



# Chesterfield County, Virginia

## Department of Parks and Recreation

P.O. Box 40 – Chesterfield, VA 23832-0040  
804-748-1623 – Fax: 804-751-4131 – [www.chesterfield.gov/parks](http://www.chesterfield.gov/parks)



### **Chesterfield County Parks and Recreation Guidelines Relating to COVID-19 for Athletic Facilities**

Chesterfield County Parks and Recreation is committed to ensuring the health and safety of all citizens as we respond to the constantly changing situation surrounding COVID-19. The Department is continuing to take appropriate actions consistent with directives from the Virginia Governor's Office, CDC, and the Virginia Department of Health.

All questions related to COVID-19's impact on athletic programs should be directed to either the Athletics Manager, Bill Carlson at 241-8485 or the Assistant Director of Recreation, Bob Smet at 748-1623.

Co-sponsored groups, leagues, organizations and rental groups:

- Will receive updated guidance as it is received by the department
- Sign and acknowledge Return to Play Protocols (shown on page 9) and distribute to all teams, managers, coaches, players/parents, officials/referees prior to the resumption of activities. All organizations must comply with these protocols as well as all state and local orders and regulations
  - Signed protocols should be emailed back to Ronnie Hobson at [hobsonr@chesterfield.gov](mailto:hobsonr@chesterfield.gov)
- Currently all games, scrimmages, or tournaments require Parks and Recreation approval
- Daily screenings (completed by parents/guardians and/or coaches) should include the following questions:
  - Is the participant currently experiencing fever (100.4 degrees Fahrenheit or higher) or a sense of having a fever?
  - Is the participant currently experiencing a new cough that cannot be attributed to another health condition?
  - Is the participant currently experiencing new shortness of breath that cannot be attributed to another health condition?
  - Is the participant currently experiencing new chills that cannot be attributed to another health condition?
  - Is the participant currently experiencing a new sore throat that cannot be attributed to another health condition?
  - Is the participant currently experiencing new muscle aches that cannot be attributed to another health condition or specific activity (such as physical exercise)?
  - Is anyone in the participant's household sick?
  - Has the participant had contact with anyone who has tested positive for COVID-19 in the last 14 days?
- If a participant answers "yes" to any of the questions above at any time before or during the activity, he/she will not be allowed to attend the activity and must stay home. The participant or his/her parent or guardian should immediately notify the department (Bill Carlson 241-8485) that the participant will not be attending because of illness.
- Participants should continue daily self-screenings for the duration of sports season using the questions listed above. If a participant answers "yes" to any of the questions above, he/she will not be allowed to attend activity. The participant or his/her parent or guardian should immediately notify the league and department that they will not be attending.
- If a participant or someone in his or her household becomes sick with COVID-19 symptoms or is exposed to someone experiencing symptoms or who has tested positive, the participant or their parent or guardian should immediately notify the league and the department.
- If a participant, coach, official, etc. falls ill during an activity, it will be unknown if the illness is COVID-related. The ill participant should be isolated from the group immediately. A participant's parent/guardian should be notified to come pick them up as soon as possible. Isolation areas should be sanitized after 24 hours according to CDC guidelines. If outdoors, any equipment or gear used by the ill participant should be sanitized after 24 hours. If this is not feasible, wait as long as possible to sanitize the equipment to minimize risk of exposure.
- If a participant tests positive for COVID-19, The league will also need to notify all participants within their league and any outside teams or leagues that could have come in contact with positive participant and provide proof of this correspondence to the Parks and Recreation Department. Send all correspondence to Ronnie Hobson at [hobsonr@chesterfield.gov](mailto:hobsonr@chesterfield.gov)

- The Health Department is automatically notified of any COVID-19 positive test in the area. Leagues/Groups should keep the department updated on mitigation and prevention strategies.

**Co-sponsored Groups/Renter Responsibilities:**

If a participant (player, coach, parent, official, spectator) or someone in his or her household becomes sick with COVID-19 symptoms or is exposed to someone experiencing symptoms or who has tested positive, the league/group representative should:

- Report the issue to parks and recreation by calling Bill Carlson at 241-8485 or Ronnie Hobson [hobsonr@chesterfield.gov](mailto:hobsonr@chesterfield.gov); please have as much information as possible such as the day that the person may have become infected; what field(s) or team(s) they would have played on or against; what steps the infected person has taken, etc.
- The Health Department is automatically notified of any COVID-19 positive test in the area. Leagues/Groups should keep the department updated on mitigation and prevention strategies.
- Notify all participants/coaches/officials within your league and any outside teams or leagues that could have come in contact with positive participant and provide proof of this correspondence to the Parks and Recreation Department.
- All correspondence can be emailed to Ronnie Hobson at [hobsonr@chesterfield.gov](mailto:hobsonr@chesterfield.gov)
- Ensure that positive participants take necessary pre-cautions in relation to your league; positive participants should not be involved with practices, games, etc. until proper quarantine period is over
- Health Department and CDC links can be found below

**Parks and Recreation Department Responsibilities:**

- Ensure that all co-sponsored groups/renters have received, reviewed and signed the Return to Play Protocols
- Keep up to date records of all reported cases via spreadsheet (Ronnie Hobson will track spreadsheet)
- Notify Assistant Director of Recreation, Director, Assistant Director of Parks, Chief of Parks, park employees that work in the specific district, all rovers, and any other employees that may have worked near the facility in question
- Submit work orders to parks for full sanitization of infected areas
- On case by case basis: close the facility or field in question for at least 48 hours or until proper sanitization can happen
- Ensure that league/group representative have notified all participants within the league and file all correspondence for future reference
- Notify all other user groups using common facilities

Virginia Department of Health <https://www.vdh.virginia.gov/coronavirus/local-exposure/>

804-318-8207

CDC <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html>



## Return to Play Protocol, General Guidelines for all Leagues/Sports



League	Coach	Parent	Player	Parks & Recreation Dept.
<ul style="list-style-type: none"> <li>• Distribute and post Return to Play protocols</li> <li>• Be sensitive to parents that may be uncomfortable with returning to play</li> <li>• Train and educate coaches, officials and members on return to play protocols</li> <li>• Provide adequate field space for social distancing</li> <li>• Adhere to state and local guidelines</li> </ul>	<ul style="list-style-type: none"> <li>• Follow all Return to Play protocols</li> <li>• Inquire how athletes are feeling. If they are not feeling well, send them home.</li> <li>• Ensure all athletes have their own individual equipment</li> <li>• Coach is the only person to place/pick-up/touch cones, equipment</li> <li>• Ensure all equipment is sanitized before and after practice/games</li> <li>• Ensure drills/practices provide for adequate social distancing</li> <li>• Respect player's/parent's decisions that may not feel comfortable returning to play</li> <li>• Adhere to state and local guidelines</li> </ul>	<ul style="list-style-type: none"> <li>• If you are not comfortable with returning to play, <b>DON'T</b>. You are the only one who will make the decision to return to play</li> <li>• Check child's temperature before coming to any practice/game</li> <li>• Ensure all equipment (cleats, balls, etc.) are sanitized before and after practice/games</li> <li>• Notify league/coach immediately if your child becomes ill for any reason</li> <li>• Supply your child with individual sanitizer</li> <li>• Adhere to social distancing requirements</li> <li>• Ensure your child has plenty of water/snacks</li> <li>• Adhere to state and local guidelines</li> </ul>	<ul style="list-style-type: none"> <li>• If you are not comfortable with returning to play, <b>DON'T</b></li> <li>• Adhere to Return to Play Protocols</li> <li>• Wash hands thoroughly before and after practice/game</li> <li>• Wash and sanitize personal equipment after every practice/game</li> <li>• Do not share water, food, or equipment</li> <li>• Respect and practice social distancing</li> <li>• Place personal equipment, bags, bats, etc. at least 6 feet apart</li> <li>• No high 5's, handshakes, or group celebrations</li> <li>• Adhere to state and local guidelines</li> </ul>	<ul style="list-style-type: none"> <li>• Provide Return to Play Protocols to all leagues and staff</li> <li>• Ensure protocols are being followed</li> <li>• Provide violation of protocol guidelines to leagues</li> <li>• Provide adequate field space for social distancing</li> <li>• Ensure appropriate waste receptacles at fields</li> <li>• Communicate and post signs that athletic facilities are not sanitized.</li> <li>• Markings on floors/fields for correct social distancing measures</li> <li>• Removal of bleachers as needed</li> <li>• Proper signage placed throughout facilities/fields as needed</li> </ul>

Phase 1 (timing consistent with Governor's executive order(s))	Phase 2 (timing consistent with Governor's executive order(s))	Phase 3 (timing consistent with Governor's executive order(s))	Phase 4 (timing consistent with Governor's executive order(s))
<ul style="list-style-type: none"> <li>• No contact</li> <li>• Groups not to exceed 10 participants per field</li> <li>• Focus on return to activity; individual training, no group drills</li> <li>• No sharing of water or equipment</li> <li>• Participants to remain a minimum of 6 feet apart</li> <li>• Practice times should be set with gaps in between to maximize social distancing</li> <li>• Communicate participants are safer at home, face covering recommended</li> </ul>	<ul style="list-style-type: none"> <li>• Small group training and practices introduced</li> <li>• Games/Scrimmages/Tournaments require Parks &amp; Recreation Department Approval</li> <li>• Physical contact to be minimized</li> <li>• Groups not to exceed 50 participants per field</li> <li>• No sharing of water or equipment</li> <li>• Practice times should be set with gaps in between to maximize social distancing</li> <li>• Participants to remain a minimum of 10 feet apart</li> <li>• Face coverings recommended</li> <li>• No Concessions</li> </ul>	<ul style="list-style-type: none"> <li>• Introduction of league games</li> <li>• Physical contact to be minimized</li> <li>• Groups not to exceed 250 participants per field</li> <li>• No sharing of water or equipment</li> <li>• Practice/games should be set with gaps in between to maximize social distancing</li> <li>• Recommend no travel to events that would require overnight stay</li> </ul>	<ul style="list-style-type: none"> <li>• Full return of play</li> <li>• No restriction on practices and or games</li> <li>• Tournaments allowed</li> <li>• Recommend social distancing practices still be maintained by leagues and events</li> </ul>

General Restrictions

- If you or your child is sick or feel sick, STAY HOME
- At risk individuals, youth or adult, STAY HOME
- If you or your child has a temperature higher than 100.4, STAY HOME
- No one is to share water, towels, or any equipment. This includes, but is not limited to:
  - Shoes, socks, shin guards, helmets, bats, catching equipment, pads, jerseys/uniforms
  - Only coaches should place and pick up cones
    - Practice vests/pinnies; at minimum should be washed after each use; Recommended issuing each player their own individual practice vest/pinnie
- Each player should provide their own equipment or be assigned their own individual equipment by the league
  - If the leagues assign individual equipment to a player:
    - This equipment should be kept by the player for the entire season and returned once the season is over
    - Players/parents become responsible for sanitization of equipment while in their possession
- Assign a “station” for each player to place their equipment, that they can return to during breaks
- No centralized hydration/water or refreshment stations (players should bring their own water bottles and/or snacks for personal use only)
- Spectators should be limited and must maintain minimum social distancing, as defined by the CDC
- Recommended having sanitizing options available
  - Hand sanitizer, Disinfectant wipes to be used to wipe down all equipment
- Respect for each individual's choices must be a priority. If a participant wishes to wear a face mask this should be allowed, and accommodations made if needed.
- No high fives, fist bumps, or team huddles
- Report all incidents, illnesses, etc. to both the league and the Parks and Recreation Department by calling (804) 318-8721.

I have read and understand the protocols and guidelines above. My organization has sent out information to all teams, team managers, coaches, players/parents, and officials/referees prior to the resumption of activities. This correspondence 1) explained that organizations will comply with all state and local orders/mandates 2) contained the Return to Play Protocol - General Guidelines for all Leagues and Sports; 3) encouraged all event attendees to practice social distancing; 4) explained that any person who is experiencing symptoms of sickness should not enter the venue of play; and 4) make clear that all posted and published state and local guidelines shall be followed.

My signature serves as written acknowledgement of the above.

X

Signature