



**CHESTERFIELD PREVENTION
SERVICES PRESENTS:**

PARENT/FAMILY CONSULTS

**Parents may meet in person, by phone or
virtual chat with a Family Consultant at no
cost to discuss parenting concerns.**

TOPICS CAN INCLUDE:

**PARENTING STRESS
EFFECTIVE DISCIPLINE
FOLLOWING DIRECTIONS
BEDTIME
TANTRUMS
HELPING OUT AROUND THE HOUSE
COMMUNICATION
HEALTHY RELATIONSHIPS
PREVENTING RISKY BEHAVIORS
MANAGING STRONG FEELINGS**

**For more information or to schedule an
appointment
Contact Prevention Services (804) 768-7212
or email
MHMRSA-Prevention@chesterfield.gov**