

**CHESTERFIELD COMMUNITY SERVICES BOARD
MINUTES
February 21, 2019**

Members Present

Harvey Powers, Chair
Patrick Knightly, Vice Chair
Jennifer Davis, Secretary
Paige Cecil
Tyler Craddock
Peter Mazure
Nicholas Pappas
Ricky Russell
Mark Sacra

Debbie Burcham, Executive Director

Staff Present

Kelly Fried, SMT
David Meadows, SMT
Sue Medeiros, SMT
Asha Mishra, SMT
Danielle Sayre, SMT

Brook Cook, Administrative Assistant

Others Present

Ms. Sarah Snead, Deputy County Administrator
Jennifer Faison, Executive Director, VACSB

Members Absent

Karen Bell
Michael Giancaspro
Elizabeth Hedgepeth
Michelle Jones
Dean Lynch
Talisha McAuley-Davis

I. Call to Order

Chair Powers called the meeting to order at 7:02 p.m.

A. Approval of Minutes

On the motion of Secretary Jennifer Davis and seconded by Mr. Tyler Craddock, the Minutes of January 17, 2019 were unanimously approved.

B. Request to Postpone Actions, Add or Change Order of Presentation

There were none.

II. Matters of the Public

There were none.

III. Information Items

A. Presentation: National and State Trends Potentially Impacting CSBs

Ms. Jennifer Faison, Executive Director of the Virginia Association of Community Service Boards (VACSB) distributed a handout to the group entitled

State and National Trends in Behavioral Health and Developmental Disability Services.

Ms. Faison first discussed the State Trends. STEP-VA continues to move forward with all CSBs slated to have Same Day Access implemented by the end of the year with Primary Care Screening being the next step. Ms. Faison stated that funding will define the timeline adding she believes the VACSB will request a change in the start date for remaining services due to the lack of funding. CSBs will continue to engage with DBHDS in the development of the definitions and outcome measures for the remaining steps. Moving on to legislative issues, Ms. Faison stated the 2019 session will adjourn on February 23rd. There appears to be a turn away from the intense focus on the behavioral health system and currently, there are no bills that will be overly burdensome for the CSBs should they be signed by the Governor. She did state the budget is still outstanding and may result in some changes to funding in the biennial budget but nothing of great concern.

In terms of the DOJ (Department of Justice) Settlement Agreement, it is still on track to conclude in 2021. Ms. Faison noted that Virginia is in substantial compliance in most areas of the agreement. The independent reviewer is slated to conduct a review of case management in the Spring. She also shared that due to the work of Ms. Burcham and her colleagues in a specialized work group, the system is very prepared for this review. Ms. Faison discussed the key concerns of the independent reviewer around case management for the ID and DD population. Ms. Burcham added that the overall theme is if case managers are assisting individuals to a more independent life and integration into the community, employment, etc. Mr. David Meadows discussed some of the key issues including enhanced case management as well as tools being developed, pointing to Ms. Fried and Mr. Tim Adams, MIS Manager, in being instrumental around implementing requirements around data collection.

Ms. Faison discussed Medicaid expansion, the impact to the CSBs and shared that Virginia is rolling it out in a manner no other state has adopted. There is new budget language that will assist in returning some funding to the general fund and that CSBs are working to determine how best to demonstrate their revenue as a result of expansion so restorations can take place in an equitable fashion across the state.

Looking to the future, Ms. Faison discussed legislation regarding the Department of Corrections regarding jail services and the need for the VACSB to be a part of those discussions in order to prevent having the bulk of the responsibility of services given to the CSBs. She also shared that SJ47 has shown a renewed interest in Mandatory Outpatient Treatment (MOT) and may result in code changes to remove the requirement for the individual to consent to treatment and make statutes clearer so that judges will use it more often. The Deeds

Commission has an interest in this as currently individuals can refuse court ordered treatment.

Ms. Faison moved on the Federal trends beginning with the Affordable Care Act stating there are efforts under way to end it through legal action, potential legislation or CMS regulation. Such regulatory activities by CMS may alter the Medicaid program and under a current proposal, would create incentives for states to request Medicaid as a block grant which would allow states to drop the ACA protections altogether. Alternatively, there is also legislation alive that would build toward public insurance for all individuals using Medicare as the base. Ms. Faison also reviewed projected growth figures around Medicaid spending and national health expenditures into 2027. Medicaid expansion this fiscal year in Idaho, Maine, Nebraska, Utah and Virginia is expected to result in the first acceleration in growth in spending since 2014.

Mr. Pappas asked Ms. Faison to discuss State hospitals and where the VACSB stands on the issue of local hospitals refusing to admit individuals knowing they will then be sent to State hospitals as a result of Bed of Last Resort legislation. Ms. Faison stated that right now, it is important for all to agree (the Department, administration and private hospitals) on the actual data. She discussed voluntary admissions and how those figures bump up against the percentage of temporary detentions. She also shared the possibility of funding that would impact private hospitals' disproportionate amount of payments if they do not increase the percentage of temporary detentions. However, she noted the downside would be that it would effectively punish teaching hospitals. Ms. Faison said that the stance of the VACSB is that the CSBs want to be at the table to make sure we are being good partners for service and advocates for removing barriers such as transportation and housing when discharged.

Ms. Faison also discussed the relationship with the DBHDS Commissioner. She said there has been a definite pivot in the line of thinking of the Commissioner noting he has walked back some of the rhetoric about restructuring the system. The CSBs already partner with each other statewide as well as regionally so his promise to deliver this efficiency through regionalization is essentially renaming something that already exists. Chair Powers asked if the Commissioner has the authorization to move around money to do his proposed incentives as part of this restructuring plan. Ms. Faison discussed an example of how money can be earmarked for a certain service with the Commissioner having the discretion to move those funds around under that umbrella. However, she noted that completely changing the financial structure would almost certainly require legislative approval. Ms. Burcham also shared an example of the Commissioner's requests that are counterproductive such as wanting CSBs to negotiate with MCOs which is in fact illegal. He also advocates telepsychiatry which may be effective in some situations but given the populations served by CSBs, would not allow for the gathering of information physicians draw from

personal interaction. These are a few of the examples he is using as a way to regionalize when it is not in fact real regionalization. Ms. Burcham discussed many ways Chesterfield works closely with all surrounding Counties and agencies which is true regional collaboration.

Chair Powers noted he is appalled at what he sees coming down the pike with DBHDS as well as the attention and resources spent to “fix something that isn’t broken”. Mr. Pappas agreed noting that Chesterfield CSB as well as the County already has an outstanding regional system in place. Ms. Burcham agreed adding the Commissioner’s plan does not add anything positive to the system and is nothing more than a distraction that wastes the time of staff and individuals as well as financial resources that could otherwise be spent on services.

Chair Powers and Ms. Burcham both extended thanks to Ms. Faison for taking the time to present to the Board and sharing both the data and her perspective on these very important issues.

IV. Administrative Items

A. Board Members’ Remarks

There were none.

B. Chair’s Remarks

Chair Powers reminded the Board that there will be no May meeting due to the Annual Recognition Dinner. Invitations are going out in the next day or two with details and RSVPs need to be sent to Ms. Cook. There will still be an Executive Committee meeting.

C. Executive Director’s Report

Ms. Burcham turned everyone’s attention to the advocacy booklet at each seat which was prepared by Chester House participants in their own words on issues that matter and concern them noting that they were assisted with this project by Mr. Michael Giancaspro. She and Mr. Mark Sacra stated these would be included in the legislative handouts. Mr. Nick Pappas praised the booklets and stated they were “fantastic.” Chair Powers agreed noting this will be an amazing addition to the legislative packets.

Ms. Burcham stated that also at each seat is the Annual Performance Analysis report. She turned the floor over to Ms. Kelly Fried who discussed the report as well as the upcoming strategic planning process. The Senior Management team has participated in two recent retreats to prepare and lay groundwork for the CSB Work Session in April regarding the strategic planning process. Ms. Fried shared that there will be six focus groups in March addressing themes of current plan as well as suggestions for future needs. Surveys will also be conducted at Chester House and in the Rogers Building lobby which will cover a great deal of the population. Also, Mr. David Meadows is working with his staff regarding family

member surveys, surveys of partners and citizens through a link will be emailed out and people attending the County Citizens Academy that receive information on our services will also be contacted with survey information. Ms. Fried stated that as in the past, Board Member's will be asked to also give their input.

V. Committee Reports

A. Standing Committee Reports

Finance Committee

Vice Chair Knightly reported for Mr. Michael Giancaspro who was unable to attend tonight noting that the Finance Committee did not meet this month. Ms. Sayre reviewed the monthly financial summary included in the Board packet discussing revenue and expenditure figures. She also shared that the A/R department is now fully staff which will increase billing.

The next Finance Committee meeting is Wednesday, March 13th at 8:30 a.m.

Public Policy Committee

Mr. Mark Sacra reported that Public Policy Committee has a meeting scheduled for Thursday, February 28th at 5:30 p.m. and invited anyone interested in attending to please do so.

B. Advocacy Committee Updates

Housing Committee

Mr. Mazure presented the Housing Committee report on behalf of Mr. Giancaspro who is not in attendance. Mr. Mazure stated the group met on Tuesday, February 5th and discussed upcoming strategies of the group as well as future collaborations with CAI. Mr. Mazure reported that the group has wrapped up its work with the PR Committee on the Housing one-pagers.

The next Housing Committee meeting is Tuesday, March 5th at 8:30 a.m.

Public Relations Committee

Mr. Nick Pappas reported on behalf of the PR Committee which met tonight prior to this meeting. He stated he believes the group has completed the housing hand-outs noting that there is one for Mental Health and one for Substance Use Disorders. As the group began gathering data, it became clear that there needed to be that separation as the housing needs of each population are very distinct. The next step will be to present at the next Executive Committee for approval and then to bring before the full Board at the April meeting. Mr. Pappas stated the next topic the group would like to focus on is the work force crisis, staff retention and dealing with the issue of losing staff to MCOs. Chair Powers stated that when that handout is completed, it should also be shared with staff.

Mr. Pappas shared a recent conversation during a symposium he attended of groups that work with the goal of getting CSB individuals connected with

employment opportunities. He was told by the Executive Director who coordinated the event that of all the psychosocial rehab facilities in the state, Chester House is rated number one in terms of employment.

The PR Committee will not be meeting in March due to the Recognition Dinner.

VI. Consideration and Action Items

A. CSB Polices for Review and Renewal

- Policy 1.11 – Evaluation of Board Performance
- Policy 2.13 – Code of Ethics
- Policy 4.01 – Reporting
- Policy 5.06 – Eligibility for Services

Chair Powers reviewed the policies and there being no further discussion and no recommended changes by the Executive Committee, on the motion of Mr. Tyler Craddock to vote as a block and seconded by Mr. Mark Sacra, Policies 1.11, 2.13, 4.01 and 5.06 were unanimously approved.

B. Acceptance of DBHDS Funding for STEP-VA

Ms. Sayre reviewed the consent item included in the Board packet noting this is for the receipt of \$51,511 from the Department of Behavioral Health & Developmental Services (DBHDS) to implement primary care screening and monitoring under STEP VA. This is a prorated amount for FY19 and beginning FY20, will be \$112,000 annually. This also approves the addition of one full-time position for a nurse to provide direct services to the CAST program as well as provide supervision and monitoring of adult services and substance use nurses.

On the motion of Vice Chair Patrick Knightly and seconded by Mr. Tyler Craddock, the acceptance of DBHDS Funding for STEP-VA was unanimously approved.

C. Acceptance of SOR Grant Funding

Ms. Sayre reviewed the consent item for acceptance of \$192,920 in funding, also from DBHDS for a State Opioid Response (SOR) Grant. This funding is a portion of an award provided to the State from the Federal Substance Abuse and Mental Health Services Administration (SAMHSA) and must be expended by September 30, 2019. Chesterfield CSB will use this funding to continue administering the Medication Assisted Treatment program as well as hire a temporary part-time administrative assistant, 2 temporary part-time Peer Specialists in the jail, a temporary full-time Peer Specialist in the community as well as moving the existing temporary part-time Peer Specialist working with EMS to temporary full-time.

On the motion of Secretary Jennifer Davis and seconded by Vice Chair Patrick Knightly, the acceptance of SOR Grant Funding was unanimously approved.

D. Approve Amendment to DRPT FTA Transportation Grant

Ms. Sayre reviewed the consent item placed at each seat to approve the amendment to the FY20 DPRT FTA Section 5310 Transportation Grant previously approved. Ms. Sayre stated the agency was informed yesterday that there was additional funding of \$60,000 available for an additional replacement vehicle. This will amend the original grant to reflect this addition. Ms. Sayre noted the CSB would be required to match \$12,000 in funding which will come from existing contingencies in the FY20 budget.

On the motion of Vice Chair Patrick Knightly and seconded by Ms. Paige Cecil, the Amendment to the DRPT FTA Transportation Grant was unanimously approved.

VII. Closed Session: Personnel Matter

On the motion of Vice Chair Patrick Knightly and seconded by Secretary Jennifer Davis, the Board adjourned to a Closed Session pursuant to Section 2.2-3711, A-1 Code of Virginia, 1950, as amended, relating to a personnel matter.

Reconvene: Adopt Resolution of Certification of Closed Session Held in Conformance with Law.

The Community Services Board hereby certifies that, to the best of each member's knowledge, only information relating to the personnel matter was heard, discussed, or considered by the Board in the Closed Session as identified in the motion to Close Session.

Vote by Roll Call: Chair Harvey Powers, Vice Chair Patrick Knightly, Secretary Jennifer Davis, Ms. Paige Cecil, Mr. Tyler Craddock, Mr. Peter Mazure, Mr. Nick Pappas, Mr. Ricky Russell and Mr. Mark Sacra.

VIII. Adjournment

There being no further business before the Board, Chair Powers adjourned the meeting at 8:37 p.m. until the CSB Annual Recognition on **Thursday, March 21, 2019 at 5:45 p.m.**

Debbie Burcham, Executive Director
Community Services Board

Harvey S. Powers, Vice Chair
Community Services Board