



TOUCHING BASE

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A BLESSING BOX AT ETRICK PARK

On Wednesday, Sept. 16, a Blessing Box was placed in Ettrick Park across from the Recreation Center. A blessing box is free-standing cabinet, placed in a readily accessible public area, used to house non-perishable food items. Those that are in need can take what food they need, whenever they may be in need.

This community enhancement project was undertaken by the Chesterfield County Police Department Community Policing Unit, in conjunction with the civic group Concerned Citizens of Ettrick. This structure will provide much needed support for the community, and stand as a testament to what is possible when community partners and law enforcement work cooperatively towards a common goal. Project organizers will be reaching out to community churches and organizations asking for their assistance in maintaining the box with non-perishable food. Donations are welcome. CBS6 stopped by to cover the event.



Parks and Recreation staff Jackie Maclin, Principal Recreation Specialist and Tiffani Davis, Ettrick Recreation Center Supervisor on the far right.



BENSLEY RECREATION CENTER

Low Impact Aerobics

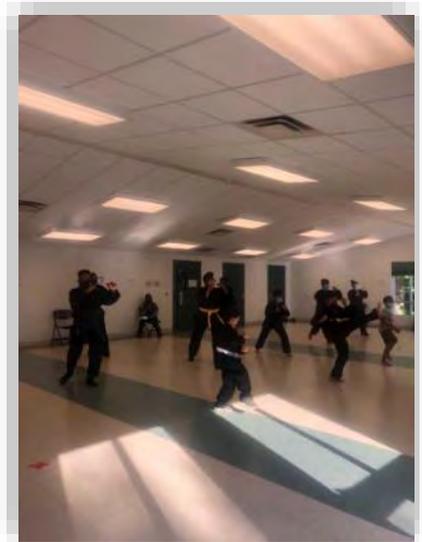
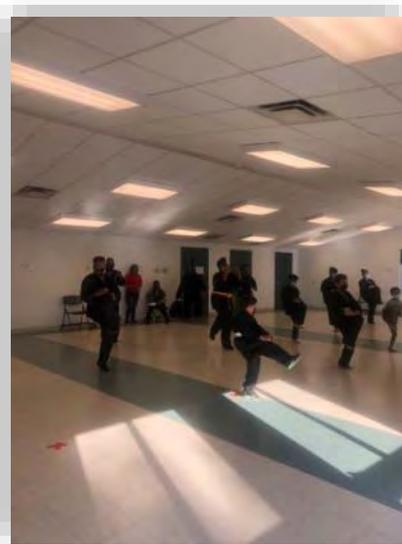
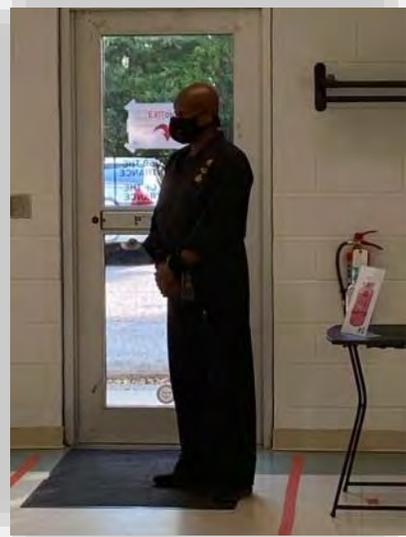
Low Impact Aerobics class began at Bensley Recreation Center on Wednesday, Sept. 2. A cardiovascular workout to basic steps that includes warm-up and cool-down exercises and strength training. Class is taught by Sherella Brown. Six participants registered.



BENSLEY RECREATION CENTER

Karate

Fall Karate class began on Tuesday, Sept. 8. Master Instructor Randy Jones teaches self-defense, physical fitness, coordination, balance and discipline in this ongoing karate jitsu-style program for those ages 7 and up. Youth are instructed from 6 – 7 p.m. while adult and advanced level participants are instructed from 7 – 8 p.m. 15 participants registered.



STONEBRIDGE RECREATION CENTER

Outside Fitness Warriors

Outdoor Fitness Warrior class started on June 22 and ran until Sept. 1. Program will continue to be held outside this fall every Monday and Tuesday evening from 6-7 p.m. through November.

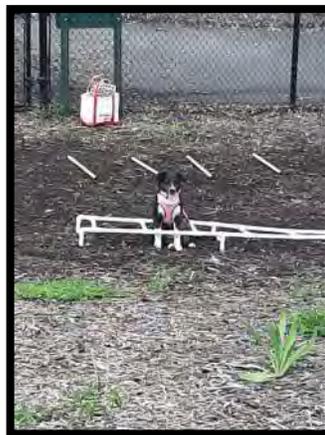


CANINE AGILITY AT CHESTER DOG PARK



Puppy Agility Groundwork Level 1 Course

The first Puppy Agility Groundwork course was held Wednesday, Sept. 9. Through games and while on leash, dogs worked on simple skills such as following the handler in straight lines and large and small circles. Ladder work, wobble board, and walk the plank taught body awareness. Also worked on strengthening simple basic skills such as sit, down, come, and leave it. Puppies must be familiar with the basic skill concepts. All puppies must be dog and people friendly. Proof of up-to-date vaccinations required. For puppies 16 weeks-6 months and their handler. Handlers under 18 years must be accompanied by an adult.



SPORTS TOURISM

On Sept. 5-6, soccer season received its official fall kickoff with the 10th Annual Virginia Cup hosted by FC Richmond and Virginia Legacy Soccer Clubs. This was a championship event for boy's and girl's teams aged 10-19 with pool play on Saturday and champions in 19 age groups being crowned on Sunday. There were 194 teams from four states attending the event with a first time visit to Virginia from 7 Elite Academy from Utah. River City Sportsplex staff continue to work closely with event organizers to adhere to social distancing guidelines and provide a safe environment for athletes and spectators.



TRADES CREW

Parks and Recreation Trades crew staff have stayed busy keeping up with the beautification of our parks and facilities.



SOCIAL MEDIA

Chesterfield.gov/parks



www.twitter.com/CCPRVA



www.facebook.com/chesterfieldvaparksrec

UPCOMING *Mark Your Calendars* EVENTS



Saturday, Oct. 3, 11 a.m.-2 p.m.

Eppington Plantation Tours,
Eppington Plantation

Saturday, Oct. 17, 11 a.m.-3 p.m.

Mid-Lothian Mines Landmark Tours,
Mid-Lothian Mines Park

Wednesday, Nov. 11, 7:30 a.m.

Veterans Biker Rally,
Chesterfield County Fairgrounds

Wednesday, Nov. 11, 2 p.m.

Veterans Day Ceremony,
1917 Courthouse

Registration is ongoing for Fall programs.

www.chesterfield.gov/programguide

Details on events can be found at www.chesterfield.gov/parks
in the Calendar.