

OUTDOOR ADVENTURES

For more information on Outdoor Adventures contact
Greg Velzy at 748-1124 or velzyg@chesterfield.gov.

CLASSES

Bicycle Maintenance

This class is designed to introduce the basics of bicycle maintenance and repair. The class will offer hands-on instruction in trouble shooting, brake and gear adjustments, tire changing and roadside repairs. It also will cover proper bike fit, safety and riding tips. There is no fee, but the class size is limited, so registration is required.

Carytown Bicycles in Westchester Commons, Midlothian

6-8 p.m. Free

Thursday, May 18

Thursday, Aug. 10

Course 32287

Course 32288

WATER ADVENTURES

Kayaking 101 - Introduction to Calm Water Paddling

Join the regions' most experienced staff and learn how to paddle the correct way with Chesterfield County's professional instructors! This class is designed for anyone who wants to learn the basics of flat-water kayaking. The class covers entries, exits, strokes, safety and the equipment needed to start kayaking. An optional tour of the Dutch Gap Conservation Area is included. Rental includes kayak and all equipment. Swimming ability is required. The minimum age is 11 years old, and youths 11-13 must be accompanied by an actively participating adult. Max weight 250 lbs. due to kayak limitations.

Dutch Gap Conservation Area, 513 Coxendale Road

9 a.m.-4 p.m. \$70 (\$80 w/ rental)

Sunday, April 30

Sunday, May 14

Saturday, June 3

Sunday, July 2

Saturday, Aug. 5

Sunday, Aug. 27

Saturday, Sept. 30

Course 32011

Course 32012

Course 32301

Course 32302

Course 32303

Course 32304

Course 32305

Kanawha Canal Paddle

Paddle on the Historic Kanawha Canal in Richmond! Use Sit-on-Top or Recreational kayaks, or canoes for this exploratory journey on the first commercial canal system in the country, which has been vacated for decades. The instructors cover all safety requirements and the history of the canal for this step back in time. Renting provides all needed equipment. Minimum age is 11 years old. Youth ages 11-13 must be accompanied by an actively participating adult. Max weight of 235 lbs. due to kayak limitations.

James River Park System, Pumphouse Park

\$35 (\$40 w/rental)

Sun., May 7, 8:30 a.m.-11:30 a.m.

Wednesday, May 31, 6-9 p.m.

Sunday, Aug. 6, 8:30 a.m.-11:30 a.m.

Saturday, Sept. 23, 8:30 a.m.-11:30 a.m.

Course 32005

Course 32289

Course 32290

Course 32332

Whitewater 101 - "Sit-on-Top" Kayaking - River Trips

No previous whitewater experience is needed for this trip, which is designed for those wanting to explore the easier rapids stretch of the James River, from Pony Pasture to Reedy Creek in Richmond on "user friendly" sit-on-top kayaks. This is a great way to get a feeling for whitewater paddling without the rigors of being inside a true whitewater kayak. Swimming ability required. Rental includes kayak and all equipment. Minimum age 11, Youth ages 11-13 must be accompanied by an actively participating adult. Max weight of 235 lbs. due to kayak limitations. It is strongly suggested that you have some previous paddling experience.

James River Park System, Pony Pasture

8:30 a.m.-3:30 p.m. \$70 (\$80 w/rental)

Saturday, May 6

Sunday, June 4

Saturday, July 15

Sunday, Sept. 24

Course 32013

Course 32310

Course 32311

Course 32426

"Sit-on-Top" Kayaking: Full Moon River Trip

Chesterfield County's professional, certified instructors will teach safety and the basic techniques needed to get out for a brief evening paddle down a short stretch of the James River through very mild whitewater, on "user friendly" sit-on-top kayaks, with the rising full moon! Swimming ability is required. Max weight 235 lbs. due to kayak limitations.

James River Park System, Pony Pasture

Thursday, June 8; 6-9 p.m. \$40 (\$45 w/rental)

Course 32291

Kayaking 201 - Beginner Whitewater

Join the regions' most experienced staff and learn how to paddle whitewater the correct way in whitewater kayaks with Chesterfield County's professional instructors! Spend Day One on flat water learning techniques, safety and control. Day Two is a whitewater river trip to introduce river reading and running and refine skills. Swimming ability required. Minimum age is 13 years old. All equipment provided. Max weight 235 lbs. due to kayak limitations.

Dutch Gap Conservation Area, 513 Coxendale Road / James River Park System, Pony Pasture

Saturday and Sunday, 9 a.m.-4 p.m.

\$140

April 29-30

May 13-14

June 10-11

July 1-2

July 29-30

Aug. 26-27

Sept. 9-10

Course 32014

Course 32015

Course 32312

Course 32313

Course 32314

Course 32315

Course 32316

Whitewater Kayaking: Intermediate Skills Trip

Chesterfield County's professional whitewater instructors will teach higher-level techniques and practice drills during this downriver trip/clinic. This is geared towards the strong intermediate-level paddler. Completion of a previous Whitewater Kayak class is required.

Minimum age 13 years old.

James River Park System, Reedy Creek

8:30 a.m.-2:30 p.m. \$60 (\$70 w/rental)

Saturday, April 22

Sunday, July 9

Sunday, Aug. 20

Course 32008

Course 32292

Course 32427

OUTDOOR ADVENTURES

For more information on Outdoor Adventures contact
Greg Velzy at 748-1124 or velzyg@chesterfield.gov.
 Please try to register at least one week prior to the activity.

Whitewater Kayak Play Days

This after-work, informal instructional time is for newer whitewater kayakers (especially those without a boat) to get time on the water. Instructors will be on the water to coach, answer questions and give direction. Sessions will stay at Pony Pasture Rapids with no down-river runs. Completion of a previous Whitewater Kayak class is required. All equipment is provided. Minimum age is 13 years old.

James River Park System, Pony Pasture
 Wednesdays, 6-8:30 p.m.

May 10	\$25	Course 32009
May 24		Course 32010
June 14		Course 32293
June 28		Course 32294
July 12		Course 32295
July 26		Course 32296
Aug. 9		Course 32297
Aug. 23		Course 32298
Sept. 13, 5-7:30 p.m.		Course 32299
Sept. 20, 4:30-7 p.m.		Course 32300

Whitewater - Full Moon Paddle!

Join us on a longer evening whitewater kayak trip down the James River, using either sit-on-top or whitewater kayaks, as the nearly full moon rises in front of us! Previous river paddling experience is required. Minimum age is 15 years old. Swimming ability is required. Completion of a two-day, Beginner Whitewater Kayak class is required, if using a whitewater kayak.

James River Park System, Pony Pasture
 Thursday, July 6, 6-10 p.m. \$40 (\$45 w/rental) **Course 32428**

River Rescue Refresher

Practice, and get updates on the river safety and rescue skills that every paddler should know. This will include swift-water wading, swimming, throw ropes, self-rescues, and boat rescues. Swimming and Class II+ paddling ability is required. Completion of a previous Swiftwater Rescue class is very strongly recommended. Life jackets and helmets are required and can be supplied if needed. Minimum age is 15 years old.

James River Park System, TBA
 Saturday, Aug. 5, 9 a.m.-5 p.m. \$50 **Course 32317**

Whitewater Rafting

Experience Riverside Outfitters Lower James River Rafting trip on Richmond's award-winning white water! The excursion will begin and end at the Riverside Outfitters shop in Stratford Hills. Participants will put in near the Boulevard Bridge. Paddle into the biggest rapids the James River has to offer, right through the heart of downtown with a break for provided refreshments at Belle Isle. This is easily one of Richmond's best adventures! Minimum age is 12 years old.

Riverside Outfitters, 6836 Old Westham Road
 Saturday, May 6, 1:30-4 p.m. \$60 **Course 32027**
 Saturday, Aug. 5, 1:30-4 p.m. \$60 **Course 32331**

Stand Up Paddle Boarding (SUP): Instruction and Tours

Going into its seventh year, Black Dog Paddle teaches stand-up paddle boarding. Black Dog Paddle was the first to certify ACA SUP instructors in Central Virginia, so you are guaranteed to receive the best possible instruction! Take a class, then take an ECO-Tour. Lessons cover all the basics as well as safety, strokes and balance, and include a shorter ECO-tour. ECO-tours are just about paddling in nature! All essential gear is provided, SUP board, Paddle, PFD, and Leash. Maximum weight limit is 235 due to equipment stability. Minimum age is 12 years old, a participating adult must accompany youth ages 12-15.

Dutch Gap Conservation Area, 513 Coxendale Rd. = DG

Robious Landing Park, 3600 James River Rd. = RLP

Saturdays, 8:30 a.m.-noon	\$78	
June 3 - DG		Course 32324
June 24 - DG		Course 32325
July 15 - RLP		Course 32326
August 12 - RLP		Course 32327
Sept. 9 - DG		Course 32328

Bald Eagle Tours

Join Capt. Mike Ostrander, with Discover the James - Bald Eagle Tours, on his 24-foot pontoon boat for this unique and spectacular experience on the James River. After boarding, watch the sun rise while seeing our national bird up close and personal. Minimum age is 15 years old. Space is limited, so register early.

Private charters also are available.

Deep Bottom Boat Landing, 9525 Deep Bottom Road

9:30 -11:30 a.m.	\$45	
Thursday, May 18		Course 31997
Thursday, June 22		Course 32285
Thursday, July 20		Course 32286
Thursday, Sept. 19 (w/Sturgeon)		Course 32284

Day of Sailing

Bring a picnic lunch, and board a cruising sailboat for a day of sailing on the Chesapeake Bay. This is a great experience for people who would like to try sailing for the first time, or for people who have had some instruction and would like more practice. Transportation to the marina is on your own (directions provided). Minimum age is 18 years old.

Near Urbanna, Va. 9 a.m.-4 p.m.	\$70	
Saturday, May 27		Course 32018
Sunday, June 11		Course 32031
Saturday, July 8		Course 32318
Sunday, Sept. 10		Course 32319
Saturday, Oct. 7		Course 32320

OUTDOOR ADVENTURES

For more information on Outdoor Adventures contact
Greg Velzy at 748-1124 or velzyg@chesterfield.gov.
 Please try to register at least one week prior to the activity.

Learning to Sail

This course provides an evening of classroom instruction, then a full day piloting a sloop on the Chesapeake Bay. Topics covered include: boat rigging, basic knot tying, maneuvering under sail and power and basic piloting. Participants will get to do all activities. The purpose of this class is to raise skill and confidence levels so that participants can pilot their own boats. No previous experience is needed. Swimming ability is required. Participants are responsible for their own transportation to the marina (directions provided). Minimum age is 18 years old.

Classroom: 7-9 p.m. Rockwood Nature Center, 3410 Courthouse Road
 Trips: 9 a.m.-4 p.m. near Urbanna \$90

Session 1: Classroom Tuesday, May 30

Trip: Saturday, June 3

Course 32019

Session 2: Classroom Wednesday, June 14

Trip: Sunday, June 18

Course 32321

Session 3: Classroom Tuesday, July 11

Trip: Sunday, July 16

Course 32322

Session 4: Wednesday, Sept. 13

Trip: Saturday, Sept. 16

Course 32323

Session 5: Classroom Wednesday, Oct. 11

Trip: Sunday, Oct. 15

Course 32429

PARK PATROL

It is your park system and we need your help. As you enjoy the parks, we need you to report any issues that you encounter. Be on the lookout for issues on the trails, safety concerns on equipment, maintenance issues with restrooms, vandalism, criminal activity or other concerns. The parks exist for your enjoyment, and we want the amenities kept in excellent working order.

In addition if you encounter great conditions in the parks, we want to hear about that too. Feel free to contact us anytime.

Emergencies 911

Police – non-emergency 748-1251

Parks and Recreation – main office 748-1623

Parks and Recreation – after hours assistance 748-1624
parksrec@chesterfield.gov

Find us on Facebook: [@chesterfieldvaparksrec](https://www.facebook.com/chesterfieldvaparksrec)
 and Twitter [@CCPRVA](https://twitter.com/CCPRVA)



You can also visit us on the web at
www.chesterfield.gov/parks



50+ ACTIVITIES

50+ Kayak Sampler

Geared towards the never-too-mature-to-have-fun crowd (50+), here is your opportunity check out the sport of kayaking. Professional instructors will teach the basic safety and paddling techniques needed to get out for an evening paddle on calm water. Sit-on-top and touring kayaks will be available for sampling. Swimming ability is required.

Max. weight 250 lbs. due to kayak limitations.

Dutch Gap Conservation Area, 513 Coxendale Road

Thursdays, 6-8:30 p.m. \$35

(\$40 with rental)

April 27

Course 32007

May 25

Course 32032

June 29

Course 32306

Aug. 3

Course 32430

Details: Greg Velzy, 748-1124

50+ River Kayaking Sampler-Full Moon on the River!

Geared towards the never-too-mature-to-have-fun crowd (50+), here is your opportunity to see if river kayaking is for you, and get the bonus of full moon paddling! Certified instructors will teach the basic safety and paddling skills needed to get out for an evening paddle down a short stretch of the James River through mild riffles. User friendly sit-on-top river kayaks will be used. Swimming ability is required.

Max. weight 250 lbs. due to kayak limitations.

James River Park System, Pony Pasture

Thursday, June 8, 6-9 p.m. \$40 (\$45 with rental) **Course 32291**

50+ S.U.P. (Stand Up Paddle Boarding)

Same as previous SUP introduction description, but geared to the 50+, never too mature to have fun crowd! All essential gear is provided, SUP board, paddle, PFD and leash. Maximum weight limit is 235 lbs. due to equipment stability. Minimum age is 50.

Dutch Gap Conservation Area, 513 Coxendale Rd. = DG

Robious Landing Park, 3600 James River Rd. = RLP

Sundays, 8:30 a.m.-noon

\$78

June 4 - DG

Course 32329

June 25 - DG

Course 32330

July 16 - RLP

Course 32431

August 13 - RLP

Course 32432

Sept. 10 - DG

Course 32433

50+ Active Lifestyles programs

Get the full listing at www.chesterfield.gov/activelifestyles or get the newsletter mailed to you.

Contact us at 804-751-4135.

OUTDOOR ADVENTURES

For more information on Outdoor Adventures contact
Greg Velzy at 748-1124 or velzyg@chesterfield.gov.
Please try to register at least one week prior to the activity.

CHESTERFIELD CHALLENGE COURSE

Help your team or group to...



Photos courtesy of Elli Morris Photography

- Achieve goals
- Cultivate teamwork
- Develop relationships
- Build trust

Bring your group, organization, company, class, co-workers or Scout troop to the Chesterfield Challenge Course. The course consists of high and low elements designed to promote initiative and confidence, as well as strengthen group dynamics, communication and willingness to work together. Brochures are available upon request.

Details: Jan Olson, 751-4133 and olsonj@chesterfield.gov