

COMMUNITY RECREATION

For details: Jackie Maclin, 748-1123 or maclinj@chesterfield.gov

Babysitting One Day Workshop

This American Red Cross Certified babysitting training will teach youth ages 11-15, the knowledge and skills needed to safely and responsibly care for infants to school-age children. The program is certified by the American Red Cross and students will receive a certificate of completion. Class Instructor is Carolyn Wallace.

Parks and Recreation Administration Building, 6801 Mimms Loop
 Saturday, Oct. 13, 10 a.m.-4 p.m. \$70 **Course 34357**
 Saturday, Oct. 27, 10 a.m.-4 p.m. \$70 **Course 34358**
 Saturday, Dec. 8, 10 a.m.-4 p.m. \$70 **Course 34359**

Pediatric CPR & First Aid Workshop for Youth and Adults

Great parent and child activity. Carolyn Wallace will instruct this Red Cross certified course for those ages 11 and up who are interested in learning the proper first aid and CPR techniques for infants and children. Students will practice and participate in hands-on demonstrations. A certificate of completion will be awarded at the end of the workshop.

Parks and Recreation Administration Building Conference Room, 6801 Mimms Loop
 Saturday, Nov. 17, 10 a.m.-4 p.m. \$70 **Course 34413**

Fall-tastic Fundamental Drawing

Enroll your elementary student ages 6-12 in a fun Young Rembrandts drawing class. Our bountiful selection of drawings introduce students to a fascinating world of color, pattern and design. Keeping with the season, students will create fall-themed illustrations such as taffy apples and a farmer's scarecrow. Stylized art styles will be explored through our tarantula line art and Van Gogh-inspired drawing featuring vibrant sunflowers. All this and more await your child in a Young Rembrandts classroom. Sign up today. Classes held directly after school October – December at various elementary school locations. Individual program flyers will be distributed to students in the host schools. The \$75 course registration fee includes all materials and supplies for the six-week session.

Details: www.youngrembrandts.com

ArtZ –Multimedia Art Experience

ArtZ always provides a new art experience each week. New lessons, new techniques and new fun art projects. Miss Mary's art program is for children ages 7-12 and offers a multimedia art experience. Paint, clay, brushes, graphite pencils, canvases, oil and chalk pastels, artist grade paper and colored pencils...mix them all together and what do you get? An art class filled with exciting and imaginative art projects. From acrylic paints to zentangles, a wide variety of hands-on-activities are offered that introduce new art techniques each week. Visit www.artz-rva.com for more detailed course information. Please bring an old shirt...being creative can be messy. Classes held directly after school. Course registration fee includes all materials and supplies for the seven-week session.

Swift Creek Elementary, 13800 Genito Road
 Mondays, Oct. 8- Nov. 26, 4-5:30 p.m. (not held 11/5) \$87.50 **Course 34355**

Woolridge Elementary, 5401 Timber Bluff Parkway
 Tuesdays, Oct. 9- Nov. 27, 4-5:30 p.m. (not held 11/6) \$87.50 **Course 34356**

Grange Hall Elementary, 19301 Hull Street Road
 Fridays, Oct. 5-Nov. 30, 3:05-4:35 p.m. (not held 10/12 and 11/23) \$87.50 **Course 34354**

JumpStarz – Jump Rope Lessons

What activity is the equivalent of running an eight-minute mile, burns more calories per minute than most exercises, and works every part of your body? It's jumping rope. JumpStarz uses the fun and exciting sport of double-dutch to build confidence, improve cardiovascular health and nutrition, while empowering youth to set and reach goals. Learn basic to intermediate double-dutch skills, partner tricks, long rope and single rope to include games. All skill levels are welcome. Visit www.thejumpstarz.com for more information. Course registration fee includes all materials and supplies for the six-week session. For ages 6-15.

Curtis Elementary, 3600 W. Hundred Road
 Mondays, Oct. 8- Nov. 19, 4-5 p.m. (not held 11/5) \$30 **Course 34407**

Hopkins Elementary, 6000 Hopkins Road
 Mondays, Oct. 15-Nov. 26, 4-5 p.m. (not held 11/5) \$30 **Course 34409**

Reams Elementary, 10141 Reams Road
 Tuesday, Oct. 2-Nov. 13, 4-5 p.m. (not held 11/6) \$30 **Course 34412**

Salem Elementary, 9600 Salem Church Road
 Tuesdays, Oct. 16- Nov. 27, 3:05-4:05 p.m. (not held 11/6) \$30 **Course 34411**

Bellwood Elementary, 9536 Dawnshire Road,
 Thursday, Nov. 1-Dec. 13, 4-5 p.m. (not held 11/22) \$30 **Course 34408**

Ettrick Elementary, 20910 Chesterfield Avenue
 Thursday, Nov. 1-Dec. 13, 6-7 p.m. (not held 11/22) \$30 **Course 34410**

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BRICKS 4 KIDZ

Bricks for Kidz is an educational company that uses LEGO bricks to teach science, technology, engineering, mathematics and art in fun and exciting ways:

World of Science

Calling all future scientists. Come learn, build and experiment with us. Our budding astronomers, meteorologists, zoologists, and inventors will learn about space, weather, animals and more...all using LEGO technic bricks, gears, axles, motors and batteries. Participants ages 6-12 will build various awesome scientific models such as an earthquake simulator and gadgets such as an anemometer that are sure to spark their STEM imagination and intellect. Learn about different scientific fields and build tools and simulation models as we explore the "World of Science". Each student will build and take home a custom Lego mini-figure. Registration fee includes all materials and supplies for the six-week session. Courses instructed by staff of Bricks 4 Kidz Chesterfield-Powatan.



Grange Elementary, 19301 Hull Street

Tuesdays, Oct. 2-Nov. 13, 3:05-4:05 p.m. (not held 11/6)

\$75 Course 34366

Greenfield Elementary, 10751 Savoy Road

Tuesdays, Oct. 9- Nov. 20, 4-5 p.m. (not held 11/6)

\$75 Course 34367

Swift Creek Elementary, 13800 Genito Road

Wednesdays, Oct. 10-Nov. 14, 4-5 p.m.

\$75 Course 34368

Clover Hill Elementary, 5700 Woodlake Village Parkway

Thursdays, Oct. 4-Nov. 8, 2:20-3:20 p.m.

\$75 Course 34369

Jacobs Elementary, 8800 Jacobs Road

Thursdays, Oct. 18-Nov. 29, 2:20-3:20 p.m. (not held 11/22)

\$75 Course 34370

Pocket Brick Monsters

Get ready for an adventure in the world of Pokemon. Capture wild Pokemon creatures and train them for battle. Improve your accuracy and power as you learn new moves and use special abilities. Tap into your inner engineer as we build Dratini, Pikachu, PokeBalls, and more. Bring your own Pokemon trading cards if you wish to play and trade at the end of each session. Do you have what it takes to become a Pokemon Master? Course instructed by staff of Bricks for Kidz Tri-cities-Mechanicsville. Course registration fee includes all material and supplies for the five week session.

Ecoff Elementary, 5200 Ecoff Avenue

Mondays, Oct. 1-29, 4-5 p.m.

\$65 Course 34374

Wells Elementary, 13101 S. Chester Road

Tuesdays, Oct. 2-30, 2:20-3:20 p.m.

\$65 Course 34377

CHALLENGE ISLAND

A unique and wildly popular enrichment program that promotes and fosters integral creative and critical thinking skills in children. Kids divide into cooperative tribes and take on exciting challenges set on action-packed, thematic "islands". Our innovative approach emphasizes STEM (science, technology, engineering, art and math) and core language arts skills. For children ages 5-13.

Fantastic Fiction Island

Once upon a time there was a page-turning island that transformed favorite children's books into action-packed STEAM adventures. Challenge Island's all new Fantastic Fiction Island is a learning adventure of epic proportions. You and your tribe of friends will engineer your way through stories galore from Goosebumps to Captain Underpants to Wonder to Harry Potter and more. For students ages 6-13. Registration fee includes all material and supplies for the 6 week session.

Gordon Elementary, 11701 Gordon School Road

Mondays, Oct. 8-Nov. 19, 4-5 p.m. (not held 11/5)

\$75 Course 34382

Robious Elementary, 2801 Robious Crossing Drive

Tuesdays, Oct. 9-Nov. 20, 4-5 p.m. (not held 11/6)

\$75 Course 34384

Bettie Weaver Elementary, 3600 James River Road

Wednesdays, Oct. 10-Nov. 14, 4-5 p.m.

\$75 Course 34379

Watkins Elementary, 501 Coalfield Road

Thursdays, Oct. 11-Nov. 15, 4-5 p.m.

\$75 Course 34380

Your Private Label: Making Natural Bath and Body Products for Personal Use

Natural and minimally processed bath and body products can be expensive, yet you still want to use the best. In this hands-on, introductory course, Sandra Morton will be instructing students on how to make their own products that will compare in purity and indulgence to the pampering products you find in shops and boutiques. We will use pure carrier oils, therapeutic essential oils and other fine ingredients to make a creamy body lotion (from a base), a silken massage oil and a soothing foot scrub. At the end of this course you will take home Creamy & Rich Body Lotion, Hair to Toe Massage Oil and Peppermint Foot Scrub. Participants will also be given tips on where to find recipes and formulations, where to buy ingredients, how to measure and mix ingredients, and how to calculate and convert recipe amounts. For ages 18 and above. Registration fee includes all materials and supplies. Parks and Recreation Central Maintenance Building, 9201 Public Works Road

Saturday, Oct. 13, 1-3 p.m.

\$30 Course 34417

Sugar Scrubs, Salts Soak

Stock your bathroom with the kind of expensive bath and body products found in exclusive spas..., but do it for a lot less. Learn to make your own natural pampering creations. In this hands-on class, you will learn the basics for making your own natural body scrubs and soaks. We will make a revitalizing scrub, a rejuvenating soak, and an exfoliating body polish. At the end of class, you will take home Brown Sugar Facial Scrub, Relaxing Sea Kelp Salt Soak and a Lavender and Mint Body Polish. Participants will learn recipe formulations, characteristics and unique qualities of ingredients used in making natural bath, body and spa products. For ages 18 and above. Registration fee includes all materials and supplies.

Parks and Recreations Central Maintenance Building, 9201 Public Works Road

Saturday, Dec. 8, 1-3 p.m.

\$30 Course 34418