

HELP THEM HAVE THEIR CHANCE AT LIFE



**Someone in crisis? Remove access to the means for suicide.
It may give them a chance to change their
mind about ending their life.**

- Lock medications. Do not keep lethal doses on hand.
- Lock firearms. Store unloaded and store ammunition separately.
- Change current locations of keys or combinations.
- Remove firearms from home. Store with trusted individual for the meantime.
- Secure alcohol.

The National Violent Injury Statistics System study found that 1/3 of youths who died by suicide had faced a crisis within 24- hours.

Putting time and distance between a suicidal youth and the method may save a life.

For other ways to get help, call National Suicide Prevention Lifeline:

1-800 273- TALK (8255)



Let's Talk

Chesterfield
Suicide
Awareness
& Prevention
Coalition

