

Chesterfield County  
**Connected & Caring**

**Monthly News & Updates**  
from Chesterfield County's Human Services Division  
Volume 1 Issue 7 | July 2021



### **Dr. Worsley's Wise Words**

With the start of July, we have quickly approached the halfway point of 2021. In recent months we have seen rapid changes, especially with the rollout of the COVID-19 vaccination efforts and scaling back strict protocols such as mask wearing. As restrictions have been scaled back we have noticed how important self-care is and the ability for people to re-connect. Throughout the pandemic we may have been laser-focused on certain task but we also

wanted to make sure our loved ones were safe, for some that meant total isolation and others connecting strictly over a computer screen. As we have eased back into a more "normal" atmosphere there is still a sense of concern and a recalibration. The notion of self-care is more important than ever, Chesterfield has many ways to suggest where to start through our [Health and Well Being](https://www.chesterfield.gov/153/Health-Well-Being) [<https://www.chesterfield.gov/153/Health-Well-Being>] webpage. Maybe a new class, a walk in the park or a call for assistance is the perfect place to begin, all of that can be found through this portal. Did you know that July is Park and Recreation month? You can also visit the [Chesterfield County Parks and Recreation](https://www.chesterfield.gov/150/Parks-Recreation) [<https://www.chesterfield.gov/150/Parks-Recreation>] website to learn more about programs, facilities, parks and other amenities.

I have found for me, spending quality family time is my best version of care for myself. Taking time to be with my wife and children I am able to recharge my batteries and be able to dedicate myself each day to my role. Now, we are excited to also be able to visit extended family later this summer, many that we have not seen in person over the course of the pandemic. While we are still cautious we know that engagement and connectivity is good for our health.

## **Citizen Information and Resources**

### **Sharing Practices of International Cultures Through Engagement Cultural Festival Coming in August**

Chesterfield County and the [Perkinson Center for the Arts & Education](https://www.perkinsoncenter.org/) [<https://www.perkinsoncenter.org/>] are excited to announce the inaugural Chesterfield [Sharing Practices of International Cultures through Engagement \(SPICE\) Cultural Festival](https://www.chesterfield.gov/5404/SPICE-Cultural-Festival) [<https://www.chesterfield.gov/5404/SPICE-Cultural-Festival>], a free community event celebrating diversity and multiculturalism through the arts!

Enjoy live music, art gallery shows, cultural performances, guest speakers, hands-on crafts for youth and more! Food trucks featuring international cuisine will be onsite.

The SPICE Cultural Festival will be held on Friday, Aug. 13, 6-9 p.m., and Saturday, Aug. 14, 10 a.m.-5 p.m., at the Perkinson Center, located at 11810 Centre Street, Chester, VA 23831. More details regarding the schedule of events will be released soon.

For festival inquiries, contact [CfieldSPICE@chesterfield.gov](mailto:CfieldSPICE@chesterfield.gov) [<mailto:CfieldSPICE@chesterfield.gov>].

Visit [Multicultural Services](https://www.chesterfield.gov/1165/Multicultural-Services) [<https://www.chesterfield.gov/1165/Multicultural-Services>], part of the [Citizen Information and Resources Department](https://www.chesterfield.gov/857/Citizen-Information-Resources) [<https://www.chesterfield.gov/857/Citizen-Information-Resources>], for more information on additional multicultural resources, services and events.



### **County to Honor Local Centenarians at September Board of Supervisors Meeting**

Do you know someone living in Chesterfield County who will be 100 years of age or older this year? The Chesterfield County Department of Citizen Information and Resources, Office of Aging & Disability Services, is proud to honor centenarians during the Wednesday, Sept. 22, 2021 Board of Supervisors meeting. To fully acknowledge the distinctive experiences and achievements of our centenarians, we want to learn about their lives well-lived. If we have honored or recognized a centenarian before, we want to continue to acknowledge their achieving centenarian status as each year over age 100 is a remarkable milestone!

Please visit [our website](https://www.chesterfield.gov/Centenarian) [<https://www.chesterfield.gov/Centenarian>] for further program information. For additional questions about this program, contact the Office of Aging & Disability Services at 804-768-7878 or by [email](mailto:AgingServices@chesterfield.gov) [[http://AgingServices@chesterfield.gov](mailto:AgingServices@chesterfield.gov)].

### **Now Accepting Applications for Youth Vendors at the Chesterfield County Farmer's Market**

Do you know a Chesterfield youth who would like an opportunity to sell their creations? If so, have them submit an application to be a vendor at the Chesterfield County Farmer's Market on Wednesday, Aug. 18 for Youth Vendor Day! This opportunity is open to rising 5th graders and older (up to 18 years of age). Applications are due by Wednesday, July 28. [Learn more and submit an application.](http://tiny.cc/cfioldyouthmarket) [<http://tiny.cc/cfioldyouthmarket>]



## Calling all young creators!

Would you like an opportunity to sell your items?

**Submit an application to be a vendor at the  
Chesterfield County Farmer's Market  
on August 18!**

Visit <http://tiny.cc/cfielyouthmarket> or use the  
QR code for more information and to apply.

Applications due by July 28.



## Court Partners

### CCS Celebrating Pretrial, Probation and Parole Supervision Week

Governor Ralph Northam recently recognized July 18-24, 2021 as Pretrial, Probation and Parole Supervision Week. In his proclamation he recognized the work of pretrial services, probation and parole agencies. The proclamation states pretrial services, probation and parole agencies:

- play a crucial role in the public safety system;
- utilize evidence-based practices resulting in an increase in court appearance rates and reduced recidivism rate, ultimately enhancing public safety;
- facilitate positive change and outcomes for defendants and returning residents through advocacy and connection to the necessary resources they need to become productive community members.

Chesterfield County Pretrial and Community Corrections Services (CCS) will have a week of celebration to honor the work of the Pretrial and Probation officers.

CCS will also host a lunch in honor of the current staff and the following:

**Previous CCS Leadership:** Glen Peterson, Andrew Molloy, Kristina Bryant and Tisha Skinner

**Retirees:** MaryBeth Moehl, Pat Walters and Patricia Young

**Promotions to local CCS Directors:** Denise Waff and Donald Williamson

**CCS staff who started a new journey during the pandemic:** Susan Wellborn, Lori Henley and Melissa Woodard

Interesting fact about Probation in America:

Probation first developed in the United States when John Augustus, a Boston cobbler, persuaded a judge in the Boston Police Court in 1841 to give him custody of a convicted offender (convicted of being a drunkard) for a brief period and then helped the man to appear rehabilitated by the time of sentencing.

## Mental Health Support Services

### Wellness Workshops for Those Who Care for Others

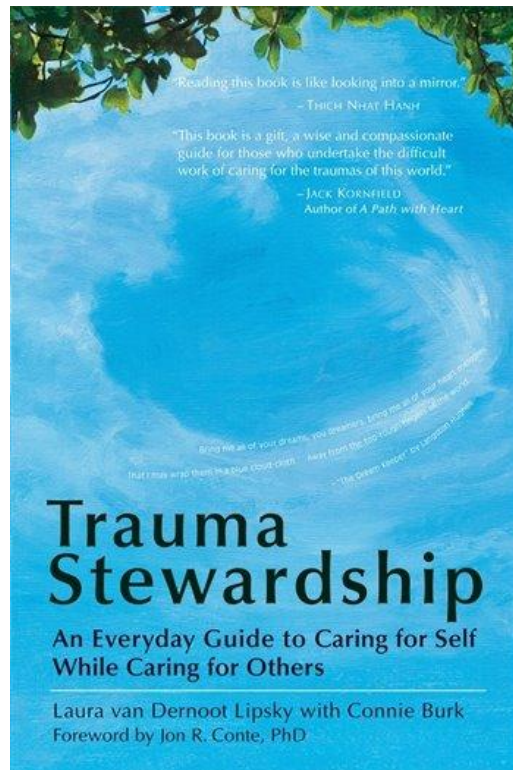
Chesterfield County Mental Health Support  
Services' Prevention Service Program has teamed



up with the Chesterfield County Learning and Performance Center to offer a variety of workshops to county employees focused on self-care, wellness and parenting strategies. Solid wellness practices are necessary to be able to serve and support others while protecting and nurturing our own internal resources and strength.

**Stress Management** is a presentation about practical techniques to help reduce and cope with the stress of daily life. **Trauma Stewardship** is a discussion based on the book of the same title by Laura van Dernoot Lipsky and Connie Burk. Participants will learn how to identify, select and integrate small changes that can help them deal more positively with the impact of others' trauma and hardship on themselves. Parenting strategies workshops include **Promoting Diversity and Inclusion, Recognizing and Responding to Mental Health Concerns in Youth** and **Managing Children's Challenging Behaviors**. County employees can learn more about these programs and register through uLearn.

Prevention Services can also provide these and other workshops to Chesterfield County businesses, nonprofits, faith communities and community groups. Contact Melissa Ackley at 804-706-2010 or by [email](mailto:ackleym@chesterfield.gov) [[http://ackleym@chesterfield.gov/](mailto:ackleym@chesterfield.gov)] for more information. Visit the [Prevention Programs webpage](https://www.chesterfield.gov/889/Prevention-Programs) [<https://www.chesterfield.gov/889/Prevention-Programs>] for a current schedule of programs that are open to the public.



## Wellness Corner

### Volunteering Isn't Just Good for the Community

As the world begins to re-open that means many organizations are able to utilize volunteers to support their mission again. Did you know that volunteering doesn't just benefit our community? It's also great for your health! According to the [Mayo Clinic](https://www.mayoclinichealthsystem.org/hometown-health/speaking-of-health/helping-people-changing-lives-the-6-health-benefits-of-volunteering) [<https://www.mayoclinichealthsystem.org/hometown-health/speaking-of-health/helping-people-changing-lives-the-6-health-benefits-of-volunteering>], volunteering reduces your risk of depression, reduces stress levels, and can even help you live longer. So do yourself (and our community) a favor and get out there! Visit [Hands on Greater Richmond](https://www.handsonrva.org/) [<https://www.handsonrva.org/>] for volunteer opportunities in the area.

DO GOOD  
Feel Good

## Nonprofit Corner

**Homeward** is hosting the summer point-in-time count of people experiencing homelessness on Thursday, July 22. We will speak with people in shelters or living outdoors to understand their service needs. In addition to demographic data, we will be asking about the impact of COVID-19 and evictions.

**Latinos in Virginia** has launched a trauma informed Spanish/English interpreter bank for Victims of Violence! Any agency that serves victims who are in need of Spanish/English interpretation is encouraged to [apply for this free resource](#).

**Boys to Men** has open boys mentoring circles this summer (ages 12-17):

- Saturday, July 10, 10 a.m.-1 p.m. at Forest Hill Park
  - Saturday, July 24, 10 a.m.-1 p.m. at Forest Hill Park
- They also have a mentor recruitment drive on Saturday, July 24 at 9 a.m. at the park prior to the circle. Email [Warren McCrickard](#) for more information.

**SAFE** has a position available for an African American Coalition Coordinator/Prevention Specialist. Have interested candidates send resume to [safe@chesterfieldsafe.org](mailto:safe@chesterfieldsafe.org).

**Unite Virginia**, a provider-facing, coordinated care and closed loop electronic referral network, launched more than 170 new organizations in this network on June 8! Thirty-five of those organizations call Chesterfield/Tri-Cities area home.

**Senior Connections** Friendship Cafes are slowly reopening in July and plan to have all cafes open by September. Mental Health First Aid classes will begin in person in the near future. Active Aging Week will be first week of October.

**United Way of Greater Richmond & Petersburg** has some new initiatives including:


- Women Rise, childcare scholarships for mothers attending higher education
  - Ride United, free rides to COVID-19 vaccinations
  - Network2Work, a jobs platform that connects job seekers to employers and service providers to help address barriers to employment
- More information on these and other programs can be found at [www.yourunitedway.org](http://www.yourunitedway.org).


## For More Information


### Caring & Connected Newsletter Team

- **Citizen Information and Resources:** [Ellen Costlow](#), community engagement coordinator - youth services
- **Community Corrections Services:** [JoAnn McLaurin-Carpenter](#), assistant director
- **Drug Courts:** [Melanie Meadows](#), administrator
- **Juvenile Justice Services:** [Justin Crostic](#), program administrator for treatment programs & detention alternatives
- **Mental Health Support Services:** [Jaroslaw Muchowski](#), assistant director of administration and planning
- **Social Services:** [Kiva Rogers](#), director

**Subscribe to receive the  
Connected & Caring newsletter**

 Share on Facebook

 Share on Twitter

 Share via Email

Copyright 2021 Chesterfield County. All Rights Reserved.  
9901 Lori Road, Chesterfield, VA 23832

Powered by  
 CIVICSEND  
A Product of Civisense

