Petersburg, VA 23805
  Call for support group information.

- Breath Matters
  804-937-6855
  Chippenham Hospital, 7101 Jahnke Road, Richmond, VA 23235
  http://www.breathmatters.org
• Care and Concern Group  
804-318-8624  
Mental Health Support Services, 6801 Lucy Corr Blvd, Chesterfield, VA 23832  
Meets Mondays from 6:00 p.m. – 7:30 p.m.

• Caregiver Connection  
804-768-7878  
6800 Lucy Corr Boulevard, Chesterfield, VA 23832  
https://www.chesterfield.gov/seniorevents  
Meets on the first Tuesday at 4 p.m.

• Central Virginia Post-Polio Support Group  
804-740-6833  
1803 Aston Lane, Richmond, VA 23238  
https://www.cvpppsg.org

• Compassionate Friends Support Group  
804-458-9000  
St. Matthias Episcopal Church, 11300 West Huguenot Rd, Midlothian, VA 23113  
For parents who have lost a child - Meets the last Tuesday of each month at 7:00 p.m.

• Frontotemporal Degeneration - FTS Caregiver Support Meeting  
Trinity Unity Methodist Church, Library (Room 311)  
903 Forest Avenue, Henrico, VA 23229  
Contacts: Barbara Pickels, email airymount@comcast.net : 804-248-6848  
Angie Phelon, email aphelon@youraaa.org : 804-343-3045  
Meets the third Thursday of each month from 2:00 - 4:00 p.m.

• Greater Richmond Amputee Support Group  
804-649-9043  
2034 Dabney Road, Suite C, Richmond, VA 23230  
http://www.facebook.com/GreaterRichmondAmputeeSupportGroup.com;  
https://www/powelloandp.com

• Healing Hearts (Widow(ers) Support Group)  
804-272-2072  
10525 West Huguenot Road, North Chesterfield, VA 23235  
https://www.hrbcrichmond.org

• Kinship/Grandparent Connection  
804-768-7878  
9800 Government Center Parkway,P. O. Box 40, Chesterfield, VA 23832  
For grandparents raising grandchildren, and other kin raising a child.  
Meets on the third Thursday from 4:30-6:00 p.m.; third Monday from 9:30-11:00 a.m.

• Multiple Sclerosis Support Group  
804-739-8488  
North Courthouse Road Library, 325 Courthouse Road  
804-794-7589  
North Chesterfield, VA 23236  
Email: smyelinms@gmail.com  
Meets the 3rd Wednesday of each month from 12:00 – 2:00 p.m.
• **National Alliance for the Mentally Ill – Central Virginia**  
  804-285-1749  
  1904 Byrd Avenue, Suite 207  
  P. O. Box 18086, Richmond, VA 23226  
  [http://www.namicentralvirginia.org](http://www.namicentralvirginia.org)

• **Parkinson’s Disease Support Group**  
  804-355-5717  
  Circle Center Adult Day Services  
  4900 West Marshall Street, Richmond, VA 23230  
  [https://www.circlecenterads.org](https://www.circlecenterads.org)

• **Prostate Cancer Group**  
  804-346-4407  
  Ridge Baptist Church, 1515 Eastridge Road, Henrico, VA 23229  
  Contact: Peter Moon  
  [https://www.rvaprostatecancersupport.org](https://www.rvaprostatecancersupport.org)  
  Meets on the third Thursday of each month at 7:00 p.m.

• **Richmond Aphasia Support** (brain injury)  
  804-908-3261  
  Wells Coleman building, Training Room 100, Monument Corporate Center,  
  5400 Monument Avenue, Richmond, VA 23230  
  Contact: Susan Hapala, [www.rva.aphasia.com](http://www.rva.aphasia.com)  
  Meets on the second Thursday at 6:00 p.m.

• **Richmond Well Spouse Support Group**  
  804-545-4952  
  Parham Doctor’s Hospital  
  7700 East Parham Road, Suite 120, Richmond, VA 23294  
  Contact: Kathy Jarrell at Kathy.jarrell@hcahealthcare.com  
  Meets on the second Tuesday night of each month, from 7-9 p.m.

• **TGIF: Through Grief in Friendship**  
  804-739-4535  
  Woodlake United Methodist Church  
  6601 Woodlake Village Parkway, Midlothian, VA 23112  
  Contact: Cathy Frazier

• **Virginia Mid-Atlantic Chapter Paralyzed Veterans of America**  
  804-378-0017  
  Toll Free: 800-852-7639  
  11620 Busy Street, North Chesterfield, VA 23236  

• **YWCA Women’s Victim Advocacy, Greater Richmond Regional Hotline**  
  804-612-6126  
  804-643-6761  
  6 North 5th Street, Richmond, VA 23219  
  Email: Info@ywcarichmond.org  
  [https://www.ywcarichmond.org](https://www.ywcarichmond.org)
YWCA Women’s Victim Advocacy – Chesterfield
804-643-6761. Ext 119
https://www.ywcarichmond.org
Contact: Ryan E. Morris, MSW, Director of Advocacy and Outreach
www.rmorris@ywcarichmond.org

Tax Assistance
These programs help you complete your taxes and provide you information regarding your tax return.

- AARP
  https://www.aarp.org
  888-687-2277
  Also: www.local.aarp.org/chesterfield-va/

- Real Estate Tax Relief (Chesterfield County)
  804-748-1281
  https://www.Chesterfield.gov/1143/Tax-Relief

- Commissioner of the Revenue
  804-748-1281
  P. O. Box 124, 9901 Lori Road, Chesterfield, VA 23832
  https://www.chesterfield.gov/310/Commissioner-of-the-Revenue

Technology

- Chesterfield County Parks and Recreation
  804-748-1623
  P. O. Box 40, 6801 Mimms Loop, Chesterfield, VA 23832
  https://www.chesterfield.gov/150/Parks-Recreation

- Chesterfield County Public Libraries
  804-751-2275
  P. O. Box 297, 9501 Lori Road, Chesterfield, VA 23832
  https://www.library.chesterfield.gov

- Lifelong Learning Institute of Chesterfield
  804-378-2527
  P. O. Box 1090, 13801 Westfield Road, Midlothian, VA 23113
  http://www.llichesterfield.org

- Senior Connections, The Capital Area Agency on Aging
  804-343-3000
  24 East Cary Street, Richmond, VA 23219
  https://www.seniorconnections-va.org

- Thinking CAP Technologies
  804-928-3689
  7305 Hancock Village Drive, Suite 508, Chesterfield, VA 23832
  http://www.thinkingcaptechnologies.com
Telephone Numbers
These toll-free numbers may be beneficial to older adults or adults with disabilities.

- 211 Virginia
  800-230-6977

- General Telephone Information
  800-555-1212

- AARP
  800-424-3410

- American Council of the Blind
  800-424-8666

- American Speech Language Hearing Association
  800-638-8255

- Arthritis Foundation – Mid Atlantic Region
  800-456-4687

- Cancer Information Service and Hotline
  800-422-6237

- Central VA Legal Aid Society & Farm Workers Legal Assistance Project
  800-868-1012

- Child Help National Abuse Hotline
  800-422-4453

- Disability Law Center
  800-552-3962

- Elder Abuse, Adult Protective Services – VA
  888-832-3858

- Eldercare Locator
  800-677-1116
  https://www.eldercare.acl.gov

- General Electric Healthcare Accessories and Supplies
  866-281-7545
  https://www.gehealthcare.com

- Internal Revenue Service
  800-829-1040

- Library Resource Center – VA Dept. for the Blind & Vision Impaired
  800-552-7015
• Long-Term Care Ombudsman, Senior Connections
  804-343-3000
  800-989-2286
  https://www.seniorconnections-va.org/

• Office of Equal Employment Services, Dept. of Human Resource Management
  800-533-1414
  804-225-2131
  https://www.dhrm.virginia.gov

• Sickle Cell Disease Association of America
  800-421-8453

• Social Security
  800-772-1213
  https://www.ssa.gov

• Virginia Department for Aging and Rehabilitative Services
  800-552-5019
  https://www.vadars.org

• Virginia Department for Deaf and Hard of Hearing
  800-552-7917
  https://www.vddhh.org

• Virginia Dept. of Social Services
  Adult Protective Services Elder Abuse Hotline
  888-832-3858
  Child Protective Services, Abuse & Neglect Hotline
  804-786-8536
  https://www.dss.virginia.gov

• Virginia Lawyer Referral
  800-552-7977

Transportation
These programs provide transportation to individuals who cannot use public transportation or need special assistance. Fees may be charged. Check with the provider and your insurance carrier for details.

• American Cancer Society
  800-227-2345
  For cancer patients to and from treatment and medical appointments
  804-527-3700
  https://www.cancer.org

• American Red Cross Transportation
  804-780-2298
  420 East Cary Street, Richmond, VA 23219
  Subject to qualifications and for medical appointments only. Requires two weeks’ notice for new clients. https://www.redcross.org or https://www.redcross.org/local/virginia
• Angels for Hire  
  804-929-8297

• Caring Companions  
  804-323-6900

• EMS Passport, Chesterfield Fire/EMS  
  804-768-7524  
  Subscription program to help eliminate out-of-pocket patient expenses, such as health insurance co-payments and deductibles, when ambulance transportation is required.  
  P. O. Box 1658, Chesterfield, VA 23832

• Grace Transportation  
  804-399-1205  
  Wheelchair or ambulatory transports.

• LogistiCare  
  866-386-8331  
  Wheelchair equipped, 48 hours advance notice. Medicaid participants only.

• Mobility Services  
  804-706-2796  
  9800 Government Center Pkwy, P. O. Box 40, Chesterfield, VA 23832  
  Must be registered prior to using the service.  
  https://www.chesterfield.gov/mobilityservices

• The Shepherd’s Center of Chesterfield  
  804-706-6689  
  6800 Lucy Corr Boulevard, Chesterfield, VA 23832  
  Five days’ notice. Call 9:00 am to 1:00 pm. Free accompanied transportation.  
  https://www.shepcenter.org

• The Shepherd’s Center of Richmond  
  804-355-7282  
  3111 Northside Avenue, Suite 400, Richmond, VA 23228  
  Not wheelchair accessible, one-week notice; minimum age 60.  
  Chesterfield Zips 23235, 23236, 23225, 23224  
  http://www.tscor.org

• Tendercare of Virginia, Inc.  
  804-288-8763  
  14064 Little Bear Court, Montpelier, VA 23192  
  Non-emergency medical transportation for wheelchairs and stretchers.  
  http://www.tendercareofva.com

• TNT Transportation Services  
  804-270-3258  
  http://www.tntvans.com  
  Wheelchair equipped, 24 hours advanced notice.
• Van Go, Inc. of Richmond  
   804-261-7388  |  5805 School Avenue, Richmond, VA 23228  
   Wheelchair equipped, one day advanced notice.

• VIP & Associates  
   804-421-2500  |  P. O. Box 26191, Richmond, VA 23260  
   Wheelchair equipped, one to two days’ notice. M-F 8:00 am-4:00 pm.

• Yur-Way Transportation, LLC  
   804-334-2607  
   Wheelchair equipped, 2 days advanced notice.

Veterans

These organizations provide services to military veterans.

• AmVets  
   Donation only 804-231-7150  
   5432 Midlothian Turnpike, Richmond, VA 23225  
   Assistance Directory 301-459-9600  
   https://www.amvets.org

• McGuire's Hospital, The VA Hospital  
   804-675-6546  
   Hunter Holmes McGuire Department of Veterans Services Office  
   1201 Broad Rock Boulevard, Richmond, VA 23249  
   https://www.dvs.virginia.gov

• Sportable  
   804-340-2991  
   1365 Overbrook Road, Suite 2, Richmond, VA 23220  
   https://www.sportable.org

• Veterans Affairs Department of Benefits & Claims  
   800-827-1000  
   https://www.va.gov

• Veterans Affairs Department of Education Benefits  
   888-442-4551  
   https://www.va.gov

• Veterans Cemeteries  
   804-675-6546  
   Provides Information on 6 federal cemeteries in this area  
   https://www.cem.va.gov

• Virginia Department of Veterans Services  
   804-786-0286  
   Office of the Commissioner, James Monroe Bldg.  
   101 N. 14th Street (17th floor), Richmond, VA 23219, https://www.dvs.virginia.gov
Vision Services
These programs offer special services or devices to aid the visually impaired.

• **American Council for the Blind in Washington DC**
  Toll Free: 800-424-8666
  1703 N Beauregard Street, Suite 420, Alexandria, VA 22311
  [https://www.acb.org](https://www.acb.org)

• **Chesterfield-Colonial Heights Department of Social Services**
  804-748-1100
  9501 Lucy Corr Circle, P. O. Box 430, Chesterfield, VA 23832
  (Ask for Assessment & Resource Team: ART)
  [https://www.chesterfield.gov/569/Social-Services](https://www.chesterfield.gov/569/Social-Services)

• **Lions Club (Call Chesterfield Social Services)**
  804-748-1100
  [https://www.lionsclubs.org](https://www.lionsclubs.org)

• **National Eye Care Project (Eye Care America)**
  877-887-6327
  [http://www.eyecareamerica.org](http://www.eyecareamerica.org)

• **VCU Medical Center**
  804-828-0428
  Nelson Clinic, 401 North 11th Street, 4th Floor, P. O. Box 980438, Richmond, VA 23298
  [https://www.vcuhealth.org](https://www.vcuhealth.org)

• **Virginia Department for the Blind & Vision Impaired**
  804-371-3140
  Toll Free: 800-622-2155
  397 Azalea Avenue, Richmond, VA 23227
  [https://www.vdbvi.org](https://www.vdbvi.org)

• **The Virginia Voice**
  804-266-2477
  395 Azalea Avenue, P. O. Box 15546, Richmond, VA 23227
  Provides oral readings of various materials via internet and closed-circuit radio broadcast to vision impaired; no fee to qualified applicants.
  [https://www.virginiavoice.org](https://www.virginiavoice.org)
Volunteer Opportunities
These programs offer opportunities for volunteer service. Contact local hospitals, hospices, assisted living facilities, nursing homes and support groups for more opportunities.

- **AARP**
  888-687-2277  
  [https://states.aarp.org/virginia/](https://states.aarp.org/virginia/)

- **American Red Cross**
  804-780-2250  
  420 East Cary Street, Richmond, VA 23219
  [https://www.redcross.org/local/virginia](https://www.redcross.org/local/virginia)

- **Chesterfield-Colonial Heights Department of Social Services**
  804-748-1100  
  9501 Lucy Corr Circle, P. O. Box 430, Chesterfield, VA 23832
  [https://www.chesterfield.gov/569/Social-Services](https://www.chesterfield.gov/569/Social-Services)

- **Chesterfield County Office of Aging & Disability Services**
  804-768-7878  
  9800 Government Center Parkway, P. O. Box 40, Chesterfield, VA 23832
  [https://www.chesterfield.gov/213/Volunteer-Opportunities](https://www.chesterfield.gov/213/Volunteer-Opportunities)

- **Chesterfield County Parks & Recreation Department**
  804-748-1623  
  6801 Mimms Loop, P. O. Box 40, Chesterfield, VA 23832
  [https://www.chesterfield.gov/1072/Volunteering](https://www.chesterfield.gov/1072/Volunteering)

- **Chesterfield County Volunteer Coordinator**
  804-751-4142  
  Human Resource Management, P.O. Box 40, Chesterfield, VA 23832
  [https://www.chesterfield.gov/volunteer](https://www.chesterfield.gov/volunteer)

- **CJW Medical Center**
  - **Chippenham Campus, Volunteer Services**  
    804-483-3257  
    7101 Jahnke Road, Richmond, VA 23225
  - **Johnston-Willis Campus, Director of Volunteers**  
    804-483-5081  
    1401 Johnston Willis Drive, North Chesterfield, VA 23235
  [https://www.HCAVirginia.com](https://www.HCAVirginia.com)

- **Commonwealth Catholic Charities Independence for Seniors**
  804-545-5916  
  1601 Rolling Hills Drive, Richmond, VA 23229
  [https://www.cccofva.org](https://www.cccofva.org)

- **Crater District Area Agency on Aging**
  804-732-7020  
  23 Seyler Drive, Petersburg, VA 23805
• Lifelong Learning Institute
  804-378-2527
  13801 Westfield Road, P. O. Box 1090, Midlothian, VA 23113
  http://www.llichesterfield.org

• Lucy Corr
  804-748-1511
  6800 Lucy Corr Boulevard, Chesterfield, VA 23832
  https://www.lucycorr.org

• Meals on Wheels of Greater Richmond (Feed More)
  804-521-2500
  1415 Rhoadmiller Street, Richmond, VA 23220
  https://feedmore.org/how-we-help/meals-on-wheels/

• Pocahontas State Park
  804-796-4255
  10301 State Park Road, Chesterfield, VA 23832
  https://www.virgiastihestateparks.gov

• Retired and Senior Volunteer Program (RSVP)
  804-343-3000
  Senior Connections, 24 East Cary Street, Richmond, VA 23219
  https://www.seniorconnections-va.org

• Retired and Senior Volunteer Program (RSVP) Petersburg
  804-861-1767
  23 Seyler Drive, Petersburg, VA 23805

• Senior Connections, The Capital Area Agency on Aging
  804-343-3000
  800-989-2286
  24 East Cary Street, Richmond, VA 23219
  https://www.seniorconnections-va.org

• St. Francis Medical Center
  804-594-7807
  13710 St. Francis Boulevard, Midlothian, VA 23114
  http://bonsecours.com/richmond/community-commitment/volunteer

• The Shepherd’s Center of Chesterfield
  804-706-9198
  6800 Lucy Corr Boulevard, Chesterfield, VA 23832
  https://www.shepcenter.org

• Virginia Voice
  804-266-2477
  395 Azalea Avenue, P. O. Box 15546, Richmond, VA 23227
  https://www.virginiavoice.org
Voter Registration
It is everyone’s right and privilege to vote. Contact the registrar’s office to learn how to cast a proxy vote if you are unable to go to the voting sites.

- **General Registrar’s Office – Chesterfield County**
  804-748-1471
  9848 Lori Road, P.O. Box 1690, Chesterfield, VA 23832
  [https://www.chesterfield.gov/registrar](https://www.chesterfield.gov/registrar)

Websites
These are additional websites that may not have been previously listed in this directory.

- **211 Virginia**
  [http://www.211virginia.org](http://www.211virginia.org)

- **AARP**
  [https://www.aarp.org](https://www.aarp.org)

- **Administration for Community Living**
  [https://www.acl.gov](https://www.acl.gov)

- **Alzheimer’s Association, Richmond Chapter**
  [https://www.alz.org/grva](https://www.alz.org/grva)

- **Arc of Virginia**
  [https://www.thearcofva.org](https://www.thearcofva.org)

- **Centers for Disease Control & Prevention**
  [https://www.cdc.gov](https://www.cdc.gov)

- **Centers for Medicare and Medicaid Services**
  [https://www.cms.gov](https://www.cms.gov)

- **Chesterfield Council on Aging**
  [https://www.chesterfield.gov/councilonaging](https://www.chesterfield.gov/councilonaging)

- **Chesterfield County Government**
  [https://www.chesterfield.gov](https://www.chesterfield.gov)

- **Chesterfield Aging & Disability Services**
  [https://www.chesterfield.gov/188/Aging-Disability-Services](https://www.chesterfield.gov/188/Aging-Disability-Services)

- **Chesterfield Triad**
  [https://www.chesterfield.gov/triad](https://www.chesterfield.gov/triad)

- **Consumer Information**
  [https://www.ftc.gov/bcp/consumer.shtm](https://www.ftc.gov/bcp/consumer.shtm)

- **disAbility Law Center of Virginia**
  [https://www.dlcv.org](https://www.dlcv.org)
• Eldernet  
  https://www.eldernet.com

• Families USA  
  https://www.familiesusa.org

• Food Safety  
  https://www.foodsafety.gov

• HCA VA Health System  
  https://www.hcavirginiahealthsystem.com  
  7300 Beaufont Springs Dr, Suite 101, Richmond, VA 23225

• Medicare  
  https://www.medicare.gov

• Medications  

• National Council on Aging  
  https://www.ncoa.org

• National Health Information  
  https://www.healthfinder.gov

• National Institutes of Health  
  https://www.health.nih.gov

• Partnership for People with Disabilities  
  https://www.vcu.edu/partnership

• Senior Connections, The Capital Area Agency on Aging  
  https://www.seniorconnections-va.org

• Seniors Guide  
  https://www.SeniorsGuide.com

• SeniorNavigator  
  https://www.seniornavigator.org

• Social Security Administration  
  https://www.ssa.gov

• U.S. Government  
  https://www.usa.gov

• VCU-Virginia Center on Aging  
  https://www.vcu.edu/vcoa

• Virginia’s Network for Healthy Aging  
  http://www.vaaaa.org
• Virginia Association of Community Services Boards (VACSB)
  https://www.vacsb.org

• Virginia Board for People with Disabilities
  https://www.vaboard.org

• Virginia Center on Aging
  https://www.vcu.edu/vcoa

• Virginia Department for Aging and Rehabilitative Svcs.
  https://www.vadars.org

• Virginia Easy Access
  http://www.easyaccess.virginia.gov

• Virginia Assistive Technology System (VATS)
  http://www.vats.org