

Chesterfield County Fatherhood Initiative

Presents

Father Matters

Wednesday's from 6 p.m. -7:30 p.m.

Location-Community Development Building

9800 Government Center Parkway

Chesterfield, VA 23832

- The Father Matters group is open to men who are in a father role of a child of any age
- Meetings are held throughout the year on Wednesday evenings from 6 p.m. to 7:30 pm
- There is no cost, only time and the desire to be a good dad
- Participants graduate from the program after completing 14 sessions
- Topics are based on the evidence-based "Fatherhood Development Program" by Dr. Jeffrey M. Johnson, and include:
 - Personal Development: what is a man, values and self-sufficiency
 - Life Skills: communication, decision-making, goals and barriers to success, and dealing with stress
 - Fatherhood: being a positive role model for your children, adventures and challenges of parenting, child development, discipline and children's needs, relationships and co-parenting
 - Legal issues, paternity and child support
 - Men's Health and Relationships

To register or for more information contact:

Patricia Vaughan at 804-720-6724 (vaughanp@chesterfield.gov)

"My father gave me the greatest gift anyone could give another person, he believed in me." - Jim Valvano



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